

# Omolara Akinwande

Lanham, MD 20706

[laraakinwande@ymail.com](mailto:laraakinwande@ymail.com)

+1 240 701 3700

To obtain a position in Nursing with a progressive medical institution that will enable me to employ and share experiences that I have gained over the years. In addition, I hope to contribute to the improvement of the medical operation and general nursing care to patients.

I am a highly trained RN with strong clinical ability and a successful career in both acute care and long term facilities. I am proactive and organized with a passionate commitment to first-rate patient care. Licensed in MD and DC with expertise in medical, surgical, orthopedic and acute rehabilitation.

Authorized to work in the US for any employer

## Work Experience

---

### **Registered Nurse**

Sibley Memorial Hospital - Washington, DC

March 2003 to Present

Acute orthopedic rehab, orthopedic, medical surgical units

- Admission of patients directly from home, physician's office, nursing homes or other hospital
- Assess, plan, implement and evaluate patient care to patients
- Administer all oral, IV, IM, SQ, transdermal medications as ordered by the physician and evaluation
- Ensure narcotics and medication supplies are available and administered on a timely manner and ensure proper security of all control substances
- Observe any change in patients' condition both physically and emotionally and consult with the physician
- Record patient's condition, intervention Respond to emergency situations on the unit and document as per hospital policy
- Coordinate, implement and evaluate patient's teaching plans for conditions such and not limited to COPD, pneumonia, DM, HTN, weight control, anticoagulant therapy
- Set up, assist with bedside procedures
- Ensure safety measures are instituted for all compromised patients receiving care
- Act as a patient advocate and resolve and problem. Bring unresolved issues within the team, to the attention of the director of nursing or administrator
- Set up and assist with bedside procedures
- Direct other clinical support staff in the delivery of patient care within the healthcare team
- Act as a resource person to other RNs, LPNs, techs and CNAs
- Precept new nurses on the unit, RNs and LPNs
- Comply with advance directives and adhere to promote the mission and philosophy of the facility, and also maintain patient's right and confidentiality
- Attend staff meetings, staff in-services and QA meetings
- Comply with hospital policies and practice in all aspect of care and act professionally

## **Registered Nurse**

Cross Country Medical Staffing Network ( UMUC Bel Air) 13 weeks contract - Baltimore, MD  
February 2022 to May 2022

## **Registered Nurse**

BrightStar Care - Arlington, VA  
March 2019 to September 2019

Obtain assignment, call and set up time with client. Advice client to take out IVIG out of the refrigerator on morning of infusion

Take vital signs and inspect bottles of medications and supplies

Insert peripheral iv line prepare infusion in a clean area, prime and program iv pump if not program already and start infusion monitoring vital signs as required and watching out for any side effects.

Engage client in conversation because iv can last between 6-8 hrs

Complete iv, clean area, dispose of needles in sharp container, remove iv line, apply dressing and ensure client is not bleeding.

Document all vital signs as infusion progresses, complete forms and have client sign

## **Registered Nurse**

Sinai Hospital of Baltimore - Baltimore, MD  
April 2017 to June 2017

Baltimore, MD May 2017 - June 2017

Full Time IMCU

- Admission of pt from Ed, and other medical floor in need of closer and telemetry monitoring
- Care for Patient suffering from serious conditions such as diabetes, electrolyte imbalance, renal failure, alcohol withdrawal, liver disorders, blood disorders, and more
- Assess each pt's and perform intervention ad need and collect all relevant data according to policy
- Conduct ongoing assessment as required
- Follow physician's order in a timely manner
- Initiate emergency resuscitation if patient becomes unresponsive or experience any other medical emergencies
- Follow each patient's individual treatment plan as ordered
- Bedside cardiac monitoring
- Prepare patient for cardiac catheterization and care post catheterization with and without A-line

## **Registered Nurse**

LRS Healthcare ( 13 weeks contract) - Omaha, NE  
October 2016 to February 2017

Suburban Hospital Bethesda, MD

Orthopedic Unit

(3 Months contract)

- Admission of patients who just undergo orthopedic surgeries such as hip, knee, back, shoulders, ankle and wrist surgeries.
- Maintain Pain medications PCA, PCEA, oral and IM
- Maintain JP and Hemovac drains
- Assess surgical sites for excessive bleeding, any type of abnormal drainage, swelling, redness and excessive pain and warmth
- Dressing change as ordered by the surgeon
- Inform in a timely manner any abnormal lab result

- Encourage and educate patient on the use of incentive spirometer to prevent pneumonia

### **Registered Nurse**

NRI ( 13 weeks contract) - Rockville, MD

September 2016 to November 2016

Medical Oncology/Radiation Therapy, Doctors office, Bowie, MD

(3 month contract)

- Prepare patient for Doctors visit by taking and recording vital signs, height and weights
- Check, record skin assessment and monitor for abnormalities
- Document patients' concerns and educate on how to care for skin, what to expect during radiation therapy such as change in taste, appetite, fatigue, sleep patterns, urine flow (pt with prostate Ca)
- Draw labs, spin and then send to the laboratory
- Assist physician with urology procedures
- Order supplies, follow up with patients who missed therapy (at home or admitted in the hospital)
- Administer flu shot, do biometric screening, gather information and results

