

# Rebecca Medlock

## **ADULT - GERONTOLOGY ACUTE CARE NURSE PRACTITIONER**

Fenton, MO 63026

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3144132187

Capable and skilled graduate, Acute Care Nurse Practitioner with over 20 years of acute care nursing experience. I am a diligent nursing professional with demonstrated background of success in critical care, cardiology, cardiovascular, medical/surgical and education management settings. Master's Degree in Nursing from Maryville University (GPA 3.8). Recently board certified by the American Nurses Credentialing Centre as an AGACNP-BC. Eager to join highly rated healthcare system to provide top quality care for adult- gerontological patients with acute complex diseases.

### SUMMARY

- 20 years of combined acute care registered nursing experience in Cardiovascular ICU, Surgical ICU, Medical ICU, Telemetry, Cardiac Step-down, Medical Surgical, Education and Management.
- Experienced, accomplished educator with notable presentation skills and developer of educational programs for clinical staff.
- Excellent communication and leadership skills.
- Flexible, self-motivated professional, quick learner who adapts easily to new situations, enjoys a challenge.
- Continuously seeking professional development and lifelong learning to increase knowledge and skills
- Collaborate with physicians and other members of the health care team.
- Adept at managing acute care patients through advanced assessment, diagnosis, intervention, and evaluation.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse COVID ICU**

AMN (AMERICAN MOBILE NETWORK) Kaiser Permanente San Diego Medical Center - San Diego, CA  
November 2020 to Present

Work in COVID-19 Intensive Care Unit. Taking care of intubated COVID-19 ARDS-Pneumonia patients

Management of Multiple medication IV Drips

- Paralytics
- Inotropes-Dobutamine
- Anticoagulants-Heparin
- Insulin
- Norepinephrine, Dopamine, Esmolol
- Flolan
- Electrolytes- Magnesium, Potassium, Calcium
- Sedatives-Propofol, Versed, Fentanyl

Management of Proning patients

Manage Central Lines

- Peripheral Inserted Central Catheter, Subclavian Triple Lumen, Intrajugular Triple Lumen, Arterial Lines

Management of Airways

- Endotracheal tubes
- Tracheostomy
- C-pap
- Bipap
- Hi flow Nasal Canula

### **Registered Nurse (RN, BSN)**

Mercy Urgent Care - Fenton, MO

January 2018 to May 2020

- Interact with patients to obtain medical histories, complete assessments, conduct diagnostic tests, and educate on treatments, lab results, and wellness plans.
- Discuss patient complaints, symptoms, health history, and treatment/care plans with physicians.
- Respond to emergent situations with swiftness, expertise, and rational approaches.
- Coordinate comprehensive care with physicians and staff to deliver treatments, interventions, and continuum of care services.
- Remain calm in fast-paced environment to manage multiple acute medical conditions and traumas, such as asthma, chest pain, fractures, burns, seizure disorders, anaphylactic shock, and pneumonia.

### **Acute Care Nurse Practitioner Graduate Student**

Cardiothoracic ICU/ Washington University School of Medicine - St. Louis, MO

May 2018 to August 2018

Duties include:

- Performed advanced physical assessments of acute complex critical cardiovascular surgical patients

LVADS, ECMO, CABG

- Participated in multidisciplinary rounds and presented treatment plans to attending physicians and healthcare team
- Interpreted diagnostic tests, designed, and implemented plans of care for post-operative open-heart patients
- Sought intellectually stimulating educational opportunities to increase knowledge and skills of acutely ill cardiovascular surgical patients

### **Acute Care Nurse Practitioner Graduate Student/ICU**

Surgical/Medical ICU-SSM St. Claire Hospital - Fenton, MO

January 2018 to August 2018

Fenton, MO January 2018-August 2018

- 200 Hours
- Assessed patients to diagnose symptoms,
- developed treatment plans, implemented interventions, and gathered patient histories.

