# Elizabeth Temean

## Perioperative/Perianesthesia Registered Nurse

Reno, NV 89521 lizzytmn@yahoo.com 7753864738

Pressure performer; can maintain focus during highly-stressful emergency situations. With 20 years experience in the nursing field and profoundly advanced in healthcare knowledge, nursing science, nursing legalities; state and federal laws. Diligently in practice and honors the Nursing Code of Conduct, Ethics and ASPAN Perianesthesia Nursing Standards. To provide upmost care to patients, family and the communities I serve. With proven abilities in character, morale and respect has championed patient advocacy.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

# Work Experience

#### **RN Infusion Nurse**

Nurseregistry - Sacramento, CA August 2017 to Present

Infusion RN providing home IV Therapy. Specialty included IVIG, Entyvio, Remicade, Hyzentra etc. obtaining, interprets, records and reports vital signs (temperature, pulse, respiration and blood pressure), height, weight, and other pertinent patient information to clinician. Collects, labels and transports various specimens to appropriate destinations. Documented and maintained records of medical and nursing procedures. Coordinated with patients, family if applicable and Main Pharmacy with Pharmacist as point if contact. If applicable, as well clinicians, ancillary staff and departmental treatment team involved in care team plan continues with regular meetings and new updates as needed. Independent with daily work assignments according to personal abilities and patient schedules, patient flow and procedures. Flexibility required due to nature of and demand of fluctuations in day to work. Infuse medications on a regular basis in patient's home setting including monitoring and tracking vital signs, performing procedures such as IV placement, phlebotomy, and medication administration via peripheral infusion device; or PICC line; Implantable port; and / or Central Venous Catheters and as ordered by a licensed physician or licensed practitioner. Establish and maintain all clinical documentation including Plans of Care / Treatment (POC / POT), Clinical Summaries, medication changes and updates for each pharmacy. Provide skilled care as outlined in the plan of care and according to the physician orders Provide care to patients of most ages and varying diagnosis receiving infusion therapy medication. May work with numerous infused or Injectable medications including orals per protocols. Clinical oversight of all patient functions, including but not limited to observing signs and symptoms of reactions and reporting assessments to physician, any changes in patient physician, emotional or environment condition and patient / caregiver teaching.

#### **COVID19 RN Vaccinator**

Riverside County Public Health - Indio, CA March 2021 to May 2021

RN Covid19 Nurse Vaccinator. Riverside county Public Heath Mobile 1 Vaccine Unit. Comprised of 17 RN's and 2 LVN's traveling nurses. Riverside County Public Health Department Staff 1 RN, 1 LVN and 1

Administration Lead Operations Director. Objective to cover the entire Riverside County, the county has a total area of 7,303 square miles (18,910 km2), of which 7,206 square miles (18,660 km2) is land and 97 square miles (250 km2) (1.3%) is water.[14] It is the fourth-largest county in California by area. At roughly 180 miles (290 km) wide in the east-west dimension, the area of the county is massive. Riverside County, California is roughly the size of the State of New Jersey in total area. Our identifying project name is/was Mobile 1. Mobile 1 traveled daily to rural areas lacking access to healthcare would otherwise be impossible to access. Mobile 1 Teams daily travel up to 200 miles a day and his lease does 20 miles a day. Or team vaccinated scheduled appointments including all walk-in's. Mobile site, depending on location and hosting hub daily Covid vaccines administered range from 24 two 508 patients daily. Routine duties as an RN Vaccinate or are Responsible for safe and proper handling and administration of COVID-19 vaccine Adheres to manufacturer guidelines with little to no waste of vaccine. Follows proper aseptic technique in administering vaccination. Maintains accurate and timely documentation of all vaccination activities. Educates patients regarding vaccination process and possible adverse reaction. Maintains proper use of required Personal Protective Equipment (PPE), which will be provide. Performs all duties and functions in compliance with state and federal laws and regulation. Adheres to infection control procedure/protocol. HIPAA Maintained at highest level.

