

## **VIVIEN HARDEN, MSN, RN**

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My professional goal is to help relieve suffering through evidence-based and compassionate nursing care.

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### **PROFESSIONAL EXPERIENCE**

Banner Health – Susanville, California

#### **Pre-Op & PACU Registered Nurse, August 2020 to Present**

- Recover post-op patients from general, obstetrics, and orthopedics surgeries.
- Assess patients and collaborate with CRNA to evaluate each patient's safety for surgeries.
- Conduct root-cause analysis and identify the top 4 deficiencies to address systemic struggle in achieving consistently safe and punctual surgeries.
- OR department quality improvement champion. Collaborate and partner with multi-disciplinary team members and Banner Health outpatient clinics in order to transition from paper to electronic pre-op physician orders. Streamline communication method and workflow.
- Improve surgical site infection bundle compliance rate by 30%.
- Implement plan of care through direct patient care, coordination, and delegation. Provide care based on physician orders and nursing plan of care, in compliance with policies and procedures.
- Assess patient physical, psychological, social, spiritual, educational, developmental, cultural and discharge planning needs.
- Volunteer to provide care for COVID patients at Med-Surg unit and at the infusion center when needed.
- Follow-through with Banner mission and values when delivering patient care.

#### **Medical-Surgical Registered Nurse, December 2018 to August 2020**

- Single-handedly compile evidence-based nursing practices on chest tube and educate staff nurses during mandatory staff meeting via PowerPoint presentation.
- Promote and support growth of others through precepting when appropriate.
- Demonstrate effective clinical reasoning, the ability to effectively reprioritize patient needs and implement rescue efforts as warranted.
- Monitor changes in patient's vital signs and heart rhythm, report to physician in order to modify patient care as needed.
- Effective team member who is flexible, cooperative, and willing to assist others with a positive attitude in achieving the best patient outcome.
- Treat all patients and families of patients with courtesy, empathy, respect and compassion.
- IV insertion, lab draw, blood administration, cardiac and insulin drip management, PCA management, indwelling/straight catheter insertion/care, PICC & Central Line care, NG tube insertion/care, rectal tube care, enteral feeding management, wound vac application/care.

Santa Rosa Post-Acute – Santa Rosa, California

**Charge Nurse, April 2018 to August 2018**

- Perform skilled nursing care/assessment in a 99-bed post-acute care facility.
- Report significant change of condition to physician and DON, computer charting.
- Medication administration/management: PO, SQ, intradermal, PICC line, G-tube.
- JP drain, enteral feeding management, foley/straight catheter insertion/management.
- Educate families about patient conditions and provide support as needed.

Alice Home Care – Alameda, California

**Caregiver/Certified Nurse Assistant, 2014 to 2018**

- Selected as the team leader to develop care plan and activities for a client with Alzheimer's disease and severe depression.
- Personal care for patients with high fall risks, altered cognition, under airborne/contact precautions, CHF, and pneumonia at Kaiser Permanente Oakland & Alameda Hospital.

**SKILLS & CERTIFICATIONS**

- California BRN License #95142664
- Cerner, PCC EMR, Epic
- PHN License #555306
- BLS, ACLS, PALS certified

**EDUCATION**

University of San Francisco, San Francisco, California (January 2016 – December 2017)

Master's of Science in Nursing – Clinical Nurse Leader Program

**COMMUNITY ENGAGEMENT**

Crisis Text Line Counselor

**Volunteer, 2018 to Present**

Answer texts from people in crisis, prevent self-harming and suicidal behavior through active listening, collaborative problem solving, and safety planning.

Highland Hospital – Oakland, California

**Volunteer, 2017 to 2018**

- Nurse assistant at Step-Down Unit
- Provide excellent customer service at main hospital front desk and business services department. Escort patients to destinations and assist non-English speaking patients to obtain proper care.

UCSF Medical Center – San Francisco, California

**Volunteer, 2014 to 2015**

Rounded on patients identified as high-risk for falls & provided patient education on falls prevention.

**MERITS**

- Member of Sigma Theta Tau International, Honor Society of Nursing, 2017.
- Deloras Jones Registered Nurse Scholarship recipient, 2016.
- School of Nursing and Health Professions Scholarship recipient, 2016.