## **Antoinette Schwark**

#### LPN

Watertown, WI 53094 antoinetteschwark6\_iwb@indeedemail.com (920) 342-9294

Talented and accomplished Nursing Professional with a strong background in patient care and supportive nursing. Recognized ability to work well in interdisciplinary team environments, coordinating with physicians, social workers and other health care professionals. Knowledge of supportive care principles and techniques for patients and families. Skilled in educating patients and families as to the nature of illnesses and provide instruction on care, resources and treatment. Demonstrated capacity to maintain emotional stability to cope with human suffering, emergencies and other stressors. Superior communication and interpersonal skills.

Authorized to work in the US for any employer

## Work Experience

#### LPN

Watertown Healthcare Center - Watertown, WI April 2017 to Present

Provide staffing for nursing homes, hospitals, and correctional settings through agency.

- Administer routine and PRN medication to patients and document in records (excluding IV medications).
- Provide routine treatments including, but not limited to, dressing changes, enemas, topical medications, sitz baths, hot water bottles, ice bags, colostomy care, surgical preparation procedures, medicated bath and emergency cardiopulmonary resuscitation, and report all observations and treatment results to the Registered nurse or Physician.
- Provide direct care to patients to meet health needs in accordance with established nursing care plans.
- Understand and perform selected procedures including range of motion exercises, assisting with activities of daily living, training patients in self-care skills and good health habits.
- Assist physician with physical exams, routine diagnostic procedures and minor surgical procedures.
- Measure and accurately record temperature, blood pressure, pulse, respirations, heights and weights, and perform other nursing procedures such as urine testing, stool testing, wound and throat cultures, PPD's, immunizations, hematocrits, vision testing, hearing testing, venapuncture and basic assessment.
- Participate as a member of multidisciplinary team by making observations and reporting to the appropriate supervisory personnel, documenting all pertinent data observed regarding progress and special incidences, and encouraging patients to participate in the development of their individual health care plans.
- Adhere to all policies and procedures in performing assigned duties.
- Assist in maintaining a clean, safe, hazard-free environment.
- Assist RN in educational programs to increase awareness and understanding of health problems and good health practices.
- Accurately document all interactions with patients in charts, assist in processing doctors' orders and assist with maintenance of records and files.

### **Nurses PRN**

Appleton, WI September 2016 to March 2017

#### I PN

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#### LPN

Golden Living Nursing and Rehabilitation - Watertown, WI June 2012 to September 2016

Administer routine and PRN medication to patients and document in records (excluding IV medications).

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### **LPN**

Staff One, LTD - Milwaukee, WI August 2011 to April 2012

Provide staffing for nursing homes, hospitals, and correctional settings through agency.

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### LPN

Staff One, LTD - Milwaukee, WI June 2010 to February 2011

Provide staffing for nursing homes and home hospice care.

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#### LPN

Medical Assets of Wisconsin - Watertown, WI July 2007 to December 2008

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### **LPN**

Staff Development Corp - Watertown, WI April 2006 to June 2007

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### **CNA - Certified Nursing Assistant**

Mayville Nursing and Rehab - Mayville, WI July 2003 to November 2003

Mayville, WI 07/03 - 11/03

CNA

- Provide complete patient care with responsibility for bathing, feeding, toileting and ambulation among others.
- Monitor physical, mental and emotional conditions of patients, evaluate vital signs including temperature, pulse rate, respiration rate, and blood pressure and provide timely feedback to nursing staff to facilitate swift responses.
- Perform a comprehensive daily workload and collaborate closely with nursing professionals to promoting independence in daily activities for the resident group.
- Provide education to patients and families and serve as an information resource utilizing clinical knowledge and nursing care principles.
- Interact directly with patient families to elicit necessary information for maintaining accurate and confidential records. Describe procedures, allay patient fears and elicit cooperation.
- Contribute to the development of individual treatment plans and provide treatments in collaboration with multi-disciplinary teams.
- Ensure compliance to established company policies, procedures and objectives, continuous quality improvement objectives and safety, environmental, and/or infection control standards.

### **CNA - Certified Nursing Assistant**

Cedar Lake Homes - West Bend, WI September 2001 to April 2002 West Bend, WI 09/01 - 04/02

CNA

- Provided professional supportive care to patients, assisting with Active Daily Living (ADL) activities including bathing, dressing, feeding, toileting and ambulation, ensuring the highest levels of supportive care for all patients.
- Served as a liaison to patients and family members and described patient care procedures to allay patient fears and elicit cooperation.
- Observed changes in physical, mental and behavioral status of patients and reported to nursing professionals to ensure timely responses and appropriate intervention.

### **Program Assistant II**

Clearview Long Term Care and Rehab - Juneau, WI March 1997 to July 2001

Provided care for residents with Developmental Disabilities in a long-term care setting, offering support and quality care to ensure patients enjoyed the highest quality of life.

- Assisted patients in achieving the highest levels of functioning possible with responsibility for assisting with bathing, toileting and feeding, facilitating participation in activities and workshops designed to stimulate residents.
- Closely monitored patient behavior and worked closely with nursing professionals and social workers to identify issues and patient problems and provide effective resolutions.

### Education

### **Licensed Practical Nursing Program**

Moraine Park Technical College - West Bend, WI December 2005

# **Nursing Licenses**

### PΝ

Expires: April 2023

State: WI

### Skills

- EPIC (10+ years)
- EXCEL (Less than 1 year)
- MS EXCEL (Less than 1 year)
- Medication Administration
- Hospice Care
- Infection Control Training
- Nursing
- EMR Systems

- Developmental Disabilities Experience
- MS POWERPOINT (Less than 1 year)
- Tube Feeding
- Vital Signs

### Certifications and Licenses

### LPN

### **BLS Certification**

## Additional Information

### **COMPUTER SKILLS**

MS Windows, MS Excel, MS PowerPoint, E-MAR PCC, Matrix, Epic