Kayla Meyer

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Bellefonte, PA 16823 814-441-9166

**OBJECTIVE:** Further my personal and professional development in the health care field.

**EDUCATION:**

Lock Haven University May 2016

Associate of Science in Nursing

Lock Haven University May 2015

Bachelor of Health Science

Minor: Psychology

Bald Eagle Area High School June 2009

High School Diploma

**CERTIFICATIONS & TRAINING:**

CPR Certification

IV Therapy Course Certification

BLS Certification

PALS Certification

ACLS Certification

Sexual Assault Forensic Examiner Training Certificate

NIHSS Certification

Triage Training

Preceptor Training

**WORK EXPERIENCE:**

Mount Nittany Medical Center August 2016-Present

* Registered Nurse
	+ Med/Surg Ortho (August 2016- April 2018)
		- Pass medications including PO, IM and IV
		- Take report on and receive patients after surgeries
		- Assess and dress surgical incisions
		- Attend to and remove surgical drains
		- Assess and dress wounds
		- Assist patients with ambulation post surgery
		- Instruct patients on range of motion and do’s and don’ts after surgery
		- Provide assistance with every day ADLS
		- Be a team player to make sure patients receive the best care possible
		- Maintain strong communication between coworkers and physicians
		- Advocate for patients and their families
	+ Emergency Department (April 2018- Present)
		- Continually assess and reevaluate critically ill patients
		- Be in constant contact with providers and charge nurse
		- Continually work as a team for the best patient care
		- Start IV’s
		- Draw blood work
		- Continually assess cardiac monitors
		- Give high risk medications
		- Perform and read EKG’s
		- Ensure the safety of mental health patients
		- Triage patients by acuity
		- Call codes when necessary
		- Put in orders for patients when physicians are behind (within my scope of practice)
		- Perform sexual assault exams on rape victims
		- Report any suspected child, elder or physical abuse
		- Work directly with EMS providers and police

Plexsum Staffing Solutions January 2021-Present

* Registered Nurse
	+ Med/Surg Ortho (January 2021- Current)
		- Pass medications including PO, IM and IV
		- Take report on and receive patients after surgeries
		- Assess and dress surgical incisions
		- Attend to and remove surgical drains
		- Assess and dress wounds
		- Assist patients with ambulation post surgery
		- Instruct patients on range of motion and do’s and don’ts after surgery
		- Provide assistance with every day ADLS
		- Be a team player to make sure patients receive the best care possible
		- Maintain strong communication between coworkers and physicians
		- Advocate for patients and their families
		- Quickly adapt to different environments