### **Pre-op and PACU RN**

John H. Stroger Jr. Hospital of Cook County - Chicago, IL February 2021 to April 2021

RN PACU. Covid19 Rapid Response Team. For a 464-patient bed Level I Trauma Center in Chicago IL. Travel RN in Perioperative/Surgical Services. Unit with 20 OR suites running full capacity. SDS/Holding 20 Bays. PACU/Phase I 25 Bay. Pre Op/Phase II 22 Bay unit. Surgeries performed General Surgery, Urology, GYN, Ophthalmology, Ortho, Plastics, Open Heart, Cardiac, Cardio thoracic, Brain/Neurosurgery, Endocrinology, Pediatrics, Neonates, OB/GYN, Trauma surgery Services. Duties performed, I supporting fellow nurses on the frontlines of the Covid19 Pandemic and in delivering outstanding treatment and thoroughly educated patients. With the upmost respect and knowledge of the State laws and practiced within my scope of nursing practice. Demonstrated ability to advocate for and strive to protect health, safety, and rights of patient. Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity. Equipped patients with tools and knowledge needed for speedy and sustained recovery. Applied nursing expertise to meet needs of Inpatient and Same Day Surgical patients during the challenging Covid19 Pandemic environment.

#### **PACU RN**

Martin Luther King, Jr. Community Hospital - Los Angeles, CA December 2020 to February 2021

RN PACU. Covid19 Rapid Response Team. RN in a total 131 patient bed community hospital located in South Central Los Angeles CA. Surgery and entire hospital Crisis Alert with Covid19 outbreak. OR department comprised of 3 OR suites and 4 bay Pre/Post-Op bays. 4 bay SDS/Holding Unit. Surgeries performed ORTHO, GI, OB/GYN, General Surgery, Endoscopy, Duties and Responsibilities included: Demonstrates the use of nursing processes as a problem solving model; utilizing knowledge and experience to anticipate and plan to meet patient and family needs. Assessments focused to target areas most productive for a given patient population or situation. Accountable for prioritizing and organizing patient care and ensuring follow through with planned care. Demonstrated knowledge and skills necessary to provide care appropriate to the age and needs of the patients served in the unit. Consistently applies current literature/research findings and critical thinking skills to make sound clinical

decisions. Infection control, preventing, educating patient and staff on CDC guidelines for Covid19. Implementation of contingency plans and Aerosol Precautions and proper PPE.

#### **Cardiac Cath Lab RN**

Albany Medical Center - Albany, NY November 2020 to December 2020

Cardiac Cath Lab/EP Lab for a 734 patient bed hospital assigned in Cardiac Cath lab with 5 running procedures rooms and 20 patient prep and recovery rooms. Duties included assessed patients' medical records and status and complete admission process. Prepare treatment plans according to their needs. Recognized changes in patient clinical presentation; evaluated, assessed, notified MD, Nursing team and followed protocol, chain of command with prompt response time while providing excellent patient service Follow guidelines to evaluate, treat, and document patients' conditions. Prepared patients for angioplasty, and pacemaker implantation. Answered patients' questions and calm them during the catheterization process. Monitor patients' vital signs and administer medications. Notify Anesthesia and Surgeons of imminent signs of complications post procedure, Recognized changes in patient clinical presentation; evaluated, assessed, notified MD.

### **Case Management RN**

Alameda Health System - Oakland, CA October 2020 to October 2020

RN Care Management Registered Nurse. Level 1 Trauma Center a 261 patient bed hospital with confirmed cases of COVID19 positive patients. Responsible for coordinating continuum of care and discharge planning activities for a caseload of assigned patients; develops plans of care and discharge plans, monitors all clinical activities, makes recommendations for alternative levels of care, and identifies cost-effective protocols. Our Care Management team provided Care Coordination, Compliance, Transition Coordination, and Utilization Management

#### **Registered Nurse Administrator**

Southern Inyo Hospital - Lone Pine, CA September 2020 to October 2020

Admin RN. Administration Registered Nurse. Team player in assistance to management team in developing action plans, priorities, and objectives. Initiated Covid19 protocols and procedures. Facility wide educational updates and procedures on pandemic. Safety and procedures, Staff education and implementation of Aerosol procedures and designated facilities Lead there of. Correct and proper PPE. Received grants and donations the NNU and CNA for facilities employees. Designs quality improvement processes, as well as clinic operational procedures. Renders assistance in preparing objectives, establishing principles of nursing practice and care. Organized problem solving and effective communication systems for departments, and serves as a connection between the ancillary department and the medical staff. Acts as resource person, interpreting, supporting, and executing procedures and procedures. Provided life-saving interventions

