**JANINE SPENCE**

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**EDUCATION**

**Associates of Applied Science in Registered Nursing** February 2019

Medical Career Institute, College of Health Science of ECPI University, Virginia Beach, VA

**Diploma in Practical Nursing** November 2004

Medical Careers Institute, College of Health Science of ECPI University, Virginia Beach, VA

**SKILLS**

* Administered medications (Sub-Q, IM, PO, IV)
* Administered wound care/wound VAC treatments
* Assess vital signs
* Calculated medication doses
* Discontinued and monitored arterial lines
* Documented on patient care
* Drew blood from arterial lines
* Initiated and changed IV’s
* HIPAA Policy
* Inserted and discontinued Foley catheter
* Inserted nasogastric tubes
* Performed Apgar scoring
* Performed head-to-toe assessments

**EMPLOYMENT**

UM Laurel/Travel assignment/Maxim healthcare

Med/Tele and ER rotation

December 2020-present

**Registered Nurse**

* Patient care of med/tele patients
* Care of ER patients
* Patient care of positive covid patients
* Assisted in intubations
* Medications administration via all routes
* Provide various education
* Perform admissions, transfers and discharges in both med/tele and ER setting

Sentara Norfolk General ER February 2019-December 2020

**Registered nurse**

* Acute/ Critical Assessment
* Trauma
* Medication administration via all routes
* Obtain and fulfill MD orders
* Provide various education
* IV therapy including critical drips
* Various wound care
* Perform admissions, transfers and discharges

Sentara Norfolk General 5RP IMCU medicine February 2019-December 2020

**Registered nurse/stroke certified**

* Assessment
* Medication administration via all routes
* Perform NIHSS assessment for stroke patients
* Obtain and fulfill MD orders
* Provide various education to patients
* IV therapy including critical drips (insulin, cardizem, heparin)
* Wound care
* Perform admissions and discharges

Encompass Home Health November 2017-December 2020

**Licensed Practical Nurse/Registered Nurse**

* Assessments
* Perform simple to complex wound care
* Obtain and fulfill MD orders
* Provide various education to patients
* Care for patients receiving IV medication/fluids/nutrition using the home setting pumps
* Care for and educate patients with tracheostomies/colostomies
* Care for and educate patients with gastric tubes for feeding
* Care for and educate diabetic patients

Bay Lake Retirement and Assisted Living Community September 2015-Npvember 2017

**Licensed Practical Nurse**

* Charge nurse
* Patient care for elderly patients
* Obtained/fulfill MD orders
* Perform basic wound care
* Oversee nurses aide’s/med techs

Naval Medical Center Portsmouth July 2013—October 2017 **RAO Radiologist (Contractor) Licensed Practical Nurse**

* Admission and discharge of patients
* Observation of outpatient clients for infusions, medication administration, blood transfusion
* Medication distribution via all routes except IVP
* Wound care of various types
* Care for patients with colostomies, tracheostomies, peg and/or g tube care and maintenance.
* Care for patients on PCA pumps
* Care for patient’s s/p procedures including but not limited to dialysis

Personal Touch Home Health Care November 2013--December 2014

**Licensed Practical Nurse**

* Wound care/ wound vac changes and education
* Trach care
* Medication management education
* Diabetic teaching
* Picc line care/ venipunctures

Naval Medical Center Portsmouth April 2009-July 2013

**TCMP Corp. (Contractor) Licensed Practical Nurse**

* Admission and discharge of patients
* Observation of outpatient clients for infusions, medication administration, blood transfusions
* Medication distribution via all routes except IVP
* Wound care
* Care for patients with colostomies, tracheotomies, peg and/or g tubes
* Care for patients on PCA pumps

Sentara Virginia Beach General June2005-June 2009

**Licensed Practical Nurse**

* Post Op care of orthopedic patients as well as generalized patient care
* Medication distribution via all routes
* General wound care and post op wound care
* Post op physical therapy
* Care for patients on PCA pumps

Consulate Health Care March 2008-Sept 2008

**Unit Manager-Long Term Care Unit**

* Oversee staff on long term care unit
* Managed and organized patient care for 56 residents
* Medication distribution via all routes except IVP
* Conducted and organized meetings for staff and resident
* Performed direct patient care

Westminster Canterbury May 2006-March 2008

**Licensed Practical Nurse**

* Medication distribution via all routes except IVP
* Provided direct patient care for 20+ patients
* Wound care
* Cared for patients receiving TPN via IV
* Cared for patients receiving nutrition via peg and/or g tube

**CERTIFICATIONS**

RN Expires: January 2020

Basic Life Support for Health Professionals Expires: October 2020

Licensed Practical Nurse Expires: January 2020