**Meheza Tchedie Pannla**

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**EDUCATION**

* **UWM (University of Wisconsin Milwaukee):**

*Bachelor of Science in Nursing and Minor in Chemistry, Graduated Magna Cum Laude (Honor graduate):* May 2020.

**CLINICAL & PROFESSIONAL EXPERIENCE**

* **Aurora St. Luke’s, Milwaukee, WI**

*Registered Nurse, Surgical ICU,* June 25th to Present

*Graduate Nurse, Surgical ICU,* 28th May 2020 to June 25th

*Nurse Extern II, Surgical ICU,* January 2020 to 22nd May 2020

* Continuously assess critically unstable patients and monitor laboratory data results and determine the need for an emergent intervention.
* Continuously assess clients' conditions, plan and implement appropriate care plans
* Assist physicians and nurse practitioners with bedside procedures such as paracentesis and thoracentesis.
* Continuously monitor ventilators, telemetry monitors, and infusion pumps.
* Perform bedside procedures such as nasogastric tube insertions, intravenous line insertions, central line site care and dressing changes, wound dressing changes.
* Monitor clients' arterial and central venous pressure.
* Monitor patients with Swan-Ganz catheters
* Perform blood transfusions, and electrolyte supplementation based on laboratory values.
* Titrate vasoactive drips and insulin in clinically unstable patients.
* Assess and care for patients with abdominal surgeries (liver, kidney, pancreaticoduodenectomy) and amputations to ensure they are hemodynamically stable.
* With the collaboration of the interdisciplinary medical team, determine the need of patients to be transferred to step-down units.
* **WIARNG (Wisconsin Army National Guard), Milwaukee, WI**

October 2014- Present.

* Provided medical care to patient by measuring and monitoring vital signs, treating different types of shocks, and perform routine and trauma patient assessments., July
* Provided intravenous access and medication administration intravenously and intraosseous and administer intramuscular and subcutaneous injections.
* Provided airway management in emergency situations with techniques and procedure such as inserting oropharyngeal airways (OPAs) and nasopharyngeal airways (NPAs), performed surgical cricothyroidotomies if indicated, ventilate patients with a bag-valve mask (BVM)
* Provided emergency care to patients in trauma situations such as initiate a treatment of an open abdominal wound, management of impaled objects, and performing needle chest decompressions.
* **Lasata Care Center, Cedarburg, WI**

*Certified Nurse Aide,* February 2015 to May 2020

* **Oak Park Place, Wauwatosa, WI**

*Certified Nurse Aide,* Oct. 2013 –Feb. 2015.

Certified Nurse Aide tasks performed are the following:

* Assist patients with activities of daily living (dressing, ambulating, toileting, eating, grooming, oral care and bathing) in a culturally and sensitive manner.
* Monitor patients’ vital signs using both manual and automatic devices.
* Follow wound and skin care procedures to prevent skin breakdown and pressure ulcers and report any changes to the nurse and take immediate action by frequently repositioning patients to decrease skin breakdown and pressure ulcers.

**LICENSES AND CERTIFICATIONS**

* Registered Nurse
* Certified Nursing Assistant
* Cardiopulmonary Resuscitation
* Basic Life Support
* Emergency Medical Technician
* Institute for Healthcare Improvement certificates: Basic Certificate in Quality & Safety (16.25 hours of nursing continuing education on patient safety, quality improvement, patient centered care and leadership to support improving care)
* Lean Six Sigma White Belt

**PROFESSIONAL MEMBERSHIPS**

* Sigma Global Nursing Excellence
* Graduate Nursing Student Academy

**MILITARY TRAINING AND OTHER ACHIEVEMENTS**

* **Basic Leader Course:** Camp Behring, Kuwait from 3rd December 2018-21st December 2018.
* **Emergency Medical Technician Certification and Healthcare Specialist Course:** Fort Sam Houston, Texas. August 10th, 2015 to November 25th, 2015.
* **Basic Combat Training Course, Class #54-15:** Fort Sill, Oklahoma. June 2015-August 2015.
* **UWM Senor Honors:** My high grade point average met the University of Wisconsin’s standard for Honors and received a certificate of achievement and gold cord.

**AWARDS AND MEDALS**

* **Army Commendation Medal-** May 2019
* **Wisconsin National Guard Write Medals:** April 07th, 2017 and 05 December 2017
* **Army Achievement Medals**
  + For meritorious service by receiving the leadership award while attending the basic leader course, from December 03rd 2018 to December 19th, 2018.
  + For meritorious achievement while attending Basic Combat Training course by showing hard work, dedication, and desire to become an outstanding soldier from June 1st, 2015 to August 07th 2016.
* **NATO (**NATO Atlantic Treaty Organization) medal: for service with NATO in relation to the resolute support mission in Afghanistan during August 17th, 2018 and 06 October 2018.
* **John R. Fox Award** for exceptional performance of duty and display of selfless service during the Combat Medic Course (August 2015)
* **Noncommissioned Officers Professional Development Ribbon**

**RESEARCH AND VOLUNTEER WORK**

* **POGIL** (Process Oriented Guided Inquiry Learning)**:** Assist students with chemistry problems and help them with the understanding of chemistry concepts at UWM during the semester of Fall 2016.
* August 2016 – September 2017: **Clinical Navigator at CHW.**
* Jan. 2014 - May 2014: PLI **Math lab tutor at MATC-Milwaukee**
* August 2017: **Badger Youth Camp Volunteer:** youth are provided experiences that develop positive connection and opportunities for personal growth. Efforts were made to accommodate the special needs children

**SKILLS**

* Communication, decision-making, adaptability, resourcefulness, teamwork, leadership, flexibility, attention to detail and self-motivated

**LANGUAGES**

* English, French, Kabye and Ewe.