

BSN - CCRN - CEN - RN - EMT

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EDUCATION

United States University — *MSN/NP (In Progress)*

August 2021 - Present WASC & CCNE

Masters of Science in Nursing & Nurse Practitioner Program

West Coast University, Los Angeles — BSN

April 2011 - November 2013 WASC & CCNE BS in Nursing with Summa Cum Laude Honors

National College of Technical Instruction — EMT

November 2010 - February 2011 NREMT National & State EMT Certification Program

Los Angeles City & Harbor Colleges — *Added Subjects*

January 2001 - December 2009 WASC

Curriculum for Additional Teaching Authorizations, 69 Units

Los Angeles District Intern Program — *Teaching Credential*

August 1996 - May 1998 LAUSD & CCTC iCAAP Teacher Preparation Program, 33 Graduate Units

University of California, at Los Angeles — BA

September 1991 - September 1995 WASC BA in Political Science with a Concentration in Psychology

San Pedro High School — *Diploma with Honors*

September 1987 - June 1991 WASC
CSF Gold Seal Bearer, LA Ephebian Society & 20 AP Units

NURSING & EMS RELATED EXPERIENCE

NorCal Ambulance Service — Critical Care Transport RN

April 2021 - Present (Full-Time)

Transportation of Critically Ill Patients Dependent on Ventilators & with Sedation, Vasoactive & Anti-Dysrhythmic Titratable Medications Running; Experienced with: Vent Management, Intubations, Deep Suctioning, Pacing, Waveform Capnography, Arterial Lines & LVADs

SKILLS

Rapid & Accurate Assessments

Knowledge & Experience Across Specialties

Non-Invasive Cardiac Monitoring, Therapeutic Hypothermia, Arterial Lines & Conscious Sedations

Obtaining ABGs, Analyzing Waveform Capnography/ ETCO2 & Managing Vents

Expert IV Access: External Jugulars, US Guided PIVs & Locations w/o Tourniquets

CURRENT LICENSES & CERTIFICATIONS

CCRN: Critical Care Registered Nurse - AACN

CEN: Certified Emergency

Nurse - BCEN

EMT: Emergency Medical Technician – Cal EMSA

ITLS: International Trauma Life Support - ITLS Inc.

ACLS: Advanced Cardiac Life Support - AHA

PALS: Pediatric Advanced Life Support - AHA & AAP

BLS: Basic Life Support -

AHA

Infusion of Care — Specialty IV Infusion RN

October 2019 - June 2021 (Part-Time)

Peripheral IV Starts & Port Access; Medications are Variable Rate, Require Anaphylaxis Protocols and Emergency Med Kits; **Medications Given**: Various Types of IgG (Gammagard, Gammaplex, Gammaked, Gamunex), Monoclonal Antibodies (Ocrevus), Anti-TNF (Renflexis & Remicade), Liver Enzyme Replacement (Kanuma), Factor VIII and Solumedrol

Medic Ambulance Service — Critical Care Transport RN

December 2020 - May 2021 (Full-Time)

Transportation of Critically Ill Patients Dependent on Ventilators & with Sedation, Vasoactive & Anti-Dysrhythmic Titratable Medications Running; Experienced with: Vent Management, Intubations, Deep Suctioning, Pacing, Waveform Capnography, Arterial Lines & LVADs

Mayers Memorial Hospital — RN in ER

December 2018 - December 2020 (Per-Diem)

RN in ER (Relief ER Charge Nurse & House Supervisor, when needed) at a Remote Critical Access Hospital in the Sierras; Collaborated Closely w/ Providers in the ER & Mid-Levels on the Floor (Most of Whom Were Either Family Medicine/ GPs, and, or New Grads) to Provide the Best Possible Care in a Remote Setting with Few Resources & Specialists

Institute of Technology — LVN/PT Board Certified Instructor

December 2018 - February 2020 (Part-Time)

2nd Semester Clinical Instructor at Cal Park Rehabilitation Hospital, Arbor Post Acute Hospital & Red Bluff Health Care Center (for 3 Semesters) & 3rd Semester LVN Adult Medical-Surgical Theory Instructor (for 1 Semester)

Butte County Dept. of Behavioral Health — RN in Psych

Sept. 2015 - Nov. 2016 & Oct. 2018 - Sept. 2019 (Per-Diem)

Charge Nurse on the Crisis Stabilization Unit (2015–2016) and then Charge Nurse at the Psychiatric Health Facility (2018–2019); Admissions, Transfers, Discharges, Medication Reviews & Renewals, ICT Team Meetings, Riese'd Patients; Worked with all Types of Patients & Holds: 5150s, 5250s, 5270s, T-Con, Con, 1368s, 5585s, etc; Obtained CPI, Trauma Informed Systems & 5150 Hold Training, while working there

