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| **Engaged in professional organizations | Fluent in English and Tagalog | EPIC, Meditech and Essentris trained**  **EKG Rhythms trained**  **Phi Theta Kappa International Honor Society Scholar | Natural leader | Committed to ongoing professional development | Experienced caregiver** |
| **Related Work Experience**  **Brooke Army Medical Center, ISR BURN Unit, BSN, RN Contractor (GiaMedJV, LLC.) 7/2020-present**  **Metropolitan Methodist Hospital, San Antonio, TX** Registered Nurse II 4/2018-7/2020  **Progressive Care Unit** (Stroke and Bariatric Certified Unit)  **Duties/Responsibilities:** Caring for patients who require close monitoring and frequent assessment, but who are not unstable enough to be in the ICU. Monitor cardiac and other critical vital signs and detect any changes, enabling intervention of life-threatening or emergency situations.  **Employment Gap:** 9/2016-3/2018 (Full-time parent)  **Reason for Gap in Employment:** Took a break from working to relocate and be with spouse who worked for the US Army in South Korea (from 02/2016-01/2018), also gave birth to a son.  **St. Joseph Medical Center, Tacoma, WA** Registered Nurse, (36 hrs/wk) 3/2015-8/2016  **Med/Surgical Telemetry Unit (Home Unit)**  **Duties/Responsibilities:** Assisted patients/clients in promoting, restoring, or maintaining optimal health through assessment, diagnoses, and treatment of actual or potential alterations in functional ability and lifestyle. Worked with patients that require special monitoring using cardiac telemetry and electrocardiogram equipment, including those recently released from the intensive care unit as well as mental health patients with several comorbidities. Also, reviewed equipment and data to detect potential symptoms of distress or danger.  **St. Joseph Medical Center,** Float RN to following units (16 hrs/2 wks) 3/2015-8/2016  **Orthopedic Unit**: Helped patients improve mobility and functionality by helping them to redesign their personal spaces and equipment and furniture that help to support the bone structure and promote healing. Also, worked with doctors to perform treatments on patients with musculoskeletal conditions and to prepare a pain management schedule for patients per doctors’ order to prevent patients from suffering pain.    **Ambulatory Care Center:**  Ensure patient safety and quality of nursing care by applying appropriate nursing interventions, such as identifying and clarifying patient needs, performing procedures, providing health education, promoting patient advocacy, coordinating nursing and other health services, and evaluating patient outcomes.  **Outpatient Day Surgery:**  Provided preoperative and postoperative care to a diverse patient population. Assessed patients and plan for the scheduled surgery and post discharge care, implement the plan, and evaluate the patient's and family's understanding of the information and their ability to provide for self-care at home.  **Med/Surgical Neurology:**  Cared for patients with spinal cord injury, brain tumor or neurological disease such as Huntington's chorea or myasthenia gravis and recognizes many subtle neurological symptoms that can change patients’ status either gradually or very suddenly, indicating an emergency situation.  **Inpatient Rehabilitation:**  Assessed and provide care to patients requiring rehabilitative services including those who are recovering from stroke, orthopedic knee and hip replacements, amputation, and patients suffering debilitation from medical and surgical conditions