

Amber Bourne, RN, BSN, CMRN

abournern@gmail.com

Houston, TX

Professional Summary

Bachelor's prepared Registered Nurse with eight years of nursing experience in large hospital environments, outpatient clinical, and home settings. My skillset includes eight years of acute hospital care of adult-geriatric population, three years of critical care (intensive care unit, emergency department, step-down, and post anesthesia care unit), six years of preceptorship/mentoring, and seven years of charge nurse experience. I have sharpened the ability to learn and adapt to a vast array of environments, while maintaining the ability to collaborate and impact a multi-disciplinary team. I am an initiative-taking collaborator focused on providing exceptional quality of care.

Education

Bachelors of Science in Nursing
Loewenberg School of Nursing/
University of Memphis
Memphis, Tennessee
May 2014

Licenses and Certifications

Registered Nurse:

Texas Board of Nursing
California Board of Nursing

BLS-Basic Life Support American Health Association

ACLS- Advanced Cardiac Life Support

NIH-Stroke Certified

CMRN- Certified Mobile Research Nurse

Experience

PCM Trials

April 2020-current

Per Diem Certified Mobile Research Nurse Houston, TX

- Travel to patient homes to conduct visits related to clinical drug research in a multitude of patient populations
- Administer medications via intravenous route
- Assess response to administered medications and for adverse reactions
- Ensure protocol is followed appropriately for phase of clinical trial
- Ensure patients are educated on pre, intra, and post procedure instructions to ensure quality of research
- Interview for appropriateness of patients and perform protocol specific assessments, as appropriate
- Review patient's medical history
- Collect urine and blood samples
- Participate in team meetings to ensure protocol compliance

Medely Staffing Agency

May 2021- current

Per Diem Registered Nurse Pre-op/ PACU Houston, TX

- Care for adult/ geriatric patients in ambulatory surgery settings
- Charge Nurse duties including orienting agency nurses to facilities and supplying supervision to ensure duties are appropriately performed.
- Aid with maintenance of staffing, during contracted assignments.
- Provide post operative care to patients post General Anesthesia, localized anesthesia, and moderate sedation
- Assist in care with patients during moderate sedation
- Help with regional blocks of patients pre and post procedure under moderate sedation
- Ensure proper consents, labs, and prepping of patients prior to anesthesia
- Educate patients and family on post op care and expectations of ortho/ surgical, plastic, and GI procedures
- Monitor for adverse reactions to anesthesia and post operative complications
- Aldrete Scale use to post operatively care for patients.
- Monitor, support, and or discontinue artificial airway for post operative patients
- Appropriately medicate patients for pain postoperatively and educate on pain interventions post procedure.
- Insert and maintain intravenous access
- Prepare patients for endoscopy procedures
- Insert intravenous line, administer preop medications
- Ensure consents are signed
- Administer and interpret blood sugar, urine pregnancy tests, and EKG's

- Appropriately label specimens related to endoscopic procedures
- Assist with endoscopy and colonoscopy procedures in surgical suite
- Recover patients post procedure
- Provide education to family and patients on post procedure instructions
- Ensure follow up appointments are made
- Call patients post operatively to assess for complications, over the phone, and respond accordingly to needs.

Nurse Choice Travel Agency
(Travel)Post Anesthesia Care Unit Registered Nurse
Stanford Hospital
Palo Alto, CA

Nov 2021- March 2022

- Provide care to adult- geriatric population pre and post vascular, neurological, spinal, ortho, GI, and post cardiac intervention procedures at Level one trauma center, 553 bed hospital during Omicron Covid Surge
- Assist with education and mentoring oncoming staff
- Monitor telemetry, cardiac drips, and lab values. Report and intervene, as necessary
- Monitor patient post general and conscious sedation.
- Covid testing and care of COVID population
- Ensure nursing assignments are appropriated with skill of staff during charge shifts.

