

GIFT VOWAL

CERTIFIED NURSING ASSISTANT

Brooklyn Park, MN 55443

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Reliable, service-focused nursing professional with excellent patient-care and charting skills gained through ten years of experience as a CNA. Compassionate and technically skilled in attending to patients in diverse healthcare settings. BLS and CPR certified (current).

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

FAIRWIEW HOSPITAL - Minneapolis-Saint Paul, MN

2015 to Present

- * Displayed strong clinical skills in assessing vital signs, and glucose checks
- * Adhered to safety guidelines
- * Administered medications
- * Ensured the accurate, timely flow of information by maintaining thorough patient records and updating healthcare team on patients' status.
- * Complied with HIPAA standards in all patient documentation and interactions. Personal grooming, bathing, toileting, Feeding, Skin care needs (clean and sterile dressing changes), applying ointments/creams, Oral hygiene, Specimen collection/testing, Position/ambulating, Changing linens, Promptly answers call lights. Assists nurse in monitoring patient condition. Accurately takes and records weights, input/output, blood pressure, temperature, pulse rates, respiration, oxygen saturation. Places patient on/off monitors or equipment. Reports unusual findings to the RN in a timely manner. Assists with admissions, transfers, and discharge of patients. Orients patient/family to environment. Assures the patient's belongings are accounted for, documented upon admission, transfer and discharge. Transports patients, equipment, specimen and supplies. Assures patients get to appointment on time. Uses transfer belt when assisting patients with transfers and/or ambulation. Cleans sets up, and maintains rooms and equipment. Orders and stocks supplies. Correctly documents tasks performed on appropriate form.

Qualifications

Certified Nursing Assistant/Home Health Aide

GOLDEN LIVING CENTER - Saint Louis Park, MN

2009 to 2015

- * Provided nursing assistance to residents in a 120-bed long-term-care facility.
- * Assisted residents with activities of daily living including helping with meals, transferring using assistive devices, bathing, dressing and grooming. Provided for personal care and safety requirements of patients quickly under the supervision of licensed nursing staff
 - Took vital signs of patients
 - Assisted the care team by providing helpful, comforting and compassionate care to patients and families
 - Maintained an arranged unit environment with adequate supplies and equipment in order to smooth the progress of staff
 - Contributed to efficient communication

Certified Nursing Assistant/Home Health Aide

Interlude Restorative Suites - Fridley, MN

January 2006 to 2009

- * Provide high-quality patient care as an in-demand per-diem CNA within surgical, acute-care, rehabilitation, home-healthcare and nursing-home settings.
- * Preserve patient dignity and minimize discomfort while carrying out duties such as bedpan changes, diapering, emptying drainage bags and bathing.
- * Commended for chart accuracy, effective team collaboration, patient relations and consistent delivery of empathetic care.

Education

Certificate in Phlebotomists

American University - Saint Paul, MN

September 2018 to September 2020

CNA in clinical

St. Paul - Saint Paul, MN

2006

Skills

- CNA (10+ years)
- Work Well Under Pressure...I work in nursing home taking care of old people with feeling, personal care, walking, transferring from bed to chair, going to doctor appointment etc.... (10+ years), I work very well with people and im a team player (Less than 1 year), CNA (Less than 1 year), Cna Certified (Less than 1 year), Certified Nursing Assistant (Less than 1 year), C (Less than 1 year)
- Certified Nursing Assistant
- Home Health
- HHA
- Cna Certified

Certifications and Licenses

CNA/HHA

October 2020

BLS/CPR/AED

April 2020 to April 2022

Certified Nursing Assistant (CNA)

Oh

September 2018 to September 2020

Additional Information

Nursing Skills

- * Patient Care & Safety
- * ADLs
- * Medical Terminology
- * Electronic Medical Records

- * Vital Signs & Patient Monitoring
- * Medication Administration
- * Privacy / HIPAA Regulations
- * Patient Advocacy and Support