### Covid19 Rapid Response ICU RN

Prime Healthcare - Lynwood, CA August 2020 to September 2020

Covid19 ICU Rapid Response Team Nurse deployed for two weeks in a Level II Trauma Center and Level 1 Therapeutic Radiation. servicing Compton and surrounding areas of high crime rate during a Covid19 outbreak. Total 384 bed facility with four ICU's designated for COVID19 positive cases from ER or direct admit from lower un-equipped facility. Primary care focused around a Team approach, staffing ratio 2:1.

Management of cardiac drip titration, sedation and paralytics. Critical care management of COVID19 related illnesses. Management of mechanical ventilation, Endotracheal tubes an fresh tracheostomies. CVP and A- line. Central line care and management. Enteral feeding. Collaboration with physicians, nursing, case management and Respiratory Therapy. Rapid Response Team efficiency and effectively rose up providing impeccable patient care, supporting staff personnel during an unprecedented time.

### **Endoscopy RN II**

Sutter Health - Auburn, CA March 2019 to September 2020

RN II GI lab, Endoscopy/Special Procedure and Moderate Sedation RN for 7 bed Pre/post and 4 procedural room. Including, Diagnostic Imagine, ASU, Pre-Op and PACU units. Administered conscious sedation and monitored patient during endoscopies and other minor procedures under physician guidance and orders. Assisted in all endoscopic procedures Colonoscopy, EGD, ERCP, Hemorrhoidal and Esophageal banding. Diagnosis and management of sclerosing. Bravo endoscopic capsule placement. Sedation nurse, quickly recognizing changes in patient's assessment of new clinical findings, patient presentation including physical assessment, airway, Capnography monitoring and Aldrete score, VS, Ongoing evaluations, assessments, primary nurses/team updated regularly. followed protocol, chain of command with prompt response time while providing excellent patient service

#### Covid19 PACU RN

Prime Healthcare - Chino, CA May 2020 to June 2020

COVID19 PACU RN Rapid Response Team. 6 PACU Bays and 4 OR rooms. Assisted with COVID19 donning and doffing procedures and policy implementation for surgery department accepting all elective and non elective surgeries. Covid19 positive surgery cases. Was responsible for the delivery of patient care through the nursing process of assessment, planning, implementation, and evaluation for all patients within the PACU scope of services, also coordinates the post- operative care of the patient with the surgeon and anesthesiologist, directs and guides other personnel while maintaining standards of care in the PACU. Upheld adherence to regulations, standards and hospital or unit policies and procedures

#### Covid19 Rapid Response Team ICU RN

Sisters of Charity Health System-St. Josephs Campus - Buffalo, NY March 2020 to April 2020

RN-COVID19 Rapid Response Team at New York States first COVID19 Treatment Facility. 120 bed facility designated for COVID19 positive cases on direct admit only. 60 ICU bed requiring ventilation and 60 acute care beds. Primary care focused around a Team approach, staffing ratio 3 RN's to 3 patients 3:3. Management of cardiac drip titration, sedation and paralytics. Critical care management of COVID19 related illnesses. Management of mechanical ventilation, Endotracheal tubes an fresh tracheostomies. CVP and A-line. Central line care and management. Enteral feeding. Collaboration with physicians, nursing, case management and Respiratory Therapy.

