ESTHER NWANNA ODEGHE

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# CAREER OBJECTIVES

A Conscientious, dynamic, and competent intensive care Registered Nurse with 5+ years of experience in primary and intensive healthcare. A focus targeted to provide quality comprehensive health care, which is centered on whole-body wellness, educating patients on how to achieve and maintain a healthy way of living, and support personal healthcare goals. A multifaceted professional with expertise in trauma, respiratory failure, metabolic, neurological care, and other life-threatening illnesses, treatments, and injuries. A reliable, ethical healthcare provider with the ability to stay calm and intervene during crises, facilitate groups and collaborate on multidisciplinary teams. Proven ability to build positive relationships with patients, family members, physicians, and other medical professionals.

# CORE COMPETENCIES

* Intensive Health Care • EKGs and Labs • Case Management
* Patient Care Administration • Diagnostic Assessments • Reporting and Documentation

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| • HIPAA Compliance  | • Basic Cardiac Life Support • Uniform Assessment System  |
| • Expert Pedagogical  | • Life Support • sedatives and cardiac gtts  |
| • Surgical Assistance  | • Process Improvement • Passion & Enthusiasm  |
| • Admissions/Discharge  | • Problem Resolution • Medication and IV Administration  |
| • Critical Care   | • Hemodynamic Measurements Interpretation   |

# PERSONAL SKILLS

* Leadership & Networking • Detail Oriented
* Self-Motivation • Cross-Functional Supervision
* Team Building & Mentoring • Client Relations & Presentations
* Effective Listening • Presentation Skills
* Attention to details • Excellent Communication

## PROFESSIONAL EXPERIENCE

### Registered Nurse- ICU/CCU Aug 2017 - present Trident Medical Center, Charleston SC 29407

* Efficiently assess, plan, implement and evaluate care of critically ill patients (trauma, surgical, medical) in collaboration with health care team members while providing integrated and holistic patient care
* Consistently improve healthcare management by planning and implementing complex patient care management to promote patient safety, comfort, and healing
* Effectively demonstrates nursing activities that create a compassionate, supportive and therapeutic environment for patients, family and staff
* Consistently perform assessments to maintain and monitor cardiac devices, arterial lines, ventilators, IV infusions, central lines, CVP, Impella and ventriculostomy
* Provide culturally sensitive, evidenced-based compassionate nursing care while maintaining a safe working environment and ensuring compliance with safety and infection control

### Registered Nurse- MICU July 2014 to July 2016 Carolinas Hospital System, Florence SC

* Proffered support through interactions with patients, families, and co-workers on the quality of care provided
* Administered medications, provided treatments and assisted with activities of daily living for clients receiving intensive Care
* Collaborated with the interdisciplinary team to ensure safety, comfort, hygiene and care of critically ill patients
* Instructed patients on their disease, treatment, and care plan to enhance their quality of life and promote a positive attitude
* Consistently monitored CVP, central lines, sepsis monitor, and art lines
* Monitored and titrated sedatives and cardiac gtts
* Monitored patients' progress and readiness for discharge by focusing on physical/psychosocial health status assessment of patients in an ongoing, systematic manner
* Diligently planned, coordinated and executed quality nursing care for assigned patients simultaneously while constantly communicating with a healthcare staff.

### Research Assistant Jan 2011 to July 2012 South Carolina State University, Orangeburg SC

* Carefully conducted and presented research on the use of Spanish Moss in managing pollution
* Successfully determined the pollution in each area through series of chemical reactions to detect the amount of radioactive substance absorbed by the moss
* Skilled at detecting, resolving issues, understanding and analyzing data as the group leader during research
* Carefully documented and analyzed data to prevent database discrepancies
* Demonstrated safe laboratory policies and procedures

# EDUCATION

Bachelor of Science in Nursing May 2014

South Carolina State University, Orangeburg SC

## RELATED COURSEWORK

Active Registered Nurse License SC Compact State

PALS certification March 2022

ACLS certification June 2022

BLS certified June 2022

Trauma Certification June 2022

CCRN Certification March 2021

### AWARDS

* General scholarship recipient
* Dean’s list
* Presidential Scholar
* Honors College

### INTERESTS

* Soccer • student educator/mentor Volleyball • children minister RCCG
* Handball

### References Available upon Request