**SARAH HART**

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# Professional Summary

Energetic, ambitious, and works well individually with minimal supervision or as part of a team. Highly motivated and dedicated professional with over sixteen years of successful medical/surgical experience. Communicates effectively with patients, family members, physicians, administrators, and co-workers. Decisive, analytical, and creative; able to problem solve in an ever-changing environment. Experienced team member who is comfortable training, supervising, or collaborating.

# Skills

Critical thinking Discharge planning Infection control Invasive procedures Patient care

Plan of care Wound care Health screening

Medication administration Patient and family advocacy Preventative health

Staff supervision

Professional bedside manner Lab result interpretation Family education

Physical assessments

# Work History

## Registered Nurse

**Regional SurgiCenter** – Moline, Illinois

07/2020 to 04/2021

Interviewed patients to obtain consent and record drug allergies prior to pre-procedure drug administration

Recorded incoming patients' vital signs and current medication details in electronic charts Evaluated patient histories, complaints and current symptoms

Set up endoscopy suites with equipment and supplies needed for procedures Prepared patients for procedures by measuring vital statistics and applying necessary monitoring equipment

Facilitated patient discharge by preparing equipment, educational materials, and pharmaceutical supplies

Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches

Complied with infectious disease measures to reduce spread of COVID-19 between patients, families, and medical personnel

Performed pre-procedure nasopharyngeal swabs for COVID-19 testing Oversaw in-person and curbside patient registration and processing

## Registered Nurse

**Davenport Community School District** – Davenport, Iowa Performed health screening for students and faculty

08/2018 to 07/2020

Served as a liaison between families, school personnel and other healthcare providers on behalf of students

Developed care plans and made referrals as necessary for students with health concerns or injuries

Oversaw health services for school of approximately 650 students and faculty

Provided medical consultations to other school personnel to promote well-coordinated school health and safety efforts

Implemented care plans for patient treatment after assessing physician medical regimens Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping students regain or improve coping abilities to prevent further disability

Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches

Administered different therapies and medications in line with physician orders and treatment plan

## Registered Nurse

**Unity Point Health** – Bettendorf, Iowa

04/2013 to 07/2018

Performed postpartum assessments and provided care and education during the post delivery period

Educated parents on newborn care essentials such as: feeding, bathing, diapering, swaddling, calming, and stimulating baby

Assessed, intervened, and documented problems to ensure the highest degree of wellness for mothers and infants

Assisted doctors with surgeries and non-invasive procedures, such as circumcisions Developed patient care plans including assessments, evaluations, and nursing diagnoses Identified and met patient's psychological and emotional needs

Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches

Assessed, evaluated and cared for neonate and pediatric patients within the Maternal Child Division

Administered medications and fluids and checked vital signs on critically ill newborns when floating to Level II NICU

**Registered Nurse** 03/2012 to 04/2013

**Unity Point Health** – Rock Island, Illinois

Worked in the Ambulatory/Same-day surgical setting

Performed admission assessments, collected the patient's medical history, and initiated patient teaching

Started intravenous lines, administered preoperative medications, and escorted the patient to the operating room

Managed care for post-operative patients through discharge Closely monitored acute conditions

Assisted doctors with bedside surgeries and non-invasive procedures

## Registered Nurse

**Unity Point Health** – Rock Island, Illinois

08/2011 to 03/2012

Collaborated with physicians to determine appropriate plan of care for critically ill patients in the Medical Intensive Care Unit

Utilized critical thinking skills to implement patient care plans and to anticipate patient needs Assisted the physicians at bedside with procedures such as: insertion of central lines and chest tubes, intubation, and thoracentesis

Administered medications, blood products, and bedside sedation Performed lab tests and communicated results to the appropriate physician Served as an advocate for patient's and family's needs

## Registered Nurse

**Genesis Health System** – Davenport, Iowa

01/2008 to 08/2011

Provided immediate care to postpartum patients following the birthing process Performed basic physical assessments of newborns and infants

Educated new mothers and fathers on how to care for their infant, including instructions on: breastfeeding, bottle feeding, bathing, cord care, and circumcision care

Developed patient care plans including assessments, evaluations, and nursing diagnoses Promoted patient and family centered care to meet the needs of mother and baby Assessed and promoted maternal infant bonding

Initiated discharge planning and provided teaching for patients and families

## Registered Nurse/Charge Nurse

**University of Iowa Hospitals and Clinics** – Iowa City, Iowa Charge nurse on Mother-Baby and Antepartum Unit Effectively managed clinical oversight for 28-bed unit Delegated staff nurse duties

07/2005 to 01/2008

Performed basic physical assessments of newborns and infants, as well as, high-risk antepartum and postpartum patients

Developed and implemented nursing care plans

Instructed patients and family members on proper discharge care

Effective in providing appropriate referrals for further evaluation and intervention

## Registered Nurse

**Genesis Health System** – Davenport, Iowa

07/2004 to 07/2005

Provided primary care, assessment, and evaluation of high risk patients in the Emergency Room setting

Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment

Liaised between patients and physicians to facilitate care plan(s) and health relationships Closely monitored acute conditions

Performed procedures including: IV's and catheter insertion, medication administration, injections, wound care, and dressing changes

Documented patient information obtained from interviews Followed infection control procedures

Ensured HIPAA compliance

# Education

**Bachelor of Science**: Nursing

**Allen College** - Waterloo, IA

12/2003