### **Delegating Nurse/ Supervisor**

Atria Senior Living - Annapolis, MD

March 2016 to August 2016

CM

Resident services supervisor

- Perform assessments and reassessments to determine resident needs and establish appropriate service plans
- Operate the Resident Services Department within budget and according to Atria's policies, procedures and standards
- Complete daily Quality Enhancement reviews to ascertain if the department is meeting state regulations and atria policies
- Act as a contact for issues related to resident care within the community
- Ensure adherence to company policy and State Health and Safety Codes, and federal regulations for assisted living communities
- Schedule and supervise staff; available to cover staffing when needed
- Administer medications as allowed per state specific guidelines when required
- Provide activities of daily living assistance to the residents as needed
- Provide training and orientation to new assisted living staff members and ongoing training to current staff members
- Communicate to residents, families, department heads, resident services staff, and Executive Director in an effective and respectful manner as needed. Deliver and attend required training for self and employee partners
- Maintain positive relations with residents' families and physicians
- Maintain active community and professional ties. May drive company vehicles from community to social and other various destinations (only if required by community)

### **Registered Nurse**

OMV Medical Staffing - Takoma Park, MD

September 1999 to October 2004

Medical surgical / dialysis units

- Admission of patients directly from home, physician's office, nursing homes or other hospital
- Assess, plan, implement and evaluate patient care to patients

- Administer all oral, IV, IM, SQ, transdermal medications as ordered by the physician
- Assess, plan, implement and evaluate patient care to patient
- Administer all oral, IV, IM, SQ, transdermal medications as ordered by the physician
- Ensure narcotics and medication supplies are available and administered on a timely manner and ensure proper security of all control substances
- Observe any change in patient's condition both physically and emotionally and consult with the physician

### **Registered Nurse**

OMV Medical Staffing (Mercy Medical Center) - Baltimore, MD  
February 2000 to August 2004

Medical surgical, Women's surgical oncology units

- Admission of patient directly from home, physician's office, nursing homes or other hospital
- Assess, plan, implement and evaluate patient care to patient
- Administer all oral, IV, IM, SQ, transdermal medications as ordered by the physician
- Ensure narcotics and medication supplies are available and administered on a timely manner and ensure proper security of all control substances
- Observe any change in the patient's condition both physically and emotionally and consult with the physician
- Record patient's condition, intervention and evaluation
- Respond to emergency situations on the unit and document as per hospital policy
- Coordinate, implement and evaluate patient's teaching plans for conditions such and not limited to COPD, pneumonia, DM, HTN, weight control, anticoagulant therapy
- Set up, assist with bedside procedures
- Ensure safety measures are instituted for all compromised patients receiving care
- Act as a patient's advocate and resolve any problems. Bring unresolved issues within the team, to the attention of the director of nursing or administrator
- Set up and assist with bedside procedures
- Direct other clinical support staff in the delivery of patient care within the healthcare team

### **Registered Nurse**

St. Agnes Hospital - Baltimore, MD  
September 1998 to October 1999

Baltimore, MD September 1998 - October 1999

Orthopedic rehab / Medical surgical units

- Comply with hospital policies and practice in all aspects of care and act professionally
- Always communicate patient's care and condition to other healthcare providers involved with the patient
- Educate both patients and family members concerning patient's health
- Supervise the RNs, LPNs, techs and the can and also charge the unit
- Attend to all emergency situations; resolve any grievance amongst the staff, the patients/residence and family members
- Provide direct care to postsurgical patients with orthopedic surgeries, stroke, extensive wound requiring wound VAC, iv antibiotics, and any other conditions requiring rehabilitation
- Collaborate with other health caregivers such as physical therapist, occupational therapist, speech, dietician, case and social workers towards patient's recovery and discharge back to their home and community

## **Registered Nurse**

Chippenham Medical Center - Richmond, VA

November 1996 to July 1998

Richmond, VA November 1996 - July 1998

Medical surgical / diabetic, oncology units

- Admission of patients directly from home, physician's office, nursing homes or other hospital
- Assess, plan, implement and evaluate patient care to patients
- Administer all oral, IV, IM, SQ, transdermal medications as ordered by the physician
- Ensure narcotics and medication supplies are available and administered on a timely manner and ensure proper security of all control substances
- Observe any change in the patient's condition both physically and emotionally and consult with the physician
- Record patient's condition, intervention and evaluation
- Respond to emergency situations on the unit and document as per hospital policy
- Coordinate, implement and evaluate patient's teaching plans for conditions such and not limited to COPD, pneumonia, DM, HTN, weight control, anticoagulant therapy
- Set up, assist with bedside procedures
- Ensure safety measures are instituted for all compromised patients receiving care
- Act as patients advocate and resolve problems. Bring unresolved issues within the team, to the attention of the director of nursing or administrator
- Set up and assist with bedside procedures
- Direct other clinical support staff in the delivery of patient care within the healthcare team
- Collaborate with other health caregivers such as physical therapist, occupational therapist, speech, dietician, case and social workers towards patient's recovery and discharge back to their home and community

## Education

---

### **Bachelor of Science in Nursing**

Chamberlain College of Nursing - Dunn Loring, VA

May 2014 to June 2016

### **Associate in Nursing**

School of Nursing - Ilesha, Oyo State

April 1987 to June 1989

### **Associate in Midwifery**

School of Midwifery - Akure, Ondo State

February 1982 to May 1984

## Skills

---

- Enthusiastic care-giver
- Acute and rehabilitative care
- Critical-thinking
- Culturally sensitive

- Strong team player
- Professional bedside manner
- Problem resolution capacity
- Skilled in conducting physical examination
- Active Learning
- Skilled in different types of electronic charting such as Epic, Medi-tech, affinity, Qcpr, Cerner
- Strong clinical judgement
- Though physical assessment Bi-lingual in English and Yoruba
- Time management
- Trained in in- and out- patient
- Judgment and decision making
- Phlebotomy
- Epic
- Hospital Experience
- Medication Administration
- EMR Systems

## Certifications and Licenses

---

### **RN**

### **BLS Certification**

### **CPR Certification**

### **Compact State Nurse License**