LaKrecia Thomas

Registered Nurse

Crown Point, IN 46307 Lthomas5709@gmail.com +1 708 998 9089

Registered nurse with 6 experience in providing quality nursing care with ESRD patients and medsurgical/ telemetry area. Performs appropriate and legible documentation recording all procedures and assessments within established time frames and in accordance with standards of care departmental policy and practice guidelines. Promotes an exceptional patient experience by abiding to compassion and image standards and fostering excellent nurse-patient relationships.

Authorized to work in the US for any employer

Work Experience

RN Travel Nurse

Supplemental Health Care - Chicago, IL September 2020 to Present

• Participating in performance improvement, nursing quality, nursing research activities and utilizes same in clinical practice

- Assessing the patient: checking vital signs, pain, the site of incision, temperature and respiration
- Helping with breathing exercises and pain management
- Communicating effectively and professionally with patients, significant others, and members of the health care team about the patient's plan of care
- Changing of dressings and turning patients
- Assists physicians with special tests and procedures in the unit. Uses universal protocol time out on all patients for any invasive/bedside procedures
- Reviewing EKG strips

Staff Nurse (PRN)

St. James Hospital - Olympia Fields, IL May 2015 to Present

• Provided comprehensive care on a 40-bed medical-surgical/oncology/hospice unit to patients with medical emergencies, trauma, peritoneal dialysis, and surgical interventions

· Maintained comfort and quality of life for terminally-ill patients

• Set up and monitored invasive equipment and devices such as colostomy or tracheotomy equipment, mechanical ventilators, catheters, gastrointestinal tubes, and central lines

• Consulted and coordinated with healthcare team members to asses, plan, implement and evaluate patient care plans

Area Nurse Manager/Clinical Manager

Home Dialysis services - Olympia Fields, IL August 2016 to June 2021

• Oversaw and managed clinical and support staff members in patient care activities while maintaining a high level of staff morale and professionalism

• Identified and documented patient/family/significant others educational needs and implement ongoing education relevant to those needs

• Achieved a delicate balance between demands of direct patient care and existing medical resources.

• Reduced emergency services cost by 10% by curtailing medically unnecessary admissions, length of patient stays and re-admissions.

• Utilized management expertise to enhance patient care while cutting extraneous expenses, oversee patient scheduling, admission, evaluation and discharge.

• Collaborated with physicians and other health care providers to establish, implement, and maintain quality patient care and services.

• Contributed substantially to successful department JCAHO accreditation

Hemodialysis Nurse

DaVita Kidney Care - Country Club Hills, IL April 2016 to August 2016

• Independently performed the assessment, initiation, monitoring and termination of acute dialysis treatment of compromised patients according to the physician's order.

• Explained to patient all the phases of treatment per physician's orders.

• Maintained effective channel of communication.

• Performed analysis of patient's data; assess and monitor status of vascular access, review laboratory results, assess patient's condition throughout the procedure and report any relevant changes or abnormalities to physician.

• Assessed, planned, and evaluated patients before, during, and after dialysis treatment

• Educated patients of all ages about adherence to treatment prescription plans, dietary restrictions, and importance of medication compliance

Education

Master's in Health Care Administration

Capella University - Minneapolis, MN March 2019

Bachelor of Science Degree (BS) in Nursing

Chicago State University - Chicago, IL December 2014

Nursing Licenses

RN

RN

Skills

- Dialysis Experience
- EMR Systems
- Hospice Care

- Nurse Management
- Nursing
- Medication Administration
- Laboratory Experience
- Microsoft Office
- Vital Signs
- Epic
- Patient Care
- Hospital experience
- Management
- Phlebotomy

Certifications and Licenses

BLS Certification

Train the trainer

April 2021 to Present

The Nurse Aide Program Director and Instructor Training Seminar (NAPDITS), is a train-the-trainer program for both program directors and program instructors of the Certified Nurse Aide (CNA) Program in the state of Indiana.

ACLS Certification

Assessments

Clinical judgment — Highly Proficient

April 2021

Assessing a patient's condition and implementing the appropriate medical intervention Full results: <u>Highly Proficient</u>

Logic & critical thinking – Completed

August 2019

Measures a candidate's ability to use logical approaches when solving problems. Full results: <u>Completed</u>

Patient-focused care — Proficient

May 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients Full results: <u>Proficient</u>

Work style: Conscientiousness - Expert

July 2020

Tendency to be well-organized, rule-abiding, and hard-working Full results: Expert

Work style: Reliability – Expert

May 2021

Tendency to be dependable and come to work Full results: <u>Expert</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.