

Sharon Osborn

Travel Nurse

Corona, CA 92883

osborn@rn4you.net

+1 916 757 2312

Enthusiastic, self-motivated, caring, hardworking, and service-oriented Registered Nurse. I have 2 years of experience in acute care med surg/ tele/PCU/Adult Psych units as a Registered nurse. I have over twelve years bedside care experience as an LPN, Army Medic and care provider in various health care settings. Well-versed in offering therapeutic care for various patient populations. I am in search of a travel position in an acute care setting.

Authorized to work in the US for any employer

Work Experience

RN II- Psychiatric Nurse

Eastern State Hospital - Spokane, WA

May 2022 to Present

- Care for patients experiencing acute mental distress or who have a chronic mental illness
- Assess and talk to patients about their problems and discuss the best way to plan and deliver their care
- Build relationships with patients to encourage trust, while listening to and interpreting their needs and concerns
- Apply de-escalation techniques to help people manage their emotions and behavior
- Produce care plans and risk assessments for individual patients
- Administer medications and treatments
- Report and document significant changes in patient's condition
- Educate patients on social skills, functional skill development and medications
- CPI certification
- Crisis management

RN Behavioral Health

Pacific Grove Hospital-Contract - Riverside County, CA

January 2022 to May 2022

- Provide care to psychiatric patients.
- Provide psychological support to patients and their families.
- Transcribe doctor's orders, review charts.
- Administer medications or treatments as directed.
- Monitor patient progress and document changes to behavior or health.
- Helping patients perform exercises to change thought patterns or habits.
- Encourage and assist with relaxation techniques for stress management.
- coping skills as well as management of crisis intervention.

RN Med/Surg/Sub Acute and PCU

Corona Regional Medical Center - Corona, CA

January 2021 to March 2022

- Provide supervision, medication and treatments for the critically ill
- Tracked patient's progress, laboratory, and diagnostics results.
- Managed various PIV, mid-line and central line care, drainage devices, and G/J tube management.
- Monitored and interpreted EKG and telemetry readings for changes
- Bladder irrigations, urinary catheter care.
- Tracheostomy care and VAP assessments for vent-dependent patients.
- Performed complex wound care as ordered.
- Assist with emergency code situations.
- Processing admissions, discharges, and transfers.

RN Staff Nurse-Med Surge Telemetry

Kindred Healthcare - Ontario, CA

September 2020 to June 2021

- Collaborated daily as RN team leader of LVN and CNA for 9 patient assignments of medically complex patients to achieve optimum patient care.
 - Managed various drainage devices, and chest tube management.
 - IV Administration, IVP medications, blood products, antibiotics, and heparin through various peripheral and central lines.
 - Tracked patient's progress, laboratory, and diagnostics results, with follow-up of notifying the correct doctor of changes.
 - Performed complex wound care as ordered.
 - Monitored and interpreted EKG and telemetry readings for changes.
 - Collecting laboratory specimens.
 - Head-to-toe assessments, focused assessments
 - Transcribing and carrying out new physician's orders.
 - Patient education and family education.
 - EMR charting with various programs
- Processing admissions, discharges, and transfers

LPN Charge Nurse

Crestwood Behavioral Health

February 2016 to July 2017

68W Health Care Specialist (Combat Medic)

US ARMY - San Antonio, TX

November 1999 to November 2003

Education

ADN in Registered Nursing

Central Carolina Technical College - Sumter, SC

August 2018 to May 2020

Nursing Licenses

RN

Expires: December 2023

State: CA

Skills

- Multi-tasking and prioritization Samples collection Staff direction and task delegation
- Infection Control Training
- EMR Systems
- Nursing
- Vital Signs
- Medication Administration
- Laboratory Experience
- Behavioral Health
- Tube Feeding
- Nurse Management
- Experience Administering Injections
- Caregiving
- Cerner
- Critical Care Experience
- Hospital Experience
- Employee Orientation
- Critical Care course
- Venipuncture
- Patient Care
- Phlebotomy
- Medical Records
- Home Care
- Transcription
- Acute care
- Hospice care
- Microsoft Office
- Medical office experience
- Basic IV
- Catheter Care
- Specimen Collection / Processing
- Patient Monitoring
- HIPAA
- Clerical Experience
- Triage
- Crisis Intervention
- Epic

- Management
- Crisis Management

Military Service

Branch: United States Army

Service Country: United States

Rank: E-5

November 1999 to November 2003

Certifications and Licenses

BLS for Healthcare Providers

September 2020 to September 2022

Advanced Cardiovascular Life Support (ACLS)

September 2020 to September 2022

CPI

May 2022 to May 2024

Non violent crisis intervention Certification