**Jessica Roles**

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386.320.8121

**Objective**

Seeking a position as a Registered Nurse in an inpatient setting that provides care to adult patients in an ICU step down level of care.

**Skills**

* Quick learner, efficient problem solver
* Reliable, timely, able to multitask well
* Valuable Team member

**Experience**

* **Registered nurse- Heroes' Mile Recovery Center**
* **03/2020- present**
* Medication administration
* Physical assessments
* Facilitation of nursing groups related to substance abuse/ mental health education
* CIWA/COWS assessments on all detoxing patients
* Recording vital signs
* Close cooperation with physicians
* Close cooperation with recovery techs
* Suicide risk assessments

 **Registered Nurse- Halifax Health Medical ICU**

 **06/10/2019- 04/2020**

* Life support, hemodynamic monitoring, mechanical ventilation
* Thorough physical and neurological assessments
* Sterile procedures, IV medication administration
* Anticipation of patients needs and close cooperation with physicians
* EMR charting

**Group Leader- Serenity Springs IOP, New Smyrna Beach**

06/2017- 05/2019

* Facilitating groups at IOP level of care for clients who have completed Inpatient drug and alcohol treatment.

 **Caregiver- Private Home, New Smyrna Beach**

05/2018-02/2019

* Provided companionship and care to Alzheimer’s patient in her home
* Assisted with ADLs, meals, and medication monitoring

 **Caregiver- Private Home, New Smyrna Beach**

03/2017-05/2017

* Total care for bed bound hospice patient
* Provided meals, toileting, bathing, and companionship

 **Recovery Assistant- Darryl Strawberry Recovery Center, Deland, FL**

02/2016- 03/2017

* Vital signs and Q30 documentation on all patients in 43 bed facility
* Facilitation of patient groups
* Intake and discharge procedures
* Exposure to Utilization Review and pre certification of patients

**Education**

Daytona State College, Daytona Beach, FL

Associate Degree of Nursing- May 2019

**Student Clinical Experience**

**Nursing care of older adults** Long term care- Coastal Health & Rehab Center

**Nursing Care of Adults** Medical Surgical floor- Florida Hospital Fish Memorial

**Labor and Delivery Nursing Care**- Florida Hospital Memorial Medical Center

**Pediatric Nursing care**- Florida Hospital Memorial Medical Center

**Nursing care of Adults**- CIC unit Halifax Hospital

**Mental Health Nursing-** Stewart Marchman

* Participated on a health care team to plan and provide safe care to patients
* Conducted head to toe assessments
* Assessed and Monitored patient status and provided personal care
* Administered medications as ordered by the physician
* Evaluated patient knowledge and provided education as needed
* Promoted a supportive environment for patients and their families

**Organizations**

* Alpha Delta Nu Honors Society
* Florida Nursing Students Association

**Certifications**

**Basic life support**

**Advanced Cardiovascular Life Support**

**References**

Kristen Nilsen, RN

Heroes Mile Recovery Center

603.509.6302

Kathleen Stanton, CAC

Serenity Springs Recovery Center

973.934.5553

Chris Tunkus, LMT

Wilton Manors Massage- Owner

954.258.8779