Colusa Hospital — RN in ER

December 2017 - March 2019 (Per-Diem)

RN in ER, at a Rural Northern California Hospital; Similar to Mayers Memorial in Terms of Types of Providers and Lack of Resources; Boarded ICU Patients Overnight in ER or Went on ALS Units to Provide CCT Level Care, When Flight (RN & EMT-P) Transportation was Not Available

CURRENT LICENSES & CERTIFICATIONS CONTINUED

PHN: Public Health Nurse License - CA BRN

NIHSS: National Institute of Health Stroke Scale - NIH

CPI: Nonviolent Crisis Intervention - CPI

ADL: Ambulance Driver's License - CA DMV

Nurse Manager Certificate -Sigma Theta Tau

Single Subject Teaching Credential. in: Biological Sciences, Social Studies & English - CCTC

Multi-Subject Teaching Credential: Primarily for Elementary K-5 - CCTC

CLAD Teaching Certificate: Cross-Cultural Language & Academic Development (for ESL & SDAIE) - CCTC

EXPIRED CERTIFICATIONS

NRP - Neonatal Resuscitation Program (exp.2020)

TNCC - Trauma Nurse Core Curriculum (exp.2018)

ENPC - Emergency Nurse Pediatric Course (exp. 2018)

ESI - Emergency Severity Index (exp. 2017)

ECG & Pharmacology Course
- AHA (exp. 2015)

Management of Assaultive Behavior -AB 508 (exp. 2015)

Kaiser Sacramento Medical Center — RN in ER

November 2016 - September 2018 (Part-Time)

RN II; Worked as a Critical Care, Ambi, PCRN, Triage & Stroke Team Nurse; Obtained Therapeutic Hypothermia (*Arctic Sun*) & Bio-Reactance Based Non-Invasive Cardiac Output Monitoring (*Cheetah/NICOM*) Trainings & Experience, NRP Certification & EJ IV Trainer Status, while working there

Oroville Hospital Medical Center — RN in ER

November 2014 - September 2016 (Full-Time)

Relief Charge Nurse, Radio Nurse/MICN, Triage Nurse, Precepted New Staff; Gained Advanced Experience with: Septic Shock, Exposure Injuries, Overdoses, Drownings, Venomous Snake Bites, RSIs, Conscious Sedations, Level 1 Transfusions, Anesthetic Wound Infiltration, EJ & US Guided PIV Starts & Obtained CEN & ESI Certifications while working there

Ventura County Medical Center — RN in ER

August 2014 - October 2014 (Full-Time)

RN in the ERs at VCMC's Main Campus in Ventura & Sister Facility in Santa Paula; Completed 3 Month ER Orientation, including Trauma Team Training; and obtained TNCC & ENPC Certifications while working there (Left to move to Northern California for Family Related Reasons)

Mission Community Hospital — RN in MS Telemetry, ER Technician & ER Charge Coordinator

August 2012 - August 2014 (Full-Time)

Registered Nurse: New Grad Residency Program in MS & Telemetry; Cross Trained & Floated to CCU/ICU; Gained Experience in Antidysrhythmic IVPB Medications, Central Line Placement & Care, Sedation Holidays, Vent Weaning, TPN, RRTs & Mega Codes; Obtained ACLS, PALS & NIHSS Certifications while working there as an RN

ER Charge Coordinator: Reviewed, Audited and Abstracted Charts for Leadership, Compliance and Medical Coding: Totaling Points & Assigning E&M Levels, Discovering and Correcting Missing Documentation, Reviewing Trends & Continuing Staff Education/ Training

ER Technician: EKGs, POC Testing, Wound Irrigation & Dressings, Crutch Training, Splinting & Orthotics, Snellen Tests, Eye Irrigation, BLS During Codes, Suctioning, Pacemaker Interrogation, Set Up and Assistance with Procedures: RSIs, Chest Tubes, Central Lines, Paracentesis, Lumbar Punctures, Laceration Repairs, Incision & Drainage, Joint/ Fracture Reductions, Cardioversions, etc.; Obtained AHA ECG & Pharmacology and Assaultive Behavior Management Certs while working there as an EMT

AFFILIATIONS

ASTNA - Air and Surface Transport Nurses Association (2021-Present)

AACN - National Association of Critical-Care Nurses (2020-Present)

NAEMT - National Association of Emergency Medical Technicians (2011-Present)

Civil Air Patrol, United States Air Force Auxiliary - 1st Lieutenant/ Health Services Officer (1985-Present)

California Department of Healthcare Volunteers, Butte County Unit - RN & EMT (2015-Present)

