Kesla Pastine, RN, CST

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# Education

**BSN** University of Texas at Arlington, Bachelor of Science in Nursing April 2020

Graduating Cum Laude Honors 3.6 GPA, Dean’s list.

**CST** Concorde College, Certified Surgical Technologist September 2016

Graduated Salutatorian; President’s list.

**BA** University of North Texas, Bachelor of Arts in Biology May 2015

Minored in Chemistry, Dean’s list.

# Work Experience

**Baylor University Medical Center (BUMC) Dallas, TX**

MICU April 2020-Present

* Treat critically ill patients using critical thinking skills to perform essential life-saving techniques including COVID patients in a trauma level 1. Comfortable fast paced emergent situation handling, medication administration and verification process followed. Educate patient and family using therapeutic communication and providing support of decisions. Develop goals related to patient specific conditions and efficiently execute plan of care.

**Special Ops Dallas, TX**

Travel OR Circulator June 2020-Current

* Prepare the operating room with appropriate supplies, equipment, and essential tools necessary to perform surgery. Initiate counts, administer and verify medications with CST, and closely monitor proper sterile technique pre-operative, intraoperative, and postoperatively. Check consents, witness signatures, and perform initial interview. Position patient protecting all bony prominences, maintaining safety with strap, and appropriate preps with allotted drying time advised. Initiate and perform essential timeout prior to start of all procedures.

**Special Ops Dallas, TX**

Travel Surgical Technologist August 2019-Current

* Efficient preparation of surgical requirements with appropriate working equipment, inspection of sterile instruments, and effective anticipation skills to maximize proficiency in patient safety and satisfaction. Clear communication with surgical team and observation of sterile field to maintain sterility. Initiate surgical timeout prior to incision, surgical counts, and sterile technique.

# Certifications and skills

American Heart Association BLS

* E-Card Code: d-pgh4s-2h9a7-4v4br-ujxq7

NBSTSA Certified Surgical Technologist

* Certificate#:170627

ACLS

* Exp: 3/31/2023 issuer: RQI

Texas Board of Nursing RN License

* 990455

# Professional Affiliations and volunteer

BSNA organization January 2019-Present

Alpha Epsilon Delta August 2013-2015

Association of Surgical Technologist August 2016-Present

# Leadership Experience

**Preceptor**  February 2021-Present

* Mentor and educate new graduate nurses to practice and follow skills, safe techniques, and assist, ensuring proper ICU patient care.