Travel Registered Nurse
Intensive Care Unit/ Intermediate Care Unit
Kaiser Permanente - Panorama City, CA

June 2021- Oct 2021

- Provide care to adolescent-geriatric intensive care unit Covid population
- Maintain infectious disease control caring for COVID/ non-COVID population during delta surge
- Provide charge nurse duties, when needed
- Assist with critical response team on intermediate care unit
- Care for patients requiring various invasive/ non-invasive ventilator support
- Titrating vasoactive drips, as needed
- Administration and monitoring of care with patients requiring medically induced coma
- Care of patients during and post sepsis, cardiac arrest, and TPA administration
- Postmortem care and hospice care of critically ill patients with covid diagnosis

Curative Staffing Solutions
Covid Vaccination Registered Nurse
Houston, TX

Dec 2020-June 2021

- Administer covid vaccinations to adolescent and adult patients via drive through clinic
- Assess for complications post vaccination
- Monitor considerable risk patients for complications
- Educate patients in community settings about covid vaccinations methods
- Provide education and monitor patients post administration of covid vaccination

**Houston Methodist
Surgical Liver/ Transplant ICU Registered Nurse
Houston, TX**

June 2020- Dec 2020

- Provide patient care in a busy ICU unit specializing in serving liver transplant patients and post-surgical patients.
- Assist with emergency intubation, trach, and emergent procedures.
- Administer blood products including cryo, fresh frozen plasma, plates, and blood products to critically ill patients.
- Monitor patients requiring various forms of mechanical ventilation
- Administer, monitor, and assess patients requiring CRRT
- Insertion and maintenance of Dobhoff and Nasogastric tubes.
- Maintenance of bridging of feeding tubes
- Setup, maintenance, and monitoring patients requiring various tunneled and non-tunneled CVC catheters. Setup and maintenance of arterial lines, PA catheters, Cordis, and concurrent intravenous therapies
- Titration of vasopressors
- Management of spinal epidural pain management pumps
- Administration of tPA
- Management of patients requiring paralytics and sedatives.
- Management of BIS Monitor and tens
- Management of patients with multiple chest tubes.
- Hemodynamic monitoring of patients
- Management of patients requiring Swan Ganz catheter
- Administration of EKG
- Management of multiple drains including Jackson-Pratt, percutaneous, pen rose, Abramson drain, and hemovac
- Management of critically ill patients requiring interventions related to sepsis complications and end of life care .
- Management of insulin drip

**Crossroads Hospice
Per Diem Hospice Case Manager
Houston, TX**

June 2019- July 2020

- Constructed education manual to streamline onboarding education for oncoming nurses.
- Facilitated mentoring/ preceptorship of oncoming staff through use of education manual
- Provide care to patients with end of life comfort needs
- Educate families and update plan of cares weekly with changing hospice needs of the patient and families
- Coordinate plan of care with families and interdisciplinary team to ensure 24/7 appropriate care is being provided.
- Assess patients for decline, and implement interventions for comfort

- Foley catheterization, drain ascitic fluid, administer comfort medications, and coordinate intervention of disciplinary team to meet the needs of the patients.

**Memorial Hermann
Per Diem Central Staffing Registered Nurse
Houston, TX**

June 2018-June 2020

- Float to multiple facilities in the Memorial Hermann system to provide patient care to adult-geriatric population in Pre-op/Post op, Surgical Post op, Rehab, Medical ICU, Acute Neuro, IMU, Emergency Department Holding, Telemetry, Occupational Health (n-95 fit testing), COVID-19 telephone triage, Covid testing, Medical-Surgical, and telemetry settings at multiple campuses within Memorial Hermann system.
- Mentoring/ preceptorship of oncoming registered nursing staff
- Perform charge duties, as needed
- Administer IV, IM, sub-q injections, parenteral and enteral feedings tube management.
- Perform intermittent catheterization/ foley catheterization
- Insert, assess, and maintain intravenous peripheral lines
- Assess, and maintain central catheters, PICC, and midlines
- Insert nasogastric tubes as needed
- Assess and monitor telemetry strips
- Assess and maintain arterial lines/ CVP
- Assess and maintain Transducer, venovascular access lines, and TPN.
- Prepare patients prior to surgery including performing chg baths, witness surgical consent, and evaluating labs prior to surgery
- Monitoring patients post cardiac catheterization, laparoscopic procedures, joint replacements, and various bariatric procedures
- Assess and maintain wound vac and implement dressing changes as needed
- Administer covid testing to employees
- Triage employees for covid testing
- Implement telephone triage to public.
- Coordinate safe transfer into the hospital for possible covid positive patients

**DaVita Kidney Care Group
Peritoneal Dialysis Registered Nurse
Houston, TX**

June 2017-June 2018

- Educate ESRD patients on performing independent home based peritoneal dialysis
- Assess for appropriateness of dialysis.
- Maintain peritoneal dialysis program at based facility including ensuring staffing, inventory, state required documents, and facilitate scheduling of monthly doctor's visits/ other required visits for peritoneal dialysis patients.
- Float to neighboring facilities to assist with needs
- Assess home environment, as needed, for safety concerns

