

Kelly Otero

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Work Experience

Registered Nurse

Kaweah Delta Health Care District
July 2017 to Present

- As a registered nurse I promote health, prevent illness and injury, and alleviate suffering through nursing diagnosis and treatment. Demonstrate leadership in the professional practice setting through oversight of the interdisciplinary health care team to provide care and advocate for patients and their families on our respiratory isolation unit. On this unit as a medical surgical unit, we care for patients with isolation needs related to the current virus pandemic of COVID, managing their various oxygenation needs, a long with caring for them systemically with pre existing conditions that may be present. This allowing me to work quick and sharpen my critical thinking and predicting our patients outcomes. Prior to the pandemic, our unit was a CDU unit, an observation unit caring for short stay cardiac patients monitoring their telemetry heart monitors, chest pain and preparing them for further cardiac studies. Along with these clientele, we cared for in and out infusion patients for blood product or IV medication infusions.
- I also hold a charge nurse position who leads the unit during my shift with alerts/codes, scheduling and assignments as well as caring for my assigned patients as well.

Registered Nurse

Kaweah Delta Health Care District - Visalia, CA
March 2015 to July 2017

Responsibilities

Continuing the duties of an RN, I worked on a postpartum mother baby unit, assisting the mothers in their recovery after vaginal and c-section deliveries. I assessed the newborns and assisted the new moms in the bonding and caring of their babies. Providing guidance and education to both new and experienced mothers, I assisted with breastfeeding techniques and all aspects of infant care. Along with the postpartum unit, I floated to the labor and delivery unit to assist the delivery Team with recovering the vaginal delivery patients before they transitioned to the postpartum unit.

Accomplishments

PALS, NRP

Registered Nurse

Kaweah Delta Health Care District
March 2014 to April 2015

Responsibilities

Continuing the same duties I currently perform as an RN, on our pediatric unit I cared for our younger patients floating to the NICU, to the older adolescents. From standard respiratory or urinary infections,

to seasonal influenza and respiratory viruses and post surgical recovery. Incorporating in hospital care and treatment with the support system of the child through education and demonstration.

Registered Nurse

Kaweah Delta Health Care District - Visalia, CA
May 2012 to March 2014

Responsibilities

In my first position as a registered nurse and continuing the same duties I currently perform as an RN, I worked on our post surgical/ neurological unit where I cared for our adult population in a variety of needs. My patients were provided care as directed by the treatment plan placed by the attending doctor in a variety of situations from post orthopedic surgical, to post TIA/CVA care and assessment.

Surgical Team Assistant - Aide

Kaweah Delta Health Care District - Visalia, CA
August 2007 to May 2012

I Successfully assisted the perioperative team achieve their duties by evaluating and prioritizing their needs by providing and setting up surgical equipment for various procedures, maintained clean, organized and well stocked surgical suites in a timely manner to maintain a fast passed flow. I safely and efficiently transported patients to the surgical department and communicated between the floor nurses and surgical team any pertinent information to ensure safe and efficient care of the surgical patient. I was often commended for maintaining the safety, respect and dignity of patients. Maintaining patient privacy and confidential patient information.

Mental Health Worker

Kaweah Delta Health Care District - Visalia, CA
March 2001 to August 2007

Assisted patients with multiple chronic diagnosis including Depression, Schizophrenia, Bipolar Disorder and Anxiety Disorder by monitoring and documenting patient activities to communicate patient adherence to unit activities and regulations. Ensured safety and well-being of patients and staff. Assisted with therapeutic handling of patients for emergency medication and restraints. I provided behavioral/ emotional support and supervision for above listed patients. I gathered patients temperatures, pulses and blood pressures, assisted with daily functions, monitored fluid and meal intakes, assisted with bathing, dressing, hygiene and grooming. Assisted patients with games, crafts cooking and music along with other activities. Maintained patient privacy and confidential patient information and often commended for maintaining safety, respect and dignity of these patients.

Education

AA in Nursing

College of the Sequoias - Visalia, CA
August 2004 to December 2011

Nursing Licenses

RN

Skills

- Nursing
- Medication Administration
- Infant Care
- Cerner
- Hospital Experience
- Medical Imaging

Certifications and Licenses

PALS

August 2014 to August 2016

NRP

October 2014

BLS Certification

Groups

UBC, CUSP

Present