Cheyenne Gonzalez, ADN

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Summary:

Compassionate and enthusiastic registered nurse, eager to grow and continue to learn and promote the safest patient care possible. Strives to always be fair, ethical, and honest in all aspects of life including nursing. Has great communication and problem solving skills. Will follow through on commitments and prioritize effectively. Able to work well independently or in group settings while able to recognize the need to seek guidance and ask for or give help as needed.

Education:

2019 Associates of Science in Nursing

ACEN Accredited Fortis institute Pensacola, FL

Licenses and Certifications:

Registered Nurse

NIH Certification

- Basic Life Support Certified
- ACLS
- PALS

Clinical Experience: 2 years

Previous clinical experience:

- General Medical Surgical at West Florida Hospital/ Santa Rosa medical center
- Progressive care unit at Sacred Heart Hospital
- Intensive Care Unit at Sacred Heart Hospital
- Neurology at Sacred Heart Hospital
- Labor and delivery at Sacred Heart Hospital
- Pediatrics at Sacred Heart Hospital
- Neonatal Intensive Care Unit at Sacred Heart Hospital
- reconatal intensive Care Offic at Sacred Fleart Flosp
- Cardiac at Sacred Heart Hospital
- Mental Health at Friary

Relevant Skills/Attributes:

- Strong commitment to my patients and other health care members
- Strong communication skills with patients and other health care members
- Effective working independently or as a contributor to a team effort project
- Administering oral, IV, intramuscular, subcutaneous medications, and accurate medication calculations, blood transfusions., NG tubes, PEG tube care, tube feedings, Trach care

- Mental Health at Meridian
- Mental Health at West Florida Community Care Center
- Pre/Post-operative unit at Dr Kafeys Medical office
- Med/Surg at SRMC
- PCU at SRMC
- Cardiac at SRMC
- ER at SRMC
- Surgical at SRMC

- Total care of patients to include: performing patient assessments, neurological, cardiovascular, respiratory, gastrointestinal, and genitourinary, IV site/PICC lines, surgical wound care, tracheotomy, urinary catheters, NG tubes, and Chest tubes and ostomy care.
- Adaptability
- Critical thinking skills

Employment History:

2019-Current Medical Surgical/PCU/Float Nurse, Santa Rosa Medical Center Milton, FL

- Communication and leadership skills
- Answer patient's questions, updated patient's and families on health conditions and new orders
- Provided information on policies and procedures
- Demonstrated respect, friendliness, and professionalism at all times
- Consistently maintained a positive attitude and enjoy helping people
- Assist as needed with duties in other areas of the hospital
- Ability to quickly learn new concept and skills
- Ability to multitask and solve patient problems
- Ability to prepare and give medication and preform critical thinking skills before administering
- Perform daily care to patients such as grooming, bathing, and walking
- Ability to preform necessary skills such as assessment, blood transfusions, IV's, NG tube insertion and care, tracheostomy care, sterile procedures, catheter insertion, etc
- Ability to analyze body language and behavior to ensure all patient's and family's needs are met
- Ability to recognize signs of distress or concern and address them properly in a timely manner

2015-2016 Restaurant Server, TGI Fridays

Pensacola, FL

- Communication and leadership skills
- Trained and supervised new employees
- Responsible for solving customer's complaints
- Answer customer's questions, and provide information on procedures or policies
- Perform daily recovery to ensure a neat, clean and organized restaurant
- Greet customers and determine their needs and wants

- Communicate with customers regarding orders, comments, and complaints
- Consistently maintained a positive attitude and enjoy helping people
- Handled credits, refunds and payments of merchandise in all forms
- Assist as needed with duties in other areas of the restaurant
- Ability to quickly learn new concept and skills

2010-2015 Fast-food Cashier/Server, Sonic

Pace, FL

- Strong desire and ability to serve customers and solve problems
- Received money and completed accurate transactions
- Trained and supervised new employees
- Assisted as needed with duties in other areas of the store
- Effectively communicated with customers, associate and supervisory staff in a friendly, respectful, cooperative and pleasant manner.
- Greet customers and determine their needs and wants
- Responsible for solving customer's complaints
- Assist customers in any way necessary by cashiering, helping with merchandise and answering questions in a polite and knowledgeable manner
- Demonstrates respect friendliness and professionalism at all times
- Made bank deposits

- Handle detail oriented duties with the ability to manage multiple tasks simultaneously
- Demonstrated dependability by being available and flexible to work nights, weekends, and holidays

2010-2014 Nanny, Private Care

Pensacola, FL

- Support children's emotional and social development, encouraging understanding of other and supporting positive self-concepts
- Adaptability to environment, schedule changes, and children and parents needs
- Demonstrated good time management
- Organize and participate in recreational and educational activities, such as games, drawing, handicrafts, and reading to children