

VICTORIA M. SOLLOCK RN, BSN

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281-250-5163

Professional Summary:

Driven nursing professional with 3 years experience in Med/Surg/Tele and 2 years experience in the ICU. Adapt quickly to changing environments, also having 1-year experience as a travel nurse. Talented at developing individualized care plans based on patient assessments and implementing prescribed physician orders. Successful at delivering high-quality patient care to advance recovery and improve overall health to all patients.

License/Certifications:

Registered Nurse, Texas Board of Nursing Exp. March 2023

Basic Life Support Provider (BLS) AHA, Exp. June 2022

Advanced Cardiac Life Support (ACLS) AHA, Exp. June 2022

NIHSS Exp. May 2022

Skills:

- IV administration
- Procedural assistance
- Life support
- EKG interpretation
- Vitals
- Computer charting/documentation
- Detailed oriented
- Prioritization and organization skills
- Patient education
- Delegation

Experience:

RN ICU

Southwestern Medical Center, Lawton OK (**Jun/19- Current**)

- 9 beds; ratio 1:2
- Provide compassionate care to critically ill pts in the ICU
- Manage ventilators and IV drips (insulin, antiarrhythmics, sedatives, vasopressors, paralytics)
- Monitor telemetry for ICU patients while serving as main monitoring unit for the hospital
- Manage unit as charge nurse as needed
- Respond accordingly to changes in patient condition
- Respond to hospital wide codes and emergent situations

RN ICU

The Women's Hospital of Texas, Houston, TX (**Jan/20- Apr/20**)

- 4 beds; ratio 1:2
- Provide compassionate care to critically ill pts in the ICU
- Care for OBGYN pts from IMC, PP, post-surgical and APU overflow
- Manage critical IV drips (magnesium, antiarrhythmics, insulin)

RN Med/Surg/Tele Houston, TX (**Jan/20- Apr/20**)

HealthTrust Workforce (per diem)

RN Med/Surg (*contract/travel*)

Comanche County Memorial Hospital, Lawton, OK (**Mar/19-Jun/19**)

- 40 beds; ratio 1:6
- Involved with admission and discharge processes; cared for up to 8 patients a shift

- Prioritize patient needs and advocate for patients and their families
- Collaborate with doctors, case managers, PT/OT and speech therapy to determine patient needs post discharge

RN Stroke/Telemetry (*contract/travel*)

Cape Fear Valley, Fayetteville NC (**Aug/18-Feb/19**)

- 34 beds; ratio 1:6
- Perform admission assessments and gather past medical history
- Initiate NIH Stroke scale with stroke protocols
- Implement, develop and document care for up to 6 patients with competing priorities
- Maintain care of tracheostomies, colostomy and nephrostomy bags, PEG/NG tubes, JP drains, wound vacuums and provide wound care
- Assist patients with bathing, dressing, feeding, maintaining personal hygiene, transfers, standing and walking

RN Neuro/Telemetry

Methodist Healthcare, San Antonio TX (**Mar/18-Jul/18**)

- 32 beds; ratio 1:5
- Initiate NIH Stroke scale with stroke protocols
- Interpret EKG strips
- Collaborate with doctors, case managers, PT/OT and speech therapy to determine patient needs post discharge

RN Med/Surg/Oncology

Sky Ridge Medical Center, Lone Tree CO (**Oct/17-Feb/18**)

- 40 beds; ratio 1:6
- Perform admission assessments and gather past medical history
- Utilize SBAR to collaborate with in interdisciplinary team
- Plan, implement, and evaluate plans of care
- Assist patients with bathing, dressing, feeding, maintaining personal hygiene, transferring in/ out of bed, standing and walking
- Closely monitor patients post-surgery to ensure safe and effective recovery
- Educate patients on what to expect post-surgery

RN Med/Surg/Telemetry

Memorial Hermann- Southeast, Houston TX (**Jul/16- Sep/17**)

- 32 beds; ratio 1:6
- Involved with admission as well as discharge processes
- Learned how to prioritize patient needs and advocate for patients and their families
- Maintained safe and effective care of surgical sites and drainage equipment post-surgery

Education:

UTHealth Science Center- School of Nursing (Cizik School of Nursing)

Bachelor of Science in Nursing, December 2015

Houston, TX

University of Houston-Clear Lake

Bachelor of Science in Fitness and Human Performance, Cum Laude, May 2014

Houston, TX