|  |  |  |
| --- | --- | --- |
| Professional SummaryInquisitive and compassionate registered nurse (RN) seeking the opportunity to grow professionally and expand on my knowledge while exceeding the standards of care inpatient care and education. Over 8 years of healthcare experience that includes various clinical nursing skills and supervision. An initiative driven with the ability to work well in high-stress environments as a team member and as an individual. Proficient in epic charting, CPRS charting, microsoft Word, and Excel, Plum360 infusion, alaris pump.Skills  |  |  | | --- | --- | | * Administered medications (PO, IM, IV, Sub-Q, NG/G-tube) * Time management and prioritization * Performed pre and postoperative care * Assisted with pain management * Charted on patients * Plan of care development * Performed client observations | * Performed blood draws from arterial lines (PICC and Central) * Excellent written and oral communication * Started IV solutions and piggybacks * Established need for medical interventions and/or medication * Patient education |  Education *MSN (Clinical Nurse Leader)* In Progress  *Drexel University, Philadelphia, PA*  *Bachelor of Science Degree in Registered Nursing* December 2020  *Medical Careers Institute, College of Health Science of ECPI University, Virginia Beach, VA*  *Associates of Science Degree in Registered Nursing* July 2018  *Medical Careers Institute, College of Health Science of ECPI University, Virginia Beach, VA*  *Diploma in Practical Nursing* June 2012  *Medical Careers Institute, College of Health Science of ECPI University, Virginia Beach, VA* Certifications and licensures **Registered Nurse -** Virginia Department of Healthcare Professions Expires: January 2022  **ACLS For Healthcare Providers**  Expires: September 2023  Basic Life Support for Healthcare Providers Certification Expires: August 2022   Professional Experience Winchester Medical Center – Winchester, VA October 2021 – Present  Travel Telemetry/ Stepdown (RN)   * Provides direct patient care to patients through assessment, planning, implementation, evaluation, and outcomes management; consults with other specialists as required and adjusts nursing care processes as needed to ensure optimal care. * Performs and documents comprehensive nursing assessment and reassessment including physical and psychological parameters on adult and geriatric patients. * Maintains current clinical practice through ongoing continuing professional growth, practices according to the American Nurses Association Standards of Clinical Nursing Practice. * Functions independently to provide direct and indirect care to patients. * Administers medications using the principles and practices of bar code medication administration-Interacts professionally with patients, family members, and treatment team members; involves patients and family in the information of the plan of care. * Formulates a teaching plan based on identified learning needs and evaluates the effectiveness of learning; includes family in teaching as appropriate. * Maintains current knowledge of medications and their correct administration based on the age of patients and his/her clinical condition. * Responds promptly to changes in workload and adjusts assignments as necessary to achieve optimal productivity and efficiency.   Hampton VA Medical Center- Hampton, VA October 2020 – October 2021  COVID NURSE/ Tele Primary Care RN   * Provides direct patient care to patients through assessment, planning, implementation, evaluation, and outcomes management; consults with other specialists as required and adjusts nursing care processes as needed to ensure optimal care. * Telephone triage resolving patient problems and needs by utilizing multidisciplinary team strategies within practice policy * Administers medications using the principles and practices of bar code medication administration-Interacts professionally with patients, family members, and treatment team members; involves patients and family in the information of the plan of care. * Manager the daily flow of the team * Vaccine administration * EKG * Code Team member * Assessment during telehealth visit with virtual provider * Call test results to patients and answer questions regarding those results and physician instructions * Manage the care for over 1800 veterans * Assist the physician as needed during office hours.   Sentara Medical Group Cardiology -Norfolk, VA April 2020 – October 2020  Registered Nurse   * Telephone triage resolving patient problems and needs by utilizing multidisciplinary team strategies within practice policy * Procedure Scheduling * Lab draw * EKG * Heart monitor application and interpretation * Call test results to patients and answer questions regarding those results and physician instructions * Document patient care services by charting in patient and department records. * Assist the physician as needed during office hours.   NORFOLK GENERAL SENTARA – Norfolk, VA March 2019 – April 2020  Intermediate Care Registered Nurse (RN)   * Provides direct patient care to patients through assessment, planning, implementation, evaluation, and outcomes management; consults with other specialists as required and adjusts nursing care processes as needed to ensure optimal care. * Performs and documents comprehensive nursing assessment and reassessment including physical and psychological parameters on adult and geriatric patients. * Maintains current clinical practice through ongoing continuing professional growth, practices according to the American Nurses Association Standards of Clinical Nursing Practice. * Functions independently to provide direct and indirect care to patients. * Administers medications using the principles and practices of bar code medication administration-Interacts professionally with patients, family members, and treatment team members; involves patients and family in the information of the plan of care. * Formulates a teaching plan based on identified learning needs and evaluates the effectiveness of learning; includes family in teaching as appropriate. * Maintains current knowledge of medications and their correct administration based on the age of patients and his/her clinical condition. * Responds promptly to changes in workload and adjusts assignments as necessary to achieve optimal productivity and efficiency.   CARDIOVASCULAR ASSOCIATES Chesapeake, VA October 2015 –March 2019  LPN/Registered Nurse (RN)   * Telephone triage resolving patient problems and needs by utilizing multidisciplinary team strategies within practice policy * Coumadin dosing * Call test results to patients and answer questions regarding those results and physician instructions * Document patient care services by charting in patient and department records. * Assist the physician as needed during office hours.   **Military Relocation**  MESSILA VALLEY HOSPICE- Las Cruces, NM July 2014 – July 2015  **License Practical Nurse (LPN) (PRN)**   * Perform basic bedside care.; Assist patients and/or train them with ADL care * Providing and observing medications * Responsible for coordinating care with social workers and physicians, to ensure necessary medical services are received by the patient   CORIZON HEALTH - Las Cruces, NM January 2013 – July 2015  **License Practical Nurse (LPN)**   * Assisted with providing patient care: records vital signs; discussed and recorded chief health concerns; administered medication; performed tests and administered injections * Maintained comfortable, clean, safe, and orderly environment for staff and inmates * Reported patient’s status to registered nurses and physicians * Transcribed physicians’ orders |