




Lauren Groothausen

Certified Nursing Assistant

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 (612) 636-0589

 1095 Prospect Pointe Rd Jordan, MN,
55352

EDUCATION

UNIVERSITY OF WISCONSIN LA CROSSE GPA: 3.5

La Crosse, WI

Pre- Physician Assistant Biology
Candidate (Expected graduation May
2023)

Relevant Coursework

- Human Anatomy and Physiology
- Chemistry
- CNA Course (Zandu Health)
- Healthcare and Medicine
(Benedictine St. Gertrude's)

Extracurricular Activities

- Pre- PA Club
- Intramural Volleyball

ADDITIONAL SKILLS

Communication and observation

Familiar with medical terminology and
infection control procedures

Able to maintain a neat and clean
patient's room

Competent at taking and recording vital
signs

CERTIFICATIONS

Certified Nursing Assistant (MN) (WI)

Adult and Pediatric First Aid/CPR/AED

CAREER OBJECTIVE

Adaptable Pre-PA major (3.5 GPA) currently attending University of Wisconsin La Crosse, with 4 years of being a caregiver for children and 6 months of being a CNA for residents. Aiming to leverage a proven knowledge of patient safety, record keeping, and assisted living skills to successfully fill the Certified Nursing Assistant role at your company. Frequently praised as proactive by my peers, I can be relied upon to help your company achieve its goals.

EXPERIENCE

CERTIFIED NURSING ASSISTANT

Benedictine Living Community , La Crosse, WI / Oct 2020 - May 2021

- Observed and practiced proper isolation techniques.
- Took vital signs including, pulse and blood pressure.
- Communicated timely reports of resident status changes concisely and effectively.
- Ambulated and transferred residents, utilizing appropriate assistive devices and body mechanics.
- Treated residents, family members, visitors and team members with dignity and respect.
- Maintained clean and orderly environment for resident and staff.
- Demonstrated fun in creating positive atmosphere for residents in conjunction with Core Values.
- Performed personal care and services to meet individual resident needs and preferences.
- Promoted and supported greatest possible degree of independence for residents.

NANNY

Bekah Martin , Prior Lake, MN / Jun 2020 - Aug 2020

- Meet regularly with parents to discuss children's activities and development.
- Help prepare and serve nutritionally balanced meals and snacks for children.
- Organize and conduct age-appropriate recreational activities, such as games, arts and crafts, sports, walks, and play dates.
- Perform housekeeping and cleaning duties related to children's care.
- Instruct and assist children in the development of health and personal habits, such as eating, resting, and toilet behavior.

NANNY

Allison Kampbell, Shakopee, MN / Jun 2019 - Aug 2019

NANNY

Elizabeth Zuniga, Jordan , MN / Jun 2016 - Aug 2018

REFERENCES

DANIELLE WURTZEL, Director Of Nursing, RN, Benedictine Living Community

(608) 615-7426 - danielle.wurtzel@benedictineliving.org -
Former Supervisor