Benevolent & Protective
Order of the Elks, Chico
Lodge #423 (2003-Present)

PREVIOUS AFFILIATIONS

Sigma Theta Tau -International Nursing Honors Society (2013-2014)

Kern County Medical Reserve Corps - (2011-2014)

California Teachers Association - (1996-2010)

United Teachers of Los Angeles - (1996-2010)

Los Angeles Sheriff's Department Peninsula Emergency Response Team -(1996-1998)

Impulse Ambulance Company — *EMT & FTO*

November 2011 - July 2012 (Full-Time)

Interfacility Transports of: Dialysis, Bariatric, Psych, Pediatric, Dementia & General Medical Patients (and Vented Patients w/ RTs); Served as FTO and Lift Instructor; Obtained Los Angeles County's EMT Expanded Scope of Practice Certification while working there

Glendale Adventist Medical Center — Patient Transporter

August 2011 - November 2011 (Full-Time)

Patient Transporter and Lift Team Member; Transported all Types and Levels of Patients including ER, Critical Care, Telemetry, Med-Surg, Behavioral Health & Surgery; Worked in all Critical Care Areas on Lift Team; and responded to Code Strokes & RRT Responses for BLS Support

OTHER PROFESSIONAL EXPERIENCE:

Pacific Maritime Association — Casual Longshoreman

May 1998 - May 2014 (16 Years, Seasonal Per-Diem)

Dock and Ship Worker in the Ports of Los Angeles and Long Beach: UTR Semi-Tractor Driver, Crane Signal, Lasher, Swing/ Lash-Aloft, ForkLift Operator, Break Bulk, Steel, RoRo, Auto Ship Discharge Driver, Marine Clerk (Basic), Marine Clerk (Computer), Marine Clerk (Supervisor/Key)

Miraleste Recreation & Parks District — Board Member

January 1997 - January 1998 (Volunteer)

Appointed to Unfilled Seat & Completed Last Year, of 4 Year Elected Term; Attended Meetings, Considered & Made Proposals, Prepared Reports, Reviewed Budgets, Directed Salaried Staff, Addressed Legal Issues, etc.

Brookstone Retail Store — Assistant Manager

October 1995 - July 1996 (Full-Time)

Progressed from Retail Associate, to Assistant Night Manager, to Assistant General Manager, and from a Seasonal Temporary Location to a Permanent Regional Store, Over the Period of 9 Months; Learned a Great Deal about Retail Sales, Marketing, Leadership, Customer Service, Documentation, Human Resources, Progressive Discipline, Hiring, Termination, Inventory & Loss Prevention/ Shrinkage

LA City Department of Rec. & Parks — Operations Specialist

April 1994 - July 1995 (Part-Time)

Traffic Direction, Crowd Control and General Security for Cabrillo Beach and LA Harbor Park Golf Course; HAZMAT, CPR & First Aid Certs Required

K-12 TEACHING EXPERIENCE

Los Angeles Unified School District — High School Teacher

September 1999 - December 2010 (11.5 Years Full-Time)

Full-Time High School Social Studies & Biology Teacher, at San Pedro High School; Adjunct Duties Included: Chapter Chair UTLA, Co-Chairperson of School Based Management & Assistant Dean

Los Angeles Unified School District — Adult School Teacher

December 2006 - December 2009 (3 Years Part-Time)

Part-Time Saturday English Lab & Week-Nights Adult Independent Studies Instructor, at Harbor Occupational Center, in San Pedro

Los Angeles Unified School District — Outdoor Ed. Instructor

Summer of 1998 & Summer of 1999 (2 Summers Full-Time)

Full-Time Outdoor Education Marine Biology Specialist, at the Pt. Fermin Marine Outdoor Education School, Cabrillo Beach & Ft. MacArthur, San Pedro

Los Angeles Unified School District — Elementary Teacher

August 1996 - June 1999 (3 Years Full-Time)

Full-Time Upper Grade Elementary Teacher, at Towne Avenue Elementary School in South LA; Adjunct Duties Included Sylvan at School ELA Tutor, Alternate Chairperson of UTLA & Program Coordinator for LA's BEST

Los Angeles Unified School District — *Program Coordinator*

December 1996 - June 1997 (1.5 Years Part-Time)

Part-Time Coordinator of *LA's B.E.S.T.* Program: an After School Tutoring and Enrichment Program, at Towne Ave Elementary School, in South Los Angeles

Los Angeles Unified School District — Teacher's Aide

January 1993 - June 1994 (1.5 Years Part-Time)

Part-Time Teacher's Aide, at 15th Street Elementary School in San Pedro: 1 Semester of Kindergarten & 3 Semesters of Honors 5th/6th Combination Class

References Upon Request