### Rapid Response PACU RN OB & Main

East Los Angeles Doctors Hospital - Los Angeles, CA January 2020 to March 2020

RN PACU/L&D Recovery RN for 123 bed Hospital in East Los Angelas. Surgery Unit with 3 running OR rooms, 4 bed PACU and responsible for Labor and Delivery Surgery department with 1 OB OR and 2 OB PACU beds. Lead and assist staff promoting a positive learning environment and culture. Duties included completion of pre and postoperative procedures. Administered ordered intravenous fluids and monitor

recovery progress. Monitoring lab values and test results and updating physicians when appropriate. Circulates C-section deliveries and gynecologic surgeries in the operating room. Assisting the doctor in designing a delivery plan. Communicates with patient's family members to ensure the best patient care possible. Prepare post anesthesia areas for patients and administer medications as needed. Verify H&P, labs, medical and cardiac clearance including signatures on consents within timeframe of guidelines applicable to policy, standards and laws implement physician orders and provide care for patients. Monitor patients' surgical site for bleeding and signs of infection. Assess patients after a spinal or epidural to make sure sensation in the lower extremities is progressing properly.

### Staff Pre-op/PACU RN

Dignity Health-Outpatient Surgery Center - Elk Grove, CA August 2018 to February 2020

Pre/Post RN in a 6 bed Pre-Op and 7 bed PACU unit for Outpatient Surgery Center. Pre-Op patients upon arrival. Assessed all criteria be met to proceed with surgery. Take extensive history, physical assessment, IV start and prep patients. Documentation on baseline on admission, review labs, ekg, consents, medical/cardiac clearance. Patient identification verified. Provided pre-op and post-op care for pediatric dental and tonsillectomy with adenoidectomy surgeries. Adult orthopedic, ophthalmology, otolaryngology, orthopedics, urology, GYN, pain management, podiatry and plastic and reconstructive surgeries. Assess airway, breathing, vitals, Aldrete score, bleeding, surgical site dressing, drains and tube and other output. Monitored and assessed hydration, skin, temperature control and cardiac monitoring

### **RN Outpatient Surgery**

Medely Inc LLC - San Francisco, CA September 2017 to January 2020

RN PRN Agency Outpatient and Same-Day Surgery Centers in Northern California PRN basis. Traveled to variety of Outpatient and SDSU/Ambulatory Surgery Centers. Covered the San Francisco Bay Area and the Greater Sacramento Area. Sedation nurse, quickly recognizing changes in patient's assessment of new clinical findings, patient presentation including physical assessment, airway, Capnography monitoring and Aldrete score Pre/Post and Intra Procedures. VS. Ongoing evaluations, assessments, primary nurses/ team updated regularly. Educated on each facility policy and procedures. Adherents to ASPAN and each surgery Centers policy, procedures reviewed protocol, chain of command with prompt response time while providing excellent patient service.

## **PACU RN**

University of California San Francisco - San Francisco, CA October 2017 to January 2018

Travel PACU RN. UCSF's Outpatient Surgery Center. 16 bed PACU/SDSC. Recovery unit for outpatient procedures. Assess airway, breathing, vitals, Aldrete score, bleeding, surgical site dressing, drains and tube and other output. Monitored and assessed hydration, skin, temperature control and cardiac monitoring. Surgical services performed HONS, endocrine, plastics, breast, colorectal, radiation oncology, neurosurgery, and gynecological, Brachy Therapy, Opthalmology. Utilize the nursing process for assessment, planning, implementation, and evaluation to provide safe, effective and efficient patient care with extensive patient education to English an non English speaking a patient's. Discharge patient and family with teach back, demonstration and verbal acknowledgement of competence for successful recovery at home

#### TRAUMA PACU RN

Community Reginal Medical Center - Fresno, CA

June 2017 to September 2017

Travel RN for Level 1 Trauma Center 921 bed facility. Trauma PACU 22 bays. Main PACU 18 bays phase I and a 30 bay short stay/Phase II. Trauma PACU with average of 50 plus unscheduled trauma cases daily.Involving GSW, stabbings, MVA, Pediatric traumas, Burns, Cardiac, Neuro surgeries traumatic with life threatening PACU unit. Provided the highest level of post anesthesia care to unstable highly critical post op patients daily use of equipment equipment readily available. ACLS,BLS and PALS initiated when indicted. Identifying potential surgical complications quickly and acting decisively with advanced knowledge of appropriate skill.

