

Cynthia Breceda

Over 13 years OR circulating experience

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To seek a challenging position as a Registered Nurse, integrating my education, nursing skills, and eagerness to excel in a position which will allow me to become a valuable asset to your company.

Work Experience

Registered Nurse

Foothill Regional Medical Center - Tustin, CA

July 2019 to Present

Operating Room Nurse.

Responsibilities

- Assess patients prior to surgery (e.g. NPO status) and alleviate their concerns
- Gather all supplies needed for the operation
- Assume responsibility of keeping the operating room sterilized
- Position and prepare patient on operating table
- Pass medical instruments or other objects to the surgeon during operation
- Monitor patient's vital signs to detect anomalies
- Evaluate patient in postoperative phases
- Adhere to safety standards and precautions
- Assume duties within or out of the sterile field as assigned

Registered Nurse

Riverside Med Clinic Surgery Center - Riverside, CA

April 2016 to May 2019

A multispecialty ambulatory surgery center. Position is OR circulating nurse. Procedures performed in facility include various Ortho such as carpal tunnel release, ACL's, rotator cuff repairs, ORIF's, shoulder and knee arthroscopies; ENT's such as rhinoplasties, tonsillectomy and appendectomies; Ophthalmology such as cataracts, cornea transplants, pterygiums; GI cases; Urology such as TURP's, Bladderneck, hydroelectricities, cystoscopy, anterior-posterior repairs, vasectomies, circumcisions; General surgeries such as hernia repairs, lap choles, mass excisions, hysterectomies, breast biopsies; GYN such as D&C's, ablations, BTL's, to name a few. Also perform morning and closing narcotic count, assist with preop admissions and IV's as needed.

Registered Nurse

South Coast Plastic Surgery - Irvine, CA

May 2015 to July 2017

A cosmetic surgery facility where surgeries performed include abdominoplasties, liposuction, breast augmentations, mastopexies, rhinoplasties, angioplasties. Duties include admitting/preop of patient, start IV's, administer IV medications, circulate, recovering patient, and narcotic count.

Registered Nurse

Athenix Body Sculpting Inst - Pasadena, CA
April 2014 to April 2016

A cosmetic surgery facility where duties include admitting, circulating and recovering patients of cosmetic procedures such as micro body contouring using Vaser System, breast augmentations, abdominoplasties, brachioplasties, mastopexies, etc. Also administer conscious sedation primarily to patients undergoing micro body contouring. Other responsibilities include delegating duties to LVN and MA's, ordering narcotics, completing narcotic counts, daily and monthly logs and checks of anesthesia cart and crash cart.

Registered Nurse

Universal Community Health Ctr - Los Angeles, CA
January 2012 to December 2014

A non-profit organization; clinical nurse providing services in a family practice clinic; responsible for patient teaching on medications, meal plans, glucose meters, insulin administration; education on diabetes, hypertension, high cholesterol; phlebotomy.

Registered Nurse

Serra Community Medical Ctr - Sun Valley, CA
February 2013 to July 2014

A multi-specialty facility and ambulatory surgery center; in O.R. as circulating nurse. Also assist with admitting, startin IV's, and recovery as needed. This is a mutli-specialty facility where circulated in surgeries including tubal ligations, hernia repairs, carpel tunnel release, bunionectomies, colonoscopies, pain management, cataract and laser surgeries just to name a few. Responsible for narcotic count/log, lab specimens, medication carts, supplies, 6 crash carts and logs (there is a crash cart on every floor), verify, discard, and replace any expired meds, and ordering all medications including narcotics. Also assist with checking and testing equipment, instruments and supplies. Perform treadmill cardiac stress test.

Urology Back Office Supervisor/Medical Assistant

Alan Shapiro M.D. Cedar Sinai Med Ctr - Los Angeles, CA
November 2000 to September 2012

Solely responsible for all patient care including injections, phlebotomy, urine analysis and cultures. Performed microwave (TUMT) procedures along with pre-op and post-op care, teaching and medications. Foley bladder catheterizations and D/C. Bladder ultrasound by doppler and uroflows. Assisted M.D. with cystoscopies and vasectomies and performed all preparation along with pre and post teaching. Patient medication teaching and pharmacy medication calls. Responsible for ordering all back office supplies and medications. Maintenance and sterilization of instruments. Duties included charting, answering phones and medical records.

Fluent in English and Spanish/References Available Upon Request

Education

University in BSN

West Coast University-Orange County - Orange County, CA
September 2021 to Present

Associates Degree in Nursing in Nursing

Mount Saint Mary's College - Los Angeles, CA

2004 to 2007

East Los Angeles College - Los Angeles, CA

2001 to 2003

Skills

- Pain Management
- Nursing
- Critical Care Experience
- Medication Administration
- Nursing
- EMR Systems
- Nursing
- Experience Administering Injections
- Vital Signs
- Phlebotomy
- Epic
- Hospital Experience
- Patient Care
- Venipuncture
- Computer Skills

Certifications and Licenses

RN

BLS Certification

ACLS Certification

CPR Certification

PALS Certification

Additional Information

Over 15 years of successful experience in front and back office medical assisting. Excellent interpersonal relations and communication skills with proven ability to gain confidence and trust of patients, doctors, and management. Strong organizational talents-manage multiple tasks/projects with attention to detail as well as changing priorities and medical needs of patients.