#### ASIA O. RAHEEM, MSN, BSN, RN

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#### **Professional Summary**

Experienced Perioperative Registered Nurse with dedicated hospital nursing experience in operating rooms and trauma units. Consistently commended for delivering patient-centered, quality critical care. Skilled at building rapport with patients and working effectively with a wide range of physicians, surgical technologists, nurses and staff. Proactive and resourceful with superior work ethic.

#### **Licenses / Certifications**

- Basic Life Support (BLS) Certification 2020-2022
- Advanced Cardiac Life Support (ACLS) Certification 2020-2022
- Maryland Board of Nursing expires October 2023
- District of Columbia Board of Nursing expires June 2022
- Clinic Management Course Certificate March 2011

#### **Skill Highlights**

Leadership ability Surgical assistance Medication Administration HIPPA Regulations Wound Care Charting and documentation Reporting and compliance Patient education Pre/Intraoperative/ Postoperative Care Time management and prioritization

#### **Professional Experience**

#### Traveler, Operating Room RN Circulator

February 2021 to present

**MedStar Washington Hospital Center,** (Level 1 Trauma / Burn Unit; 922 beds **Washington, DC** 

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care

Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and

competency testing per unit standards

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Burns, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans

Conducts pre- and post-operative education

Preps operating room for patient/procedure

Responds to life-saving situations based upon nursing standards and protocol Serves as the communication liaison to family and members of the operating team Takes and monitors patients' vital signs

Ensures that operating on correct patient and the correct procedure is being performed, provides basic bedside care

Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse

#### Traveler, Operating Room RN Circulator

January 2020 to January 2021

WellStar Cobb/Vinings Health Park (Level 3 Trauma; 382 beds) − Smyrna, GA • Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

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emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

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#### **Traveler, Operating Room RN Circulator**

April 2019 to December 2019

Inova Fairfax Hospital Center (Level 1 Trauma; 833 beds) – Falls Church, VA

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General

# Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

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## **Traveler, RN Circulator / Operating Room Evening Charge Nurse**

November 2018 to April 2019

# Operating Room, MedStar Southern Maryland Hospital Center (192 beds) – Clinton, MD

Supervised 10 Nursing staff; Registered Nurses, Surgical Assistants, and Surgical Technologists and served as a preceptor/mentor to first-year nursing students.

Document patient information obtained from interviews and prepare patients for surgical procedures

Ensure efficacy of treatments through monitoring of treatment regimens

Follow all infection control procedures

Participate in unit-based Quality Assurance Program

Managed care for pre/Intraoperative/postoperative patients through discharge

Performed lab tests and communicated results

Liaised between patients and physicians to ensure patient comprehension of treatment plan Instructed patients and family members on proper discharge care

Closely monitored acute conditions

Increased unit productivity for 10-bed surgical units through suggested process improvements that were adopted on all shifts.

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making.

Responsible for utilizing the nursing process in the operating room to include circulating duties

in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, ENT, Urology, DaVinci Robotics Xi, and Podiatry).

#### **Traveler, Operating Room RN Circulator**

August 2018 to November 2018

# Operating Room, Northeast Gainesville Hospital Center (Level 1 Trauma; 557 beds) – Gainesville, Georgia

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care

Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans

Conducts pre- and post-operative education

Preps operating room for patient/procedure

Responds to life-saving situations based upon nursing standards and protocol

Serves as the communication liaison to family and members of the operating team

Takes and monitors patients' vital signs

Ensures that operating on correct patient and the correct procedure is being performed, provides basic bedside care

Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, ENT, Urology, DaVinci Robotics Xi, and Podiatry).

#### Traveler, Operating Room RN Circulator

June 2018 to August 2018

documents according to policy

#### Operating Room, Anne Arundel Medical Center (425 beds) – Annapolis, Maryland

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans

Conducts pre- and post-operative education

Preps operating room for patient/procedure

Responds to life-saving situations based upon nursing standards and protocol Serves as the communication liaison to family and members of the operating team Takes and monitors patients' vital signs

Ensures that operating on correct patient and the correct procedure is being performed, provides basic bedside care

Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse

### **Traveler, Operating Room RN Circulator**

January 2018 to June 2018

Operating Room, Calvert Medical Health Center (89 beds) – Prince Frederick, Maryland

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans

Conducts pre- and post-operative education

Preps operating room for patient/procedure

Responds to life-saving situations based upon nursing standards and protocol Serves as the communication liaison to family and members of the operating team Takes and monitors patients' vital signs

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Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

#### Staff Registered Nurse – Operating Room

June 2017 to January 2018

#### North Texas Dallas Veterans Affairs Medical Center (409 beds) – Dallas, Texas

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties; (General Surgery, Gyn, Ortho, Ortho-Spine, Neurology, Plastics, Vascular, Thoracic, Transplants, Cardiac, ENT, Urology, DaVinci Robotics Xi/Si, Podiatry, and traumatic surgical procedures).

Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

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Conducts pre- and post-operative education

Preps operating room for patient/procedure

Responds to life-saving situations based upon nursing standards and protocol Serves as the communication liaison to family and members of the operating team Takes and monitors patients' vital signs

Ensures that operating on correct patient and the correct procedure is being performed, provides basic bedside care

Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

#### Traveler, Operating Room RN Circulator

January 2017 to June 2017

#### Greater Baltimore Medical Center (342 beds) – Towson, Maryland

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care

Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

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Assists in positioning, responding to comfort/safety of patient; provides for accurate care and handling of specimens; observes and enforces strict standards of asepsis; observes, checks and monitors all equipment used during surgery to confirm they are running smoothly; handles patient documentation; and Inventories all items both pre- and post-surgery.

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#### **Traveler, Operating Room Circulator**

October 2016 to January 2017

#### Adventist Shady Grove Medical Center (339 Bed) – Rockville, MD

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

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Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications

# **Asst. Nurse Manager – Specialty Units and Surgical Clinics**

August 2016 to October 2016

Department of Veterans Affairs Medical Center (372 beds) – Miami, Florida

Responsible for managing and supervising 75 nursing staff personnel

Managed an Fiscal OPTAR Budget of \$250K annually

Function as a clinician as well as a first level supervisor who functions under the guidance and leadership of the Nurse Manager in providing administrative and clinical leadership within the Specialty Units and the Surgical Clinics.

In collaboration with the Nurse Manager, functioned as a supervisor and assumes accountability for the operation of the designated units. Responsible for assisting with the following functions: (1) Planning work to be accomplished by subordinates, setting priorities and preparing schedules for completion of work; (2) Assigning work to subordinates based on priorities, selective consideration of the difficulty and the requirements of the assignments, and the capabilities of subordinates; (3) Giving advice, (4) counseling, (5) or instructing the subordinate personnel on work and administrative matters; (6) Hearing and resolving complaints of subordinates and referring more serious complaints not resolved to higher level supervisors; (7) Recommending and/or taking disciplinary action when it is appropriate; and (8) Identifying developmental and training needs of subordinates and providing or making provision for such development and training.

Additionally, responsible for performance improvement, customer service/patient satisfaction, patient and employee safety, interviewing applicants, employee relations, standards of care and practice, the work environment, and accreditation and regulatory standards. He/she plays an important supportive role in all patients and employees, such as .initiating, encouraging staff to complete mandatory education modules, review and update policies and procedures based on evidence based practice. Served as a supportive and consultative role in administrative and clinical areas to Registered Nurses and Licensed Practical Nurses in the diverse units and clinics.

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#### **Traveler, Operating Room Circulator**

July 2015 to October 2015

# **University of Maryland Prince George Hospital Center** (Level 2 Trauma Center, 385 beds) - **Cheverly, Maryland**

Delegates or assigns aspects of patient care to healthcare members commensurate with their validated competency to perform the task

Assists in orientation of new staff or students, and serve as a resource person and professional role model

Performs competently in emergency situations

Assumes responsibility for the clinical supervision of RNs, Surgical Assistants, Surgical Technologists and Non-licensed assistive personnel

Provides leadership through communications about and validation of patient care Administers medications and treatment as prescribed by physicians, or standard protocols and documents according to policy

Completed patient population/age-specific/procedure and protocol education and competency testing per unit standards

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Nurse Professional Development Specialist/Nurse Educator (Surgical Services)
December 2014 to August 2016

Department of Veterans Affairs Medical Center (164 beds) - Washington, D.C.

Responsible for training and orienting 78 surgical staff personnel annually

#### **Areas covered:**

Pre-op (Same Day Surgery), OR, PACU, GI, Cath/EP Lab, Bronchoscopy and Cardiovascular Imaging.

Responsible for providing educational support and participating /leading several clinical programs to improve staff competence, patient care outcomes, and organizational processes.