- Presented patients to attending physicians to discuss antibiotic therapies, ordered tests, interpreted results, and evaluated X-rays and EKGs.
- Managed care plans for patients with MI, asthma, COPD, acute respiratory distress syndrome, sepsis, pneumonia, cardiac arrest, and hemorrhagic stroke.

### **Acute Care Nurse Practitioner Graduate Student/Hospitalist**

Hospitalist Rotation/Mercy South Hospital - St. Louis, MO  
September 2017 to August 2018

Duties include:

- Coordinated care for multiple acute care patients, performed patient history, physical, and develop comprehensive treatment plans
- Performed advanced physical exam/diagnosis and evaluating lab test as well as medications.
- Built trust and rapport with patients by listening to concerns, advocating for wellness, health promotion and educating on acute and chronic health issues.
- Actively communicated patient's assessment & plan of care to attending physician
- Presented treatment plans to physician based on standards of practice and first line therapies
- Formulated differential diagnosis for complex medical patient's arrhythmias, asthma, acute exacerbation of COPD, pneumonia, acute on chronic disease, acute on chronic heart failure, stroke patients

### **Clinical Education Manager**

Kindred Healthcare - St. Louis, MO  
January 2011 to February 2018

- Partnered with leadership to identify and improve various operations, including staff retention, morale, and satisfaction.
- Enhanced code blue team dynamics and outcomes with mock codes, communications facilitation, and team member evaluations.
- Defined skill competencies, assessed RN skills through demonstrations, enhanced patient outcomes/quality of care with quality improvement measures, and delivered new hire orientation.
- Facilitated working relationships with medical professionals, leveraged clinical data/feedback to improve quality care/outcomes, and oversaw all compliance efforts.
- Analyzed datasets to identify areas of opportunity, instructed students in critical care areas (telemetry, cardiovascular medications, IV sedations, chest tubes), and lowered turnover with a preceptor program.
- Improved capability to treat complex patients with a propofol policy and order set in coordination with physicians and pharmacy director.

### **Registered Nurse (RN, BSN) Critical Care**

Maxim Healthcare Group - St. Louis, MO  
January 2009 to January 2011

- Provided direct care in critical care units, including Cardiac, Medical, Surgical and Trauma units
- Compassionately treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory disease syndrome, congestive heart failure and chronic obstructive pulmonary disease
- Provided patient diagnosis, test evaluation and treatment under strict time constraints
- Counseled caregivers and families on end-of-life planning and education on patient care options
- Exercises independent judgement within the context of interdisciplinary patient care

- Assisted with insertion/managed central lines and assisting physicians with insertion of chest tubes

### **Registered Nurse (RN, BSN) Surgical ICU**

SSM Health St. Mary's Hospital - St. Louis, MO

January 2003 to January 2008

REGISTERED NURSE

Surgical Intensive Care Unit

- Provided excellent nursing care to patients with acute and chronic medical/surgical conditions
- Assisted physicians with medical and surgical bedside procedures. Insertion of central line catheters, swan Ganz catheters, arterial catheter, percutaneous tracheotomy, intracranial pressure monitoring
- Practiced excellent interpersonal communication skills and working in multidisciplinary team
- Coordinated the delivery of care to critically ill patients including assisting with insertion/managed swan Ganz catheter
- Cared for patients recovering from vascular, abdominal, cardiac, and neurological surgeries
- Responded to rapid response calls with speed, expertise, and level-headed approaches to provide exceptional care

### **Registered Nurse (RN, BSN)/Cardiothoracic ICU & ICU Float Pool**

Mercy Health System - St. Louis, MO

January 1998 to January 2003

REGISTERED NURSE

Cardiothoracic ICU & ICU Float Pool

- Managed patient's post-operative cardiovascular patients and coordinating care of multiple critically ill patients.
- Actively reduced patient ventilation time by implementing standardize weaning protocols
- Improved quality patient care by collaborating care with members of clinical team including attending physician, cardiovascular surgeon, pulmonologist, cardiologist, physician assistants, respiratory therapist, nursing staff and pharmacists
- Team leader maintained high performance professional working standards actively participated in unit performance improvement activities
- Manage patients in ICU on continuous venous haemodialysis, including patients with chest pain, arrhythmia, and myocardial infarction.
- Practices autonomously, consistent with standardize evidence-based nursing practice standards and policy/procedures

