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# Tamara Solis

## Professional Summary

Dedicated nursing professional with 16 years of experience in providing compassionate patient care to individuals in both long term care and clinical settings. Proven talents in [geriatrics](#) and [pain management](#). Proficient in cultivating positive relationships with patients and caregivers to implement patient care objectives. Dependable healthcare team member with sound judgment, excellent clinical abilities and smooth bedside manner. Track and chart vitals and other markers to help patients, support team treatment goals and boost outcomes.

## Work History

### Advanced Pain Management - Licensed Practical Nurse

Madison, WI

06/2014 - Current

- Observed and reported patient condition, progress and medication side effects to accurately document updates
- Updated patient charts using [NexGen](#) with data such as medications to keep records current and support accurate treatments
- Collected urine specimens and prepared for lab testing
- Inserted IVs
- Precepted student nurses and oriented new hires, providing guidance and mentorship when teaching on facility policies, emergency procedures and nursing best practices
- Trained new hires, providing direct supervision, ongoing staff development and continuing education to employees
- As a medical scribe, documented complete information about examinations, treatment plans, lab results and other details directly into charts
- Stayed on top of current patient loads to facilitate efficient and organized workflow

### Attic Angel Place - Licensed Practical Nurse

Middleton, WI

09/2003 - 04/2014

- Used aseptic techniques to provide sterilized wound care and dressing applications
- Administered routine and PRN medication, controlled narcotics, and performed catheterizations

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Madison, WI 53718

## Skills

- Direct patient care
- Patient privacy
- Charting and clinical documentation
- EMR / EHR

## Education

12/2019

### Madison Area Technical College

Madison, WI

**Associate of Science:** Registered Nurse

07/2003

### Madison Area Technical College

Madison, WI

**1-year Technical Degree:** Practical Nursing

06/1998

### West High School

Madison, WI

**High School Diploma**

## Certifications

- CPR certified through American Heart Association

- Assisted with admissions, appointments, transfers and discharges
- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals
- Answered incoming phone calls from patients, family members, and providers to provide basic assistance and triage medical concerns
- Monitored and tracked patient vitals in [ECS](#) to keep team informed of changing conditions