

# Ashley Woltz, BSN RN

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## PROFESSIONAL SUMMARY

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Dedicated, patient-oriented, adaptable Registered Nurse with 3+ years of success in making critical decisions ensuring attainment of medical goals and quality outcomes. Focused in emergency department experience gaining in-depth knowledge of critical patient monitoring, pain management, and establishing follow-up care for the pediatric, adult, and the geriatric patient population.

## EMPLOYMENT HISTORY

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### **Registered Nurse, Centra Lynchburg General Hospital Emergency Department. Lynchburg, VA**

Aug. 2019 – Present

- Analyze and interpret patients' histories, symptoms, physical findings, or diagnostic information to develop appropriate diagnoses.
- Diagnose or treat complex, unstable, comorbid, episodic, or emergency conditions in collaboration with other health care providers as necessary.
- Consult with or refer patients to appropriate specialists when conditions exceed the scope of practice or expertise.
- Read current literature, talk with colleagues, and participate in professional organizations or conferences to keep abreast of developments in nursing.
- Interact and communicate with patients of all ages and ethnicities, giving quality medical care and treatment in emergency department setting.
- Provide emergency medical care in a level 2 trauma center.
- Lead and mentor newly licensed nurses in developing and achieving professional expertise.

### **Registered Nurse, Sentara Halifax Regional Hospital Emergency Department. South Boston, VA**

Jul. 2018 – Aug. 2020

- Assess patient vitals and take lab specimens for testing.
- Complete an admission database and ongoing assessment to include collaboration with patients, significant others and other health care providers.
- Implements a plan of care for each patient and individualize to meet the age specific needs of patients.
- Evaluate episodic and acute responses to broad classifications of physical or psychosocial issues.
- Assist physician during examinations, treatment and procedures.

### **Emergency Department Technician, Sentara Halifax Regional Hospital. South Boston, Virginia**

Feb. 2017 – Jul. 2018

- Prepare treatment rooms for patient examinations, keeping the rooms neat and clean.
- Clean and sterilize instruments and dispose of contaminated supplies.
- Show patients to examination rooms and prepare them for the physician.
- Help physicians examine and treat patients, handing them instruments or materials.
- Perform routine laboratory tests and sample analyses.
- Change dressings on wounds.
- Maintain departmental policies and procedures in areas such as safety and infection control.
- Operate electrocardiogram (EKG), or other equipment to administer routine diagnostic tests.

## EDUCATION

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**James Madison University, Harrisonburg, VA**

Bachelor of Science, Nursing, May. 2019

**Danville Community College, Danville, VA**

Associate of Science, Nursing, May. 2018

**Southside Virginia Community College, Keysville, Virginia**

Associate of Arts, May. 2015

## SKILLS

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**Critical  
thinking**

**Time  
management**

**Strong work  
ethic**

**Mentorship and  
training**

**Organization**

**Adaptability**

**Assessments**

**IV  
management**