Kayla Meyer

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Bellefonte, PA 16823 814-441-9166

**OBJECTIVE:** Further my personal and professional development in the health care field.

**EDUCATION:**

Lock Haven University May 2016

Associate of Science in Nursing

Lock Haven University May 2015

Bachelor of Health Science

Minor: Psychology

Bald Eagle Area High School June 2009

High School Diploma

**CERTIFICATIONS & TRAINING:**

CPR Certification

IV Therapy Course Certification

BLS Certification

PALS Certification

ACLS Certification

Sexual Assault Forensic Examiner Training Certificate

NIHSS Certification

Triage Training

Preceptor Training

**WORK EXPERIENCE:**

Mount Nittany Medical Center August 2016-Present

* Registered Nurse
  + Med/Surg Ortho (August 2016- April 2018)
    - Pass medications including PO, IM and IV
    - Take report on and receive patients after surgeries
    - Assess and dress surgical incisions
    - Attend to and remove surgical drains
    - Assess and dress wounds
    - Assist patients with ambulation post surgery
    - Instruct patients on range of motion and do’s and don’ts after surgery
    - Provide assistance with every day ADLS
    - Be a team player to make sure patients receive the best care possible
    - Maintain strong communication between coworkers and physicians
    - Advocate for patients and their families
  + Emergency Department (April 2018- Present)
    - Continually assess and reevaluate critically ill patients
    - Be in constant contact with providers and charge nurse
    - Continually work as a team for the best patient care
    - Start IV’s
    - Draw blood work
    - Continually assess cardiac monitors
    - Give high risk medications
    - Perform and read EKG’s
    - Ensure the safety of mental health patients
    - Triage patients by acuity
    - Call codes when necessary
    - Put in orders for patients when physicians are behind (within my scope of practice)
    - Perform sexual assault exams on rape victims
    - Report any suspected child, elder or physical abuse
    - Work directly with EMS providers and police

Plexsum Staffing Solutions January 2021-Present

* Registered Nurse
  + Med/Surg Ortho (January 2021- Current)
    - Pass medications including PO, IM and IV
    - Take report on and receive patients after surgeries
    - Assess and dress surgical incisions
    - Attend to and remove surgical drains
    - Assess and dress wounds
    - Assist patients with ambulation post surgery
    - Instruct patients on range of motion and do’s and don’ts after surgery
    - Provide assistance with every day ADLS
    - Be a team player to make sure patients receive the best care possible
    - Maintain strong communication between coworkers and physicians
    - Advocate for patients and their families
    - Quickly adapt to different environments