**Melanie Bowen**

(425) 773 1606

melsbowen@yahoo.com

**SKILLS/QUALIFICATIONS**

* Bachelor of Science in Nursing
* Associates Degree: Registered Nurse
* Clinical Nursing Experience:
* Nine years in Labor and Delivery, Recovery, Ante-partum, Triage, Operating Room Circulator: Providence Regional Medical Center, Overlake Hospital
* Three and a half years in Mother-Baby/Post-Partum Unit: Overlake Hospital
* ACLS, BLS, NRP certified
* Recognized by colleagues with “Star Cards” at Providence Regional Medical Center
* Recognized at Overlake Hospital for attaining “Bravo” pins
* Recognized at Overlake Hospital as a “Recognizing Excellence” 10 out of 10 Employee

**EMPLOYMENT**

**The Everett Clinic; Walk In** 1/4/2021-Present

* Provide care for patients by monitoring them, administering medications, consulting with health care providers, updating patient records and educating patients and their patients' families on illness and disease. Intravenous insertion, lab draw and administration of medication, intramuscular medication administration, subcutaneous administration, swab collection for lab specimens.

**Triage/Labor and Delivery Flex RN** 9/2018-1/3/2021

**Providence Family Maternity Center** Everett, WA

* Triage Nurse for a seven-bed triage unit. Prioritize care, timely communication with providers, assessment of labor, labor complications, recognize emergency needs of patient’s, peripheral IV starts, lab draws. Admission and discharge of patient’s, patient education.
* Provide care for patients utilizing fetal and maternal monitoring equipment.
* Monitor the patient’s progression in labor by performing sterile vaginal exams.
* Manage patient’s pain including natural techniques, nitrous oxide, epidural, and patient-controlled analgesia administration.
* Assess provider during delivery, treatment, examinations and procedures.
* Monitored, charted and communicated patient condition with appropriate providers and staff utilizing EPIC documentation system.
* Provide patient and family education throughout stages of pregnancy, pain control, maternal care and newborn care.

**Labor and Delivery RN** 3/2012-12/2016

**Overlake Hospital** Bellevue, WA

* Assessed, planned and evaluated patient care needs during pregnancy, while in labor and after delivery.
* Provided care for triage, antepartum, labor postpartum and surgical patients.
* Fetal heart rate monitoring and interpretation.
* Pain management during labor.
* Circulating Nurse in the operating room for cesarean sections and post-delivery complications.
* Monitored, charted and communicated patient conditions as appropriate utilizing computerized documentation systems including EPIC and OBIX.

**Mother-Baby Unit RN and LPN** 11/2007-3/2012

**Overlake Hospital** Bellevue, WA

* Provided care for women and newborns after delivery until discharge from hospital.
* Breastfeeding assistance and patient teaching for postpartum women and newborn care.
* Gynecological care for patients after procedures.

**EDUCATION**

* Bachelor of Science In Nursing; Olympic College
* Associate Degree, Registered Nurse; Bellingham Technical College
* Versant Change in Specialty Residency: Overlake Hospital, Labor and Delivery
* Versant New Graduate Training: Overlake Hospital, Mother-Baby Unit
* Licensed Practical Nurse certificate: North Seattle Community College