**Janice O. Parks BSN, RN**

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**SUMMARY**

Dedicated, patient-focused, and compassionate Registered Nursewith 16+ years of experience and proven expertise in acute care, outpatient multi-specialty clinic, staff development, and family advocacy, seeking a position with Medical City to utilize diverse experience to contribute to the total well-being of patients and support the long-term goals of the organization.

**EXPERIENCE**

Pre-Op Nurse November 2018 - Present

Scripps Mercy Chula Vista Hospital; Chula Vista, CA

* Independently performs Presurgical Evaluations for all Elective Surgical patients via phone call or in person/face to face visits.
* Prepares up to 24 patients scheduled for elective surgeries and procedures as a team daily.
* Completes comprehensive head to toe assessments, medication reconciliation, reviewing medical history and physical both from patient and medical records completed by the Primary Care Physician, Surgeon or any specialist such as Cardiac Clearance.
* Communicates with Surgeon’s office for any missing doctor orders, medical history & physical notes prior to day of surgery to prevent any delays.
* Administers ordered pre-op medications and starts IV access documenting level of care to patient in electronic medical record on day of surgery.
* Reviews/witnesses Consent for Surgery and Risk of Anesthesia with patient.
* Ensures required lab testing complete prior to surgery and review results for abnormalities.
* Explain post-op instructions and applicable plan of care to patients and family members.
* Checks vital signs, height and weight, allergies, and verifies patients family/ride home contact information.
* Experienced super user of EPIC software able to instruct proper utilization of program to complete required patient documentation.

Charge Nurse / Registered Nurse August 2015 - November 2018

Scripps Mercy Clinic, San Diego, CA

* Performed rotational Charge Nursing duties in a multispecialty clinic performing resource utilization management to deliver exceptional patient care.
* Applied critical thinking in various scenarios, coordinated or independently respond with appropriate level of care.
* Served as primary resource during build and execution of EPIC system workflow for Coumadin clinic.

Charge/Resource/Staff Nurse June 2006- August 2015

Scripps Mercy San Diego Hospital- Medical Acute/Telemetry Unit San Diego, CA

* Performed Nurse duties in Medical Acute Telemetry Unit with 47 beds.
* Responsible for the acute care and treatment of adolescent to elderly patients with the utilization of evidence-based practices to consistently maintain the highest quality care for patients from diverse populations and background.
* Delegates care appropriately to other nursing caregivers based on level of competence, job description and scope of practice and provide appropriate supervision for that care.
* Treated and monitored patients with chronic and acute health problems such as arrythmias, asthma, COPD, and Pneumonia.
* Served as chairperson on pressure ulcer committee implementing procedures to reduce and eliminate hospital acquired pressure ulcers (HAPU).

Staff Nurse November 2005- June 2006

Sharp Chula Vista Medical Center- Medical Orthopedic Unit San Diego, CA

* Provided care in 20 bed Orthopedic unit according to care plan for peri-operative patients through discharge.
* Handled patient care while addressing all aspects of medical and surgical treatment, teaching, wound care and discharge needs.
* Assisted patients to ensure safe bathing, dressing, feeding, lifting and transferring.

Registered Nurse December 2004- June 2006

Paradise Valley Manor and Health Care Center San Diego, CA

* Coordinate residents care and needs by collaborating with the care team such us Physical /Occupational Therapist, Case Manager, Social Worker.
* Report to Attending Physician patient needs, care plan, and changes in medical condition.
* Administer medications orally, intravenously.
* Treats wounds performing dressing changes as needed.

**LICENSURE & CERTIFICATIONS**

Texas Board of Nursing Temporary Nursing License #1029795 Current - June 2021

(Permanent License application In Process)

California Board of Registered Nursing License # 668503 Current - October 2021

Basic Life Support for Health Care Providers (BLS) Current - August 2022

ACLS- in process (Certification scheduled for February 27, 2021)

**EDUCATION**

Bachelor of Science Degree in Nursing (BSN) Angeles University Foundation

Angeles City, Philippines

Date of Graduation: April, 2004