## Education

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### **MASTER OF SCIENCE in NURSING**

Maryville University

2014 to 2018

### **BACHELOR OF SCIENCE in NURSING**

Southeast Missouri State University - Southeast, Missouri, US

1992 to 1996

## **Advanced Management Of Complex and Critically Ill Patients**

Professional Education System Institute

December 2015

## **Essential Assessment, Interpretation and Intervention Strategies**

Professional Education System Institute

December 2015

## **The Core Competencies of Atrial Fibrillation, Heart Failure and Monitoring**

Professional Education System Institute

March 2015

## **Essentials Skills in Acute Coronary Syndrome Treatment, Cardiac Assessment and Pharmacology**

Professional Education System Institute

March 2015

## Nursing Licenses

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### **CNP**

Expires: April 2021

State: MO

### **RN**

Expires: April 2021

State: MO

## Skills

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- Develop Treatment Plans  
Leadership Critical Thinking Organization & Prioritization Collaboration & Team Player

### CLINICALS

Collect & Interpret Hemodynamic

Advanced Health Assessment

Diagnosis

IV Therapy Arterial Blood Gases Venepuncture

12 lead EKG Arrest Response Manage Ventilator Central Line Removal

Pulmonary Artery Removal Manage Pacemaker Manage Gastric Tubes Assist with insertion:

Arterial lines Chest tubes

Percutaneous tracheostomies

- Critical Care Experience
- ICU Experience
- EMR Systems
- Managed Care
- Nursing
- Triage
- 12 lead EKG (10+ years)
- Assist Central Line placement and removal (10+ years)

- Assit with Chest tube insertion and removal (10+ years)
- CardioPulmonary Arrest/ RRT (10+ years)
- Develope Treatment Plans
- Assist with Sterile Invasive Procedures/ Percutaneous Tracheostomy (7 years)
- Intracranial Pressure Monitoring (6 years)
- Mangement of 3 rd and 2 nd degree Burn Patients (5 years)
- Assist Cardioversion (9 years)
- Management of Cardiac Catheterization Patients (10+ years)
- Telemetry (10+ years)
- Clinical Education (10+ years)
- Management Experience (7 years)
- Quality Management (2 years)
- Epic (7 years)
- Swan-Ganz Catheter Management/Interpret Hemodynamic (6 years)
- Advanced Health Assessment
- Hospital Experience
- Experience Administering Injections
- Supervising Experience
- Patient Care
- Nurse Management
- Cerner
- Primary Care Experience
- Medication Administration
- Medical Records
- Phlebotomy
- Hospice Care
- Laboratory Experience
- Venipuncture
- Vital Signs
- ICD-10
- Medical Office Experience
- Recruiting
- Anatomy Knowledge

## Certifications and Licenses

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### **ANCC Adult-Gerontology Acute Care Nurse Practitioner Certification, American Nurses Credentialing Center, #2018070053**

July 2019 to July 2024

ANCC Adult-Gerontology Acute Care Nurse Practitioner Certification, American Nurses Credentialing Center, #2018070053

**ACLS**

November 2019 to November 2021

Advanced Cardiac Life Support

**BLS for Healthcare Providers**

November 2019 to November 2021

**12 lead ECG**

Present

## Groups

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**American Association of Critical Care Nurses**

April 2013 to 2020

**American Nurses Association**

January 2013 to 2020

**Missouri Nurse Association**

February 2010 to 2020

## Additional Information

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American Association of Nurse Practitioner