

Samara R. Pittman

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OBJECTIVE:

To provide holistic health and healing to women in a health setting where I can utilize and expand my nursing skills and knowledge. To develop my care so as not only aid a patient through significant life events, but to empower and embrace them through the transition.

LICENSURE AND EDUCATION

Indiana Board of Nursing Compact License # 28260338A

June 2020

Marian University, Indianapolis, IN

Jan. 2019-May 2020

Accelerated Bachelor of Science in Nursing

- Overall GPA: 3.9/4.0

Grove City College, Grove City, PA

Aug. 2012- May 2016

Bachelor of Science in Biology / Bachelor of Science in Psychology

- Overall GPA: 3.9/4.0
- Summa Cum Laude
- Dean's List with High Distinction

PROFESSIONAL EXPERIENCE

Ascension's Carmel St. Vincent-Carmel, IN

Registered Nurse – Labor and Delivery Unit

June 2020-Present

Managed high-risk deliveries and recoveries including: preeclampsia,HELLP syndrome, gestational diabetes, multiple fetuses, preterm deliveries, placental abruption, and postpartum hemorrhages. For a bed unit. Performed frequent vaginal exams and provided comprehensive care to postpartum patients through pain management, education, breastfeeding support, and infant care such as newborn assessments, hearing screen, CHD screen, newborn screen, collecting bilirubin levels, assisting in circumcisions, and giving initial bath.

- Showed clinical skills in providing long term care for antenatal patients and triaging laboring patients.
- Displayed critical thinking by circulating in OR for caesarean deliveries and recoveries in PACU.
- Collaborated and assisted physicians with the insertion of IUPCs, FSEs, and foley balloons
- Showed adaptability and composure under pressure during emergency situations such as emergent cesarean deliveries, shoulder dystocias, neonatal resuscitation and postpartum hemorrhages.
- Demonstrated compassion in situations of intrauterine fetal demise in providing encouragement, resources, and appropriate literature for patients.
- July 2020-expected July 2021: Participated in Ascension's New Graduate RN year long residency program to enhance basic nursing skills through classes on evidence-based maternal-child care, compassion fatigue, medication administration, IV insertions, central line dressings, and participation in simulations. during the transition from a new graduate to experienced nurse.

Verve Health- Carmel, IN

Health Educator

March 2020-June 2020

- Performed health screenings for state employees by collecting blood pressures, blood samples, and educating patients on basic health measures to improve their overall well-being
- Served during the Covid pandemic by screening individuals for illness upon entry to work

Oak Street Health, Indianapolis, IN

Clinical Informatics Specialist (CIS) and Senior Scribe

Feb 2018-Jan 2019

- Assisted medical providers in implementing excellent patient care by scribing patient visit notes, placing orders, referring patients to outside clinics, organizing billing for insurance, and managing incoming medical records
- Trained and managed newly hired CISs during patient visits and in their understanding of the EMR
- Lead organization in patient completion of preventative health measures such as mammograms, DEXA scans, and colonoscopies
- Worked alongside the only NP at that clinic who performed vaginal examinations and pap smears for women

ACTIVITIES AND AWARDS

Andrew S. Korim Family Heritage Endowment

May 2015

- 1 of 2 students selected for \$8,000 scholarship
- Merited for a study demonstrating how psychological levels of self-compassion impact the health and well-being of the

elderly

Grove City College Women's Varsity Soccer Team

Mar. 2013 – Nov. 2015

- Scholar Athlete Award; Second Team All-Conference; nominated for All-Regional Scholar Athlete

Omicron Delta Kappa

Oct. 2014 – Present

- National Honorary Society; Selected based on GPA and leadership skills

Mortar Board

Mar. 2015 – Present

- National Honorary Society; Selected based on GPA, volunteer, and leadership experience

Research Assistant under a professor of Psychology

Jan. 2015 – May 2016

- Published 2 innovative journal articles in *Journal of Social and Personal Relationships* and *Journal of Adult Development*
- Designed and administered an experiment with statistically significant results using a sample size of 100 students
- Responsible for researching, organizing, and analyzing statistical data using SPSS programming

Biology 202 Laboratory Preparation Assistant

Aug. 2014 – May 2016

- Calculated and created pH solutions and other solutions, diluted and calibrated enzyme solutions, made and plated agar
- Onboarded new professors in understanding lab set-ups and design

LEADERSHIP EXPERIENCE

Family Weekend, Grove City, PA

Nov. 2014 – May 2016

Jr./Sr. Chair of the Recognition Convocation

- Communicated with over 100 professors, administrators, and employees of Grove City College to organize annual event
- Coordinated hundreds of emails and event details
- Instructed and collaborated with superiors including the dean, department chairs, and the president

Grove City College Women's Soccer Team

Mar. 2013 – Nov. 2015

Member of Leadership Group (2015)

- Demonstrated team leadership by being selected as 1 of 5 members to serve the team through conflict-resolution and innovative ideas for team flourishing both on and off the field
- Collaborated weekly with the coach and 5 other members on the team to discuss the physical, relational, mental, and spiritual status of the team; led a weekly accountability group

Volunteer

- Lead soccer clinics for youth in both USA and South Africa; participated in soccer scrimmage and activities for inmates at Victor Vester prison in Cape Town; cooked at a women's shelter in Pittsburgh; volunteered as a camp counselor for Indianapolis youth; contributed to various service projects as a member of Mortar Board; assisted with multiple youth retreats; serve in children's ministry at a local church; participate in a local food pantry through purchasing necessities, assembling kits, packaging boxes, delivering supplies, and serving food to local individuals and families in Indianapolis.

CERTIFICATION AND SKILLS

- Certifications: BLS, NRP
- Electronic Health Record Experience: Epic, Sunrise Clinical Manager, Centricity, and Greenway
- Equipment: Pyxis Medication System