

# Amy Blodgett, MSN RN

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## Education

**Master of Science in Nursing: Care and Outcomes Management, Clinical Nurse Leader** July 2020  
Pacific Lutheran University, Tacoma, WA

**Bachelor of Arts: Interpersonal Violence Prevention** June 2007  
Western Washington University, Bellingham, WA

## Work Experience

**Registered Nurse, Family Birth Center, Virginia Mason Medical Center** Nov 2020-present  
Provide compassionate and family-centered care to infants in the Special Care Nursery and during transition in the delivery and operating rooms. Stabilize neonates and prepare for transport to a higher level of care when necessary. Care for couplets through a rooming-in niclet model, and on the postpartum unit. Collaborate with Neonatal, Obstetric and specialty providers. Member of the Perinatal Quality Improvement group and validator for POC testing.

**Registered Nurse, Neonatal Intensive Care Unit, St. Joseph Medical Center** Oct 2020-present  
Provide evidence-based and family-centered care to high risk neonates. Experience with ELBW, all modes of respiratory support, blood transfusion, hyperbilirubinemia, apnea of prematurity, PDA, parenteral, enteral and oral feeding, Eat Sleep Console, late preterm feeding, peripheral and central line management, and developmentally supportive care. Dedication to quality improvement as a member of the Policy and Standards committee and Vermont Oxford Network critical transitions workgroup.

**Registered Nurse, Family Birth Center, St. Francis Hospital** April-Oct 2020  
Provided family-centered care to antepartum, postpartum patients, and newborns. Conducted physical assessments, safe medication administration, assisted with breastfeeding, and provided thorough discharge education. Screened infants for hyperbilirubinemia, congenital heart defects, weight loss and hypoglycemia. Experience with EPIC electronic medical record system.

**Triage Nurse, Mercer Island Pediatrics** Nov 2019-March 2020  
Utilized evidence-based telephone triage protocols, coordinated specialty referrals, provided laboratory and X-ray results, assessed walk in patients, safely administered medication. Collaborated with Medical Assistants, Pediatricians and families to provide patient-centered care.

**Registered Nurse, Ashley House** Sept-Nov 2019  
Provided holistic, compassionate care to medically complex pediatric patients. Proficient in ventilators, tracheostomy care, GJ tube feedings and ostomy care. Contributed to the multidisciplinary team of families, social workers, CNAs, behavior techs, and medical providers.

**Birth Doula, Radiance Birth Services, Puget Sound area** June 2013-present  
Support expectant families through prenatal education, birth planning, continuous skilled labor support, and bonding and breastfeeding during the postpartum period.

**Social Worker, DCYF Child Protective Services, Tumwater, WA** Nov 2015-May 2018  
Provided evidence-based interventions and resources to reduce family separation and increase child safety. Utilized a strengths-based model, motivational interviewing, multidisciplinary team meetings and harm reduction techniques to address substance use disorder, mental illness, homelessness, neglect, physical abuse and high-risk parental behavior.

**Apprentice Midwife, In Tandem Midwifery, Seattle, WA** March-June 2015  
Conducted prenatal appointments, including thorough health history, physical examination and laboratory testing. Assessed fetal heart tones, maternal vital signs and safety of the dyad during labor and delivery. Experience with intermittent fetal monitoring and water birth. Performed postpartum mental health assessment, newborn exams and infant weight monitoring.

**Law Enforcement / 911 Dispatcher, Spokane and Puyallup, WA** Jan 2008-July 2013  
Answered, triaged and dispatched appropriate resources to 911 calls. Utilized crisis intervention, verbal de-escalation, and safety planning to assist callers. Received multiple letters of commendation and promoted to Communications Training Officer for new dispatchers.

## **OB Clinical Experience (1218 total hours)**

Clinical Nurse Leader (426 hrs), Virginia Mason / CHI Family Birth Center Feb-July 2020  
*Designed and implemented a hospital-wide Perinatal Bereavement Program. Developed policy and workflows, trained staff, and organized a volunteer doula and photography program. Collaborated with a multidisciplinary team in simulations, assisted with staff on-boarding, design of the Vocera nurse call system, and review of evidence-based practice guidelines.*

Labor and Delivery Preceptorship (252 hrs), CHI St. Joseph's Medical Center June-Aug 2019  
*Provided evidence-based nursing care to high-risk antepartum, intrapartum and postpartum patients and their infants. Trained in management of care for severe pre-eclampsia, extremely preterm birth, high order multiples, polyhydramnios, IUGR, placental abruption, postpartum hemorrhage and fetal demise. Competent in large bore IV placement, urinary catheters, fetal heart rate interpretation, induction of labor, pitocin titration, insulin and magnesium sulfate administration and monitoring, and operating room circulation.*

## **Certifications and Trainings**

S.T.A.B.L.E. program	August 2020
Neonatal Resuscitation Program (NRP) Provider	May 2020
Resolve Through Sharing: Perinatal Bereavement	June 2020
Institute for Healthcare Improvement: Quality Improvement modules 1-5	March 2020
CPR for healthcare providers: American Heart Association	September 2019
FEMA National Incident Command (100 and 700)	March 2019
HIV/AIDS for healthcare providers (7 CEUs): A Train Education	May 2018
Birth Assistant and charting training: Perinatal Professionals Education Partnership	May 2015
Perinatal Mood and Anxiety Disorders: Heidi Koss, LMHC	February 2015
Breastfeeding Skills for Doulas: Big Belly Services	June 2013
Birth Doula Workshop: DONA International	April 2013

## **Volunteer Experience**

Mentor: Big Brothers Big Sisters of Puget Sound	2013-2015
Anti-Racism committee member: Midwives Association of Washington	2014-2015
Sexual Assault Response Team: Lutheran Community Services	2007-2008

## **Professional Honors/Awards**

Sigma Theta Tau, International Honor Society for Nursing	2019
Phi Kappa Phi, All discipline graduate honor society	2019