

Alyson Bonah

Certified Nursing Assistant - CNA

New Hope, MN

alysonbonah3_kar@indeedemail.com

6122260014

Work Experience

Nursing Assistant/Med Tech

Brookdale Senior Living - Plymouth, MN

March 2009 to August 2015

Responsibilities Bathe and dress patients, Serve meals and help patients eat, Take vital signs, Turn or reposition

patients who are bedridden, Collect information about conditions and treatment plans from caregivers, nurses and doctors, Provide and empty bedpans, Lift patients into beds, wheelchairs, exam tables, etc. Answer patient

calls, Examine patients for bruises, blood in urine or other injuries/wounds clean and sanitize patient areas

change, bed sheets and restock rooms with necessary supplies. certify TMA. Skills Used Efficient ability to record important signs that incorporate respiration, body temperature, pulses, and blood pressure.

Competent

knowledge about infectious disorders and elementary methodologies employed for infection control Sound

understanding, about physiological issues, including common disorders and workings of body systems. Ability to observe Privacy/HIPAA regulations along with direct patient care functions. Ability to ensure patient safety

and personal hygiene at all times.

Cna/medication Aid

CNA - Certified Nursing Assistant

Hennepin county medical center - Minneapolis, MN

August 2017

Using principles of Patient & Family Centered Care develops and maintains a positive working relationship with patient and family, team members, department and medical center personnel

Assists patients with activities of daily living, including hygiene, grooming, and bathing

Responds to patient call light in a timely manner, identifies patient needs and provides patient with appropriate

response or communicates need to appropriate team member

Takes and records patient's vital signs as prescribed by nursing protocol or physician order

Measures, and records patient intake and output according to established protocol and order

Conducts point of care tests as assigned and/or delegated

Communicates any changes or pertinent information related to the patient's physical appearance and attitude,

I & O, vital signs, and point of care testing to the nurse

Keeps patient room neat, clean and orderly. Changes bed linen as scheduled and as needed
Escorts patients on foot or transports patients on carts, beds or in wheelchairs
Procures and stocks equipment and supplies, and insures that equipment is operable and clean
Greets and relays information to appropriate staff, physicians, or family members
Takes inventory of patient belongings and valuables as well as documents and secures
Collects specimens using clan technique and labels appropriately
Disposes of trash, linens and supplies in an appropriate manner
Ensures patient and supply rooms are properly stocked; linen is covered
Attends mandatory department or unit meetings, in services and appropriate work related education programs
Supports unit and medical center compliance with JCAHO standards, customer service and other initiatives
Uses resources appropriately
May perform various technical procedures after training, competency validation, and upon delegation from a Registered Nurse, such as maintaining oxygen equipment, performing oral suctioning, routine incision care, providing skin care, applying and changing non-sterile dressings, applying warm and cold compresses or non- prescription topical creams/ointments, 12 lead EKG's, phlebotomies, and discontinuing IVs, saline locks and foley catheters
Records actions in the EHR
Performs clerical duties in EHR; answers phones and triages calls appropriately
Performs all responsibilities/ duties required by Patient Care Services as defined in the scope of service, to assure that the unique nature of the clients is addressed.

Certified Nursing Assistant

CNA - Bloomington, MN

February 2016

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Education

Some college

Skills

- Cna Certified
- CPR
- CNA
- Physiology Knowledge
- Infection Control Training
- French
- Anatomy Knowledge

Certifications and Licenses

BLS/CPR

February 2018 to February 2020

CPR

Certified Nursing Assistant (CNA)

Additional Information

SKILLS

French speaker (10+ years)