#### SICU/CVICU RN

Doctors Medical Center Modesto - Modesto, CA March 2017 to May 2017

ICU RN travels assignment for level 2 Trauma Center. 42 Critical Care beds for SICU/CVICU. 2:1 patient nurse ratio subject to change to 1:1 nurse patient ratio depended on level of critical care acuity patient required. Provided direct patient care. Assessed, planned, implemented and evaluated patient care and performed patient education in accordance to unit standards, within the nursing scope. Followed policy and procedures in place for best patient outcome.

## **Psychiatric RN**

Indian Health Service - Wadsworth, NV November 2016 to February 2017

IHS RN Federal employee. Native American Youth with substance abuse and/or mental health illness. Make only, ages 12-18 treatment facility. 120 day program for Included in the team approach, RN duties included being part of the multi-disciplinary treatment team that specialized in Dialectical Behavior Therapy (DBT) as well as incorporating the bio-psychosocial, health, education and cultural activities to Native American adolescents. Evaluated nursing care delivered by other non-licensed student workers. Performed direct clinic nursing administrative duties.

#### **ICU RN**

Northern Nevada Medical Center - Sparks, NV April 2016 to July 2016

Staff RN in a 12 bed ICU ratio 1:2. Level 3 Medical Center ICU drips, cardiac and cvp monitoring, High risk medication management Insulin drips, initiation and management of Heparin drips. TPN administration. Ventilator Management including monitoring and documenting settings pressures patients respond and weaning off ventilators, as well as assist with intubation and extubation. Designated and member of the Code Team and Rapid Response RN. Observed, assessed, and documented patient vital signs. Ensured patient and staff equipment was kept in working order and functioning effectively. Assisted physicians with procedures and treatment protocols.

#### **RN Outpatient Surgery**

Sierra Vista Surgery Center - Reno, NV November 2015 to May 2016

RN Pre-op/PACU Ambulatory Surgery Center/Same day surgery setting. Primary care to patients pre and post-op surgical procedures receiving Anesthesia. Surgery/procedures included Ophthalmological, Pain Management, Urology, Podiatry, Orthopedics, Plastic Surgery. Safely monitored patients, administered medication, provide education to patients and caregivers for discharge instructions with a focus on proper use of equipment, safety, infection control, and pain management. Performed patient assessment.

Assisted nursing team in a variety of service. Adherents to ASPAN and each surgery Centers policy, procedures reviewed protocol, chain of command with prompt response time while providing excellent patient service

## Staff and Charge RN

Regent Care Center - Reno, NV March 2009 to April 2016

SNF/LTC Charge RN and Staff PRN for 178 bed skilled nursing and rehabilitation facility. Supported an average caseload of 65 patients in the provision of preventative health care within a nursing home environment. Provided ongoing assistance to physicians and geriatric health care professionals from routine appointments to crisis management care. Maintained clear concise and accurate patient records. Tracked patient pain management plans nutritional regimes and changes in patient mental health behavior.

#### **Travel ICU/CCU RN**

Renown Regional Medical Center - Reno, NV July 2015 to October 2015

Travel ICU/CCU RN. Level 2 Trauma center with a 38 bed CICU. 29 bed Trauma ICU, 18 bed MICU. Primary care nurse for management of cardiac drip titration, sedation and paralytics. Critical care management of strokes, trauma, MI's. Management of mechanical ventilation, Endotracheal tubes an fresh tracheostomies. CVP and A-line. Central line care and management. Enteral feeding. Collaboration with physicians, nursing, case management and Respiratory Therapy.

#### **CVICU RN**

Summerlin Hospital Medical Center - Las Vegas, NV June 2015 to July 2015

RN CVICU. Is for a 485 bed Level 3 Trauma center. With 30 CVCU ICU Patient beds. Provide exceptional care to critically ill patients in ICU. Administer medications and intravenous fluids. Monitor telemetry and respond to calls and emergent, life- saving situations. Follow physician orders and report changes in condition. Educate patients and families and provide caring support. Groom and bathe patients and provide assistance with general care.

### Federal Employee Endoscopy RN

VA Sierra Nevada Health Care System - Reno, NV November 2014 to April 2015

Federal Employee second tour of duty appointment as Endoscopy RN and Conscious Sedation RN for Endoscopy procedures. Pre-Op and Intra-Op primary nurse providing direct care to the men and women who served/serving in the US Military receiving care from the Veterans Administration Health Care System for endoscopy procedures. Conducted and documented a thorough assessment of each patient's medical status upon admission and throughout the patient's course of treatment.

