**Hannah Vander Heiden**

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**Education**

NORTHWEST IOWA COMMUNITY COLLEGE – Sheldon, Iowa

Practical Nurse License – including the following clinicals/labs:

* Fifty-six clinical hours on at Orange City Area Health System in Orange City, Iowa
  + Seven hours spent in the Operating Room and Labor and Delivery
  + Forty-nine hours on Medical- Surgical
* Forty-two clinical hours at Avera Health in Rock Valley, Iowa
  + Seven hours at Physical Therapy
  + Seven hours at Outpatient
  + Seven hours at Medical- Surgical and Emergency Department
  + Seven hours at Surgery
  + Fourteen hours at Family Practice
* One hundred and twenty hours of preceptor at Prairie View Nursing Home in Sanborn, IA
* Ten hours of Simulation lab

LAKE SUPERIOR COLLEGE – Duluth, Minnesota

Associate of Arts

**Certifications**

**Basic Life Support Certification** (Renewal on 08/02/2021)

* Includes: CPR, AED, Heimlich on infants/children/adults

**LPN Licensure** for the state of Iowa #P64553 (transfer applied for)

**Skills**

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| --- | --- |
| * EPIC for charting/record keeping * Companionship and emotional support * Transporting patients * Measuring bodily fluids * Supporting personal needs * Documenting behaviors * Dementia and Alzheimer's knowledge | * Observing responses * Patient-focused care * Recording vital signs * Trustworthy companion * Efficient and reliable team player * Compassionate * Adaptable |

**Work History**

Quyanna Care Center (Integrity Medical Staffing LLC)– Nome, Alaska

Certified Nursing Assistant (CNA) (September 2019 – December 2019)

* Gathered/recorded dietary information, assisted with feeding, monitored intake to help patients achieve nutritional objectives and support wellness goals
* Assisted patients with mobility needs including: moving to and from beds, organizing wheelchairs, preparing assistive devices, etc.
* Helped patients effectively manage routine bathing, grooming and other hygiene needs
* Facilitated activities of daily living including: personal hygiene management, feeding and ambulation

Solvay Hospice House – Duluth, Minnesota

Certified Nursing Assistant (CNA) (February 2019 – July 2019)

* Conducted routine checks on standard patient vitals including: blood pressure, blood sugar, heart rate, etc.
* Examined and addressed lacerations, contusions and other physical symptoms in need of further attention
* Prepared, maintained and cleaned treatment areas after daily use
* Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness
* Documented patient intake and dietary requirements and assisted with feeding
* Built secure relationships with patients and family through troubling times of Hospice care

Java Moose Espresso – Grand Marais, Minnesota

Barista (July 2015 – August 2019)

* Responsible for taking customer orders, creating the beverages, preparing food along with serving to the customers
* Fold, organize and restock all the merchandise
* Handled closing out the transactions with the customer at the register
* Closed out the register and made the deposit at the end of the night
* Clean the store, espresso machine