Developed and instituted a tracking mechanism for nursing staff competencies, resulted in 100% staff compliance with timely completion of all necessary educational skill-based competencies in the Perioperative areas.

Effectively facilitated the planning, development, implementation and evaluation of staff education, training and competencies.

Standardized and updated over 60 nursing staff blue training records by creating cover sheets, checklists, which led to a 100% training record compliance in accordance with Human Resource (HR) Department requirement for maintaining employee educational needs.

Implemented the initial competency for Autotransfusion (Cell Saver) for the Operating Room, resulted in implementing DC VAMC 1st Policy for Auto-Transfusion for administering blood products. This effort led to expediting the On-Call Perfusionist with setting-up the Cell Saver machine for cardiac surgical patients and led to 100% efficiency, competency among nursing staff and patient safety in accordance with American Association of Blood Bank Standards and The JCAHO

Facilitated and conducted over 100 educational in-service training for seven (7) Perioperative Surgical areas. Resulted in 100% of the staff educated on those in-services and training.

Key contributor in the project for implementing the I-Stat technology in the Post-Acute Care Unit (PACU). This technology offers significantly less time (3 minutes) to obtain lab results. Initiated and trained all PACU Registered Nurses. Resulted in remarkably higher utilization of the technology, and thus improving efficiency of patient care (in relation to performing lab tests and obtaining results in a real quick turnaround time).

Led the Hospital-Based Nursing Skills Fair 2015 for over 250 nursing staff, which demonstrated 95% completion rate of annual nursing competencies.

Development of the 1st Karl Storz Arthropump Competency for the Operating Room.

Resulted in efficient and safe use of the Karl Storz Artho-Pump Equipment system and 100% OR Nursing staff compliance and patient safety related to the use of this equipment.

Collaborated with the OR Leadership and the front line staff and researched, developed and implemented the Perioperative Surgical Safety Passport for surgical services. Resulted in the reduction of toe-out and toe-in for Ophthalmology Clinic to 14 minutes and demonstrated a consistent SBAR communication among the surgical staff.

### Asst. Department Head, Staff and Faculty Development

December 2013 to December 2014

Walter Reed National Military Medical Center (Level 1 Trauma Center, 306 beds) – Bethesda, Maryland

Responsible for managing and supervising 75 nursing staff personnel annually Managed an Fiscal OPTAR Budget of \$500K annually

Responsible for the design and delivery of development and education programs for nursing staff. Demonstrated excellent clinical practice, problem-solving and decision-making skills.

Served as a resource to staff, and served as a mentor to new nurses, student nurses, and other nursing staff. Responsible for consulting and collaborating with nurses across the organization to develop, plan and present educational activities that directly or indirectly foster the development of competence in the learner. Responsible for program management and development including Hospital Orientation, Nurse Preceptor Course, Charge Nurse Course, TEAM-STEPPS Fundamental / Instructor Course and Joint Enlisted Medication Administration Course. Additional responsibilities include coordination nursing, education, the electronic competency assessment tool and utilizing Survey Monkey to track all nursing and educational courses.

#### **Staff Registered Nurse / Operating Room Nurse Educator**

August 2012 to December 2013

Walter Reed National Military Medical Center (Level 1 Trauma Center; 306 beds) – Bethesda, Maryland

Responsible for training and orienting 250 surgical staff personnel

Responsible and accountable for the development and delivery of patient care service, staff development and education programs in the Perioperative Area. Responsible for the orientation of new employees, evaluation of their progress in the orientation process, developing and implementing learning plans for improving identified deficiencies.

Actively participates in workshops/continuing education programs designed for career advancement as well as function in classroom teaching environments, clinical arenas, and as a group facilitator during training and implementation of changes in nursing related computer applications.

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Nurse Manager, Ambulatory Care Unit/Operating Room/Post Anesthesia Care Unit August 2010 to August 2012

**US Naval Hospital Yokosuka Japan** (47 beds) – **Yokosuka, Japan** Responsible for managing and supervising 75 staff personnel

Managed an Fiscal OPTAR budget of \$2.5M annually

Led and organized delivery of care to assure continuity of care and peer accountability for practice, including access to care and discharge planning.

Uses advanced clinical knowledge/judgment to promote staff involvement in planning, decision-making and evaluates outcomes.

Functions as an expert in clinical practice and/or areas related to the assigned roles and responsibilities.

