

Kish M. Cabo, BSN, RN

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SUMMARY: I've been a Med-Surg/Tele/Orthopedic RN for the past 9 years having worked at a Trauma One hospital in Oregon with 4 years of Charge RN experience. I left that position to pursue travel nursing. Currently I've been contracted since July 2021 to Banner Desert Medical Center in Arizona and from November 2020 to June 2021 to Wellstar Cobb Hospital in Georgia where I was a Covid Float RN. I've floated to Renal, Surgical, Cardiology, Oncology, Orthopedic, Medical, and Neurology units. I am proficient with both EPIC and CERNER EHRs. I enjoy traveling due to the challenge and novelty of simply picking up and going wherever a contract sends you. And yet, being able to draw on vast nursing skills to seamlessly fit right in and hit the floor running. I've discovered I enjoy travel nursing and plan to do it indefinitely.

EDUCATION: Accelerated Bachelor of Science in Nursing (BSN) 2011
Southern Illinois University-Edwardsville Edwardsville, IL

- 3.704 Grade Point Average (CUM LAUDE)

Bachelor of Arts in Psychology (BA) 1996
Dartmouth College Hanover, NH

AAMA Accredited Medical Assistant Program/ 2013
Nursing Skills Refresher Course
Concorde Career College Portland, OR

- 4.0 Grade Point Average

CERTIFICATIONS: Certified Medical Surgical Registered Nurse (CMSRN) 2016- current
Basic Life Support (BLS) current
Advanced Cardiovascular Life Support (ACLS) current

NURSING EXPERIENCE:

TRAVEL CONTRACT NURSE:

MEDSURG/TELE: New London Hospital Dec 2021 - Current
MEDSURG/ORTHOPEDIC NURSE: Banner Desert Medical Ctr July 2021- Dec 2021
MEDSURG/TELE/COVID FLOAT NURSE: Wellstar Cobb Hospital Nov 2020-June 2021

CHARGE NURSE: Legacy Emanuel Surgical Orthopedic Telemetry Apr 2017- Aug 2020

- Engages with interdisciplinary health care team in clinical decision making and problem solving.
- Manages staff, patient flow, use of equipment, and unit communication to ensure patients and staff get the support they need.

- Able to effectively delegate and supervise care, assume responsibility for quality outcomes and help meet the growing number of organizational performance measures.
- Understands role responsibilities and skills needed to enhance communication, reduce conflict and build team synergy.
- Is responsible for effective implementation of policies, procedures and standards.
- Embraces leadership role by being willing to lead by example ensuring nursing staff feels confident in utilizing the charge nurse as a “go to” resource.

STAFF NURSE: Legacy Emanuel Surgical Orthopedic Telemetry Feb 2015 - Aug 2020

- Assesses, analyzes, plans, implements and evaluates patient care following established Legacy patient care standards.
- Participates/Advocates as a member of the interdisciplinary health care team to ensure patient’s medical concerns and needs are met.
- Observes and assesses patient condition, reporting changes to health care team to ensure timely interventions are implemented and modifying patient care plans accordingly.
- Demonstrates “can do” attitude and team player work ethic by floating to the ED, medical units, the trauma unit and overflow as needed.
- Takes initiative to promote Legacy Health’s innovation in patient care by volunteering as Unit 43 Get Well Network (GWN) representative.
- Uses Evidence Based interventions to ensure patients are receiving the most up to date health care innovations on the forefront of nursing.

CHARGE NURSE: Salem Transitional Care and Rehab Oct 25, 2014 – Jan 5, 2015

CHARGE NURSE: Oakwood Country Place, SNF Dec 4, 2013 – Oct 7, 2014

- Supervises nursing department staff in the daily delivery of resident care, monitors and schedules job assignments, and develops nursing unit priorities.
- Assists in filling shifts by contacting staff to fill in for staff absences.
- Provides direct resident care, completes treatments, and procedures as ordered by the physician.
- Observes and assesses resident condition, reporting changes to physician and Resident Care Manager, and administers medications as ordered by physician.
- Evaluates resident response to nursing interventions and alters care plan through ongoing assessments.
- Completes quality care audits as assigned, ensures equipment and work areas are clean, safe, and orderly, and ensures strict adherence to procedures regarding hazardous chemicals and fire safety.
- Advocates for resident’s rights, respect, dignity, and autonomy of care. Protects privacy and confidentiality of resident’s information.
- Documents all pertinent information on interdisciplinary notes and the 24-hour D.N.S. report form, documents medications administered, treatments, and procedures performed on appropriate records.
- Prepares new admissions, transfers, and discharges with all pertinent documentation.

MILITARY EXPERIENCE: Weather Officer, Captain, United States Air Force **1999 - 2007**

- 8 years of proven professional meteorology expertise with 5 years of supervisory and managerial experience in highly technical field.
- Led daily employment of 40+ military and civilian personnel leveraging a \$4M component of AF Weather weapon system to provide continuous weather products to 100 DoD installations and nearly 800 military operating areas spread throughout 12 states, the Western Air Defense Sector (WADS), and USSOUTHCOM AOR.
- Oversaw day-to-day functions and supervised actions of six-person Detachment headquarters staff and ensured combat readiness while deployed to Republic of Korea's Demilitarized Zone (DMZ).
- Served as Staff Weather Officer (SWO) to the Commanding General of the Army's 2ID that included over 10,000 assigned personnel.