- Draw monthly pertinent labs. Evaluate and report variances to nephrologist
- Administer urgent start peritoneal dialysis for premature catheters
- Assess dialysis access and educate patient and family on maintenance of access in home setting
- Maintain inventory on in office and patient supplies as needed.
- Coordinate biweekly IDT meetings for ongoing care of patients
- Coordinate patient family conferences as needed to maintain patient safety while dialyzing in the home setting
- Trouble shoot Fresenius and Baxter peritoneal dialysis machines
- Coordinate monthly clinic visits with nephrologist and patients
- Educate and train patient and/or family members to perform peritoneal dialysis at home (CCPD/CAPD)
- Provide ongoing education regarding disease process and reviewing procedures for administering dialysis in the home setting
- Review, implement, and transcribe physician orders with use of company policy and procedure
- Develop and implement individualized plans of care.
- Evaluates patient progress and prepare and coordinate transition to kidney transplant, hospice, and or transition to hemodialysis
- Coordinate care with infectious disease experts during need of complicated peritoneal dialysis catheter infection cases.

Nurse choice Travel Nursing Agency
Travel Registered Nurse Post-Anesthesia Care Unit
Kaiser Permanente-Downey, CA

March 2017-May 2017

- Perform nursing care for patients of PACU and oncology unit. Monitor patients post anesthesia for signs/ symptoms of decline
- Assess patient's need for discharge or admit to hospital post anesthesia
- Perform bladder scans and intermittent catheterization as needed
- Monitor patients on telemetry
- Perform nursing care for stroke/ neuro adult population
- Assess patients on telemetry with NIHHS stroke scale every 4 hours
- Monitor patient's post neurological surgeries, stroke, and intracranial hemorrhage
- Monitor patients on vasoactive drips

Nurse choice Travel Nurse Agency
Neuro Stepdown/ Telemetry Registered Nurse
Methodist Hospital-Memphis, TN

June 2016- April 2017

- Assess and monitor patients post TPA administration x24 hours utilizing NIHHS stroke scale
- Assist with charge nurse duties, as needed
- Assess, monitor, and titrate vasoactive medications, heparin drips, anti-arrhythmic, vasopressors, insulin drips, and sedatives
- Ensure care for patients with neurologic diagnosis
- Administer medication via intravenous, picc line, and central line catheters

- Assist with care of patients require mechanical ventilation (CPAP, BiPAP)
- Assist with care of patients involving EKG monitoring, PD catheters, foley catheters, NG tubes, G-tubes, and post-op care

**Jackson Nurse Professionals Agency
Travel Registered Nurse Orthopedics/ Post-op**

Mar 2016-May 2016

- Assess, monitor, evaluate, and treat patients post orthopedic surgeries
- Assist with preceptorship of oncoming agency nurses
- Manage and discontinue hemovac and Jackson Pratt drains
- Assess and monitor patients in use of CPM machines
- Prep patients for surgery, monitor labs, and monitor patients post op for complications
- Monitor neurovascular status, assist with casting, and continuous motion therapy
- Perform dressing changes as prescribed
- Assist with mobility and functionality post surgery

**Baptist Memorial Hospital
Preop/ Post-op/ Emergency Department Registered Nurse**

June 2014- March 2016

- Assess and monitor patients post gastric bypass, multiple abdominal surgeries (open and laparoscopic), and TURP procedures
- Provide care for patient population of neonate- gerontology
- Insert and maintain multiple intravenous lines
- Access and de-access port a cath
- Assist with emergency intubation, insertion of arterial line, and central lines
- Assist with insertion of central lines
- Assist with conscious sedation
- Assess and triage patients
- Assist with cast/ splinting of extremities
- Administer and monitor vasoactive intravenous drugs
- Monitor patients on telemetry
- Perform and assess EKG's
- Assist with moderate sedation
- Access port a cath
- Coordinate safe care of patients with infectious diseases
- Insert foley catheters in critically ill patients
- Monitor and administer vasopressors
- Monitor critically ill patients
-
- Insert nasogastric tubes
- Administer TPN and parenteral nutrition to patients with feeding tube
- Insert and maintain peripheral intravenous access
- Prepare patients prior to surgery including witnessing consent, inserting foley catheter, assessing labs, and providing CHG bath
- Educate patients on preventing post op complications

- Educate patients on use of incentive spirometer
- Assess and maintain chest tubes
- Coordinate safe care of patients with infectious diseases
- Insert and maintain rectal tubes
- Assess patients for sign/symptoms of complications post surgery.
 - Telemetry monitoring

REFERENCES Available upon request