# Kristy Bir

Wenatchee, WA 98801 kristyrn7@gmail.com (206) 909-7886

- Covid-19 PCU Crisis Nurse, for hospitals in New York, Arizona and Washington
- Nominations for Daisy Award at home base hospital in Washington
- Cross-cultural experience in Taipei, Taiwan, surgical nursing 120 hours
- Experienced conference speaker for faith-based organizations
- Background experience as a Certified Elementary Teacher with Leadership skill

Willing to relocate to: Seattle, WA - Spokane, WA - Ellensburg, WA Authorized to work in the US for any employer

# Work Experience

#### **Travel PCU RN**

Banner Del Webb Hospital - Phoenix, AZ February 2021 to Present

As a PCU RN, I care for the needs of critically ill patients that are on the border of ICU status. I am very attentive to my patients and do my best to perform excellent patient care. Monitoring critical vital signs, running drips and watching for key changes is crucial to my role as a PCU RN. Every hospital I have worked for so far in my travel ventures have asked me to become part of their staff which I believe is related to my work ethic and ability to develop strong relationships wherever I am.

### **Travel PCU RN**

Evergreen Hospital and Medical Center - Kirkland, WA November 2020 to February 2021

During these travel assignments, I was responsible for Covid+ and non-Covid patients on the Progressive Care Unit. Monitoring critical vital signs and initiating life-saving interventions as needed. Caring for a variety of patients with cardiac, stroke and all system needs.

#### **Travel PCU RN**

Nyack Montefiore Hospital - Nyack, NY April 2020 to June 2020

During these travel assignments, I was responsible for Covid+ and non-Covid patients on the Progressive Care Unit. Monitoring critical vital signs and initiating life-saving interventions as needed. Caring for a variety of patients with cardiac, stroke and all system needs. A newly learned skill for me was taking care of trach-vented patients in New York. I was also asked to be a task RN in the ICU several times in Arizona.

#### **PCU RN**

Central Washington Hospital - Wenatchee, WA September 2017 to April 2020 Responsible for Pre/Post-open heart surgery patients, post-sheath, Heart failure, Stroke, Renal failure, Respiratory failure, Liver failure, GI bleeds, Alcohol withdrawal, Chest tubes, and all other patients that needed critical monitoring and assessments. IV placements and care,

Central Line care, cardiac rhythm analysis and treatment.

### **Telemetry**

Highline Medical Center - Burien, WA August 2016 to September 2017

Responsible for patients with preexisting heart conditions, elderly, diabetic, obese and those transferred out of the ICU and ER who needed special cardiac monitoring, assessment and treatment. My role included cardiac monitoring for visual interpretation of changes in rhythm and initiation of treatment as needed.

### Education

# **Bachelor of Science in Nursing**

Northwest University - Kirkland, WA May 2016

### **Bachelor of Arts in Education**

Central Washington University - SeaTac, WA August 1996

# **Nursing Licenses**

### RN

Expires: May 2023

State: WA

### Skills

- Proficient in: Microsoft Word, Excel, Power Point, Outlook Trained in Hospital based systems: Epic and Cerner
- Critical Care Experience
- Medication Administration
- Nursing
- EMR Systems
- Vital Signs
- Triage
- · Medical Records

### Certifications and Licenses

# ACLS, BLS, NIHH, CPR, HIV

**Washington state Nursing Assistant th** 

Washington state Initial Teaching, K-8 grade

Washington state Lifetime substitute Teaching Cert Substitute Teaching, various school districts, Washington state, 6/2003-6/2013 Elementary Teacher, Global Christian School, Seoul, Korea 4/1998-6/2003