**Ruthanne Markham (Formerly Wooten)**

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**Certifications/Licenses:**

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| --- | --- |
| Registered Nurse(License #: 95056485) | Registered Public Health Nurse(License #: 549435) |
| BLS, PALS & ACLS | Intra-Aortic Balloon Pump (IABP) |
| Burn Fluid Resuscitation Certified | Continuous Renal Replacement Therapy (CRRT) |

**Work Experience:**

**RN (Stress Tests)*: UC Irvine Ambulatory Clinics,* Tustin, Newport & Yorba Linda, CA** 4/2020-Present

Running echo treadmill and bicycle stress tests alongside the echocardiogram technicians and medical assistants. Starting IV’s and administering IV Definity. Managing patient symptoms and providing patient safety. Analyzing live 12 lead EKG’s and alerting MD’s or blocks and/or arrythmias or abnormal echo findings (wall motion abnormalities). Writing reports for the Cardiologists on Syngo and Mortora.

**RN (Cardiac Surgical Step Down)*: UC Irvine Medical Center,* Orange, CA** 4/2020-4/2021

Bedside nurse responsibilities include working with adult’s post CABG towards preparing them for discharge (managing chest tubes and post removal, ambulation, D/lining and blood pressure support. Also care for off service non-cardiac patients i.e. vascular, oncology, GI and OB patients. Care includes blood draws, IV and PO medication administration, wound care, discharges, trachs, JP drains, PCA’s, etc.

**RN (Adult/Pediatric Burn ICU)*: UC Irvine Medical Center,* Orange, CA** 11/2018-3/2020

Critical care job responsibilities involved working with burn patients administering medications, conducting hydrotherapy, providing proactive pain management, IV antibiotic administration, surgery prep, applying and maintaining splints and wound vacs. Staging burns. Providing fluid resuscitations to burn and septic patients. Assisting patients with ambulation, range of motion, compression glove use, and abductor Carter pillow use and placement. Maintaining tight temperature parameters for cooling blankets, bear huggers, ice baths and medications. Providing emotional and verbal support to both patients and their families during a time of high stress, self-esteem changes, and loss. Other tasks included working with overflow Surgical, Neuro and Medical ICU patients (and floated to those units). Managed ventilators for intubated and trach patients. Titrating gtts for sedation and blood pressure/heart rate management, wound care, administering blood products, maintaining spinal precautions with Aspen and Miami J collars, assisting with intubations, rapid responses and codes. Assisting with bedside procedures with MD’s (central and a-line placements, suture placements, etc).

**Work Experience Con’t:**

**RN (Adult/Pediatric Medical Surgical ICU)*: City of Hope,* Duarte, CA** 8/2018-6/2019

Critical care job responsibilities include assessment, admitting and discharging patients, establishing plan of care and involving family members in caring for ICU patients. Assisting with line placements, intubations and extubations. Transporting patients to and from CT, MRI and IR. Titrating gtts, wound care, monitoring seizure precaution patients, administering immunosuppresants & watching for toxicity. Participating in medical rounds, coordinating various multiple aspects of patient care (i.e. medications, labs, upcoming appointments, etc). Monitoring drain status/output, providing education to patients and families on new medications, treatments and disease signs and symptoms. Assisting patients get up to the chair and ambulating post-surgery and bone marrow transplant/stem cell transplant. Recovering and stabilizing newly trached, craniotomies, flap and septic patients. Floated to bone marrow transplant, med/surg, telemetry, pediatrics, ED and PreOp/PACU units.

**RN (Cardiovascular ICU): *Scripps,* San Diego, CA** 8/2016-8/2018

Critical care job duties included admitting rapid response patients from the floor and ED. Directly receiving fresh open-heart patients from OR (value replacements, CABG’s, etc). Working with patients on inhaled and IV Flolan, IABP, Rotoprone and CRRT. Monitoring and managing patients with Swan Ganz lines (shooting outputs, wedging and hemodynamic monitoring), hypothermia icy catheters, CVPs, chest tubes, surgical sites, arterial and central lines, cortraks, NGT’s, OGT’s, patients on ventilators (appropriately sedating and managing restraints), BIPAP, transvenous, temporary (Zoll) and epicardial pacemakers. Experience with tracheostomies, titrating gtts, assisting with bedside thoracentesis, bronchoscopies, intubations, extubations and line placements. Accompanying patients to CT, IR and MRI. Analyzing heart rhythms/EKG strips and 12 leads. Electrolyte replacements, IV medication piggybacks, ABG analyzing, assisting with unit codes, helping patients dangle and ambulating to the chair and around the unit while connected to multiple lines, tubes and gtts post op. Working as a team with MD’s, palliative care, respiratory and physical therapists, etc to create an appropriate plan of care for each patient. Prepping patients for OR, EP lab and Cath Lab.