#### Cardiothoracic- RN CNII

University of California, Davis Health System - Sacramento, CA April 2011 to November 2014

Staff CNII RN. Level 1 Trauma Center. Cardiothoracic Step down. 1:3 nurse patient ratio. Specializing in surgical care for complex diseases of the heart, lung and esophagus to high risk patients. Post Op. Aortic surgery, valve replacement, CABG, temporary and permanent pacemaker care; VAD. Lobectomy, thoracotomies and VATS. Airway and chest wall surges. Care for the medically complex requiring Tele

monitoring, cardio conversion, chest tubes, JP drains, tracheotomies, mechanical ventilation. PICC and central line care. IV antibiotic therapy.

## **Administrative Nursing Supervisor**

Continue CARE Hospital - Carson City, NV July 2009 to March 2011

Administrative Nursing Supervisor, RN. For a 29-bed Long Term Acute Care Hospital (LTACH). Managed ongoing flow of unit. Educated RN's, LPN's, CNA's and Monitor techs from basic to complex care of our patient population. Preceptor to new Administration staff and staff nurses, supported the growth and educated knowledge developed a safe no blame culture. Administrative duties. Policy and Procedure development and implementation policy into effect. I headed the risk assessment, root cause analysis, quality improvement and quality assurance and developed the framework and foundation for patients safety, patients rights to be our top priority. For my staff to be advocates for our patients and provide a higher excellence of patient care. Performed administrative duties. Treated life-threatening emergencies. Monitored, recorded and communicated patient condition. Monitored, recorded and communicated patient condition. Consulted and coordinated with healthcare team member. Utilized the nursing process to assess, plan, intervene, and evaluate patient care

### **New Graduate RN Federal Employee**

VA Sierra Nevada Healthcare System - Reno, NV July 2008 to April 2009

Federal Employee appointment Graduate Nurse Training Program. Tour of duty permanent to rotate through departments for 90 days and tour of duty changed to next unit for training per the New Grad training and academic standards. Rotation units included Community Living Center. Long term care, Respite care, 5 beds for inpatient hospice care. sub acute and rehabilitation. Med/Surg tour and Med/Tele tour. Learning and growing into a nurse with the preceptors who taught me more than to pass meds.

#### Education

## Master of Science in Nursing in Nurse Executive

Walden University - Minneapolis, MN January 2019 to Present

#### **ADN** in Nursing

Western Nevada College - Carson City, NV January 2002 to May 2008

# **Nursing Licenses**

#### RN

Expires: October 2021

State: CA

RN

Expires: September 2022

State: NV

#### RN

State: IL

#### RN

State: MA

#### RN

Expires: September 2022

State: MN

## Skills

- Proficient in EPIC (10+ years)
- Cerner (10+ years)
- McKeeson (5 years)
- All Scripts (3 years)
- MediTech (10+ years)
- Pyxis (10+ years)
- eClinicalWorks (3 years)
- AllegianceMD (2 years)
- patient report (10+ years)
- Aseptic Technique (10+ years)
- Venipuncture (10+ years)
- Vital Signs (10+ years)
- Phlebotomy (10+ years)
- Medical Records (3 years)
- Managed Care (10+ years)
- Anatomy Knowledge (10+ years)
- Ophthalmology Experience (8 years)
- Crisis Management (2 years)

## Languages

• Spanish - Intermediate

#### Awards

# **ANA Mentorship Program**

May 2021

## Certifications and Licenses

### **ACLS Certification**

March 2021 to March 2023

## **BLS Certification**

March 2021 to March 2023

#### **PALS Certification**

August 2020 to August 2022

# **Certified Legal Nurse Consultant**

March 2021

In credentialing process

# Groups

## **National Nurses United**

January 2011 to Present

# **American Society of Perianesthesia Nurses**

January 2019 to Present

#### **American Nurses Association**

April 2018 to Present

## **California Nurses Association**

April 2011 to Present

#### **Nevada Nurses Association**

January 2020 to Present