Systematically evaluates current practice and formulates outcomes for the group's patients and/or organizational processes within an area of expertise.

Analyzes systems problems which affect / impede patient care and initiate their solution.

Participates in performance evaluation of other clinical staff and professional standards are monitored and met in compliance with VA standards as well as various regulatory and accrediting agencies.

Uses effective communication skills with others to achieve desired patient outcomes and program goals.

Contributes to forecasting requirements necessary to long range program planning; development of nursing & related programs; related programs for effective delivery of health services

Designs, modifies, and implements systems compatible with professional standards, the mission and the goals of the organization to improve the cost-effective use of resources.

Sets program standards for clinical practice, administration, education and assures their implementation

Serves as mentor/role model for staff and students as they pursue leadership development and clinical expertise.

Plans work to be accomplished by subordinates, setting priorities and preparing schedules for completion of work.

Assigns to subordinates based on priorities, selective consideration of the difficulty and the requirements of the assignments and the capabilities of subordinates.

Makes recommendations for appointments, advancements or reassignments of subordinates

Gives advice, counsel, or instruction to subordinate personnel on work and administrative matters

Hears/resolves complaints of subordinates and refers more serious complaints not resolved to higher level supervisors and recommends and/or takes disciplinary action where appropriate

Providing optimal quality Perioperative care for all patients during the surgical phase of their surgical experience. Managed patient instability and/or complications due to emergence from local, conscious sedation, spinal, regional, or general anesthesia. Managed surgical emergencies with quick action and appropriate decision making. Responsible for utilizing the nursing process in the operating room to include circulating duties in various specialties (General Surgery, Gyn, Ortho, ENT, Eyes, Urology, OMFS, and Podiatry).

Utilizes the nursing process in providing Perioperative care

Provide Post-operative care to active duty military and their beneficiaries

Ensure that patient's vital signs and level of consciousness are stable before transfer to other nursing units

Administer anesthetic agents to patients undergoing surgical procedures

Provides nursing skills in arrhythmia monitoring, hemodynamic measures, patient/family education and discharge teaching to patients/family for post-surgical procedures.

Provides preoperative / intra-operative care and assessment for patients scheduled for same day surgery

Provides level one recovery care for patients with general anesthesia, spinal anesthesia, conscious sedation; provides level two and post procedure care for same day surgery and same day procedure patients

Consistently demonstrates sound clinical judgment and the ability to effectively provide and/or direct the care provided by team members for patients. Modifies and updates the plan of care/treatment plans for patients

In the role of charge nurse, provides and directs nursing care for patients with complex nursing care needs; multi-system health care issues, complex psychological issues, etc.

Provides a full range of patient centered nursing care to patients with complex care needs Completes initial assessments and re-assessment of patient condition and response to treatment and other clinical findings.

Assesses patient's learning needs, develops and implements a plan to meet needs, and instructs patients/families in self-care and treatment measures.

Promotes discharge planning and continuity of care through developing an individualized, interdisciplinary plan of care in collaboration with the patient/family and health care team.

Administered prescribed therapies using appropriate judgment

Accurately documents in the medical record patient findings, assessments and care provided.

Competent in arrhythmia interpretation; medication administration, patient education, nursing assessment, aseptic and sterile technique.

Coordinate and manage all Perioperative phases of the patient's care which includes Pre-Operative, Intraoperative and Post Anesthesia Care Unit.

#### **Education and Training**

Master of Science: Nurse Educator, 2013 Walden University: - Minneapolis, MN

Bachelor of Science: Nursing, 2009 Norfolk State University – Norfolk, VA

Associate of Science: Nursing, 2008 Norfolk State University – Norfolk, VA

Associate of General Studies: General Studies, 2005

Central Texas College – Killeen, Texas

#### **Graduate Research Student**

(Spring 2013)

Walter Reed National Military Medical Center - Bethesda, Maryland Planned, Programmed and Implemented the Charge Nurse Training Course at Walter Reed National Military Medical Center.

### **Professional Organizations**

Association of Perioperative Registered Nurses (AORN), (2010 – present) Sigma Theta Tau International Nursing Honor Society, Phi Nu Chapter, (2009 – present) Maryland Nursing Association (2016 – present)

District of Columbia Nursing Association (2018 – present)

#### References

Military Experience: prior enlisted for 12 years before commissioning as a Nurse Corps Officer Available upon Request