

# MEGAN FEDOTOV

Laguna Niguel, CA 92677

720-883-4438

fedotov.meganl@gmail.com

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## **EDUCATION**

- Accelerated **Bachelor of Science in Nursing** 2019  
*Regis University Loretto Heights School of Nursing, Denver, CO*  
*magna cum laude, Dean's list Honoree*
- Bachelor of Arts in Linguistics & K-6 Teacher Licensure 2010  
*The University of Colorado, Boulder, CO*  
Dean's List Honoree

## **EXPERIENCE**

- Labor and Delivery RN II at Miller Children's & Women's Hospital** December 2020-Present
- Recognizing patterns in FHR to guide independent nursing interventions for laboring mothers
  - Passionate caregiver of families experiencing bereavement and medical termination, including psychosocial and emotional support, dressing and presentation of demised baby, creation of mementos and keepsakes for families
  - Direct patient care of high risk obstetric patients including: OB hemorrhage response protocol and preparedness, participation in unit training of OB hemorrhage code preparedness and prevention, shoulder dystocia, hypertensive protocol, insulin drips, patients experiencing HELLP, early recognition of OB sepsis.
  - Monitoring c-section patients post-operatively in the Post Anesthesia Care Unit including fundal massage, assessment of clots and post-operative bleeding and continuous monitoring of vital signs to ensure patient stability, recovery and comfort
  - Patient advocate, developing therapeutic relationships with my patients and their families and as a labor coach and patient educator
  - Newborn assessment and assuming couplet care once mother and baby are stable
  - Team-player and effective communicator with providers, nurses, surgical techs and other staff
  - Completion of thorough documentation in the patient chart and the EMR including admissions, strip-charting, birth and death certificates and patient banding
  - Appropriate use and care of necessary equipment including external and internal monitors, wireless monitors, IVs, IV pumps, OB vacuums, Bakri, surgical instruments, hospital beds and stretchers, etc
  - Commended for creation of personal connections with each of my patients, chart accuracy, consistent adherence to all hospital protocols and effective team communication skills
- Labor and Delivery Nurse at Sky Ridge Medical Center** January- December 2020
- All of the above, in addition to:
  - Circulator nurse in the OR: leader of activities to ensure patient safety during a C-section from start to finish, including "time-outs," counts of surgical instruments, patient positioning and safety, maintaining sterile field, quantitative blood loss
- HealthONE Labor and Delivery Nurse Residency at Sky Ridge Medical Center** 2020
- 4 months of full time specialized labor and delivery direct patient care while paired experienced labor and delivery nurses
  - Immersive simulation training on obstetric emergencies such as obstetric hemorrhage, shoulder dystocia, hypertensive crisis, and OB sepsis
  - Completion of the AWHONN Perinatal Orientation and Education Course aimed at improving maternal and neonatal outcomes

## **CURRENT CERTIFICATIONS & TRAINING**

- Active Registered Nursing License in California 2020
- Neonatal Resuscitation Program (NRP) 2020
- AWHONN Intermediate Fetal Monitoring 2020
- Wishbone Foundation Bereavement Training 2019
- American Heart Association Advanced Cardiac Life Support (ACLS) 2020
- American Heart Association Basic Life Support for Healthcare Provider (BLS) 2020
- Birth & Beyond Baby Friendly Breastfeeding Course 2021

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## **TECHNOLOGY**

Proficient in the following EMR systems:

- EPIC, CPN, MEDITECH

## **ADDITIONAL CLINICAL EXPERIENCE**

*Sky Ridge Medical Center Labor & Delivery Senior Nursing Preceptorship* October 2019  
• 180 Clinical hours as labor nurse and circulator nurse while under the supervision of an experienced labor nurse

*Rose Medical Center Medical-Surgical Nursing II & III Clinical* March-September 2019  
• Complex management of up to 5 acute care and post-surgical patients  
• Applying knowledge of pharmaceuticals while safely administering high-risk medications  
• Preserve patient dignity while assisting patients with activities of daily living such as hygiene, meals, toileting, and dressing

*Denver Health, L&D and MBU Clinical* July 2019  
• Assisting mothers in the postpartum setting with post-delivery hygiene and bleeding care  
• Providing latching and breastfeeding assistance to new mothers and their infants  
• Infant assessments and administration of newborn medications  
• Care of feeder-grower patients in the NICU

*Denver Health Locked Psychiatric Unit, Mental Health Nursing Clinical* June 2019  
• Developing therapeutic relationships with patients experiencing a variety of psychotic symptoms  
• Active involvement in Milieu therapy and group therapies including cognitive-behavioral therapy and occupational therapy

*Children's Hospital- Pediatric Nursing Clinical* May 2019  
• Working with patients and families involved in Non-Accidental Trauma cases and involving social services  
• Management of complex neuro patients with multiple CSF drains at high risk for increased intra-cranial pressure  
• Seizure precautions and ensuring patient safety during seizures

*Spalding Rehabilitation, Geriatric Nursing and Rehabilitation Clinical* February 2019  
• Working with cross-disciplinary rehabilitation teams including physical therapy, speech therapy and occupational therapy to develop a comprehensive plan of care promoting optimal recovery for each patient

*Holly Creek Assisted Living, Long Term Care Clinical* January 2019  
• Assisting patients with feeding, dressing and hygiene  
• Reminiscence therapy and psychosocial and emotional support

## **COMMUNITY SERVICE**

*Saddleback Memorial Medical Center, Cardiac Nursing Unit volunteer* 2017 & 2018  
• Assistance with activities of daily living including feeding  
• Manage supplies, restocking patient rooms to ensure optimal availability for patient care

*Project Homeless Connect* 2019  
• Assisting the underprivileged to obtain access to medical services

## **OTHER EXPERIENCE**

*Student-Teacher (2nd Grade) Bradford Primary School in Littleton, CO* 2011  
• Significant experience working collaboratively with others toward measurable outcomes

*Student exchange to Osaka, Japan* 2006  
• Fluency in conversational Japanese  
• English as a Second Language (ESL) Teaching Assistant