**RN (Medical Surgical Telemetry): *Scripps,* San Diego, CA** 6/2015-8/2016

Job duties include using the nursing process i.e. gathered, assessed patient data, analyzed and addressed specific patient needs. Implemented and evaluated the plan of care and helped carry out treatment towards expected outcomes of patient healing. Worked collaboratively alongside the healthcare team to ensure optimal patient care. Analyzed EGK rhythms and discussed changes in rhythms with telemetry techs and MD’s. Provided patients with physical, emotional, social, and metal support. Prepped patients for procedures; i.e. paperwork, medications, organized transport, handoff reports, etc. Followed out MD orders i.e. administering medications, fluids and immunizations, sending labs, providing wound care, assisted with ambulation, etc. Reviewed lab results and informed MD’s with critical values. Confirmed all tasks associated with patient care are based on accuracy, patient appropriateness and are carried out in a safe manor. Advocated for patient’s needs while providing effective and clear communication with patients, staff and family members.

**Data Analyst: *Helping Hand Business Services,* Antioch & Arcadia, CA** 3/1/2003-Present

Data entry and analysis using Microsoft Excel, Word, Outlook and Access. Tracking corporate correspondence and maintaining public and private records. Maintaining professional, working relationships with attorneys, consultants, clients, and keeping confidentiality among all. Analyze, track and verify government documents and cost report appeals. Filing/organizing paperwork, computer files, office equipment. Answering phone calls, setting up conference meetings and calls. Creating and maintaining databases. Processing shipments, e-mail correspondence, general office work and upkeep.

**Education:**

***California State University Northridge:*** Bachelor of Science in Nursing. BSN received in 2014.

***University of La Verne:*** Master of Science in Child Life. MS received in 2014.

***Vanguard University*:** Bachelor of Arts in Psychology. BA received in 2008.

**Membership Information:**

* Member of the American Association of Critical-Care Nurses (AACN)
* Member of the Honor Society of Nursing, Sigma Theta Tau International (STTI)
* Member of the Bachelor of Science Nursing Student Association (BSNSA)
* Member of the PSI CHI National Honors Society in Psychology

**Volunteer Experience:**

* October 2014: Provided vaccinations for staff/volunteers at the Children’s Hospital LA Flu clinic.
* September 2014: Medical Student Volunteer for Care Harbor LA Healthcare Clinic. Provided nursing assistance in the vision clinic assisting optometrists and ophthalmologists.
* 2012-2016: Camp counselor for The Painted Turtle working with medically fragile children with various illnesses, i.e., rheumatic diseases, spina bifida, organ transplant, etc. Recreation leader and counselor for family weekend camps, one day camps and family holiday events.
* Summer 2012: Grief and bereavement camp counselor for Camp Erin working with junior and senior high school girls struggling with the loss of loved ones.
* May 2002-June 2006: Golden Hills Community Church’s Middle School Youth Group camps, conferences, lead support group meetings, choreographed dances for choir and events, etc.
* September 2004-November 2004: YWAM-Youth with a Mission AusLife Youth Program. Traveled around Australia providing public school seminars and small group meetings discussing with teens how to have healthy relationships, set boundaries, make good choices, set goals, etc.
* August 1999-May 2001: Golden Hills Community Church 2’s and 3’s Sunday programs.
* August 1999 to August 2002: Golden Hills Community Church HS Youth Group. Prepared, organized and facilitated children and youth programs for poverty-stricken families during summer outreaches to Arizona, Mexico and Brazil.
* June 1996-June 2002: Golden Hills Community Church camp counselor for Vacation Bible Schools and Hume Summer Camp for elementary school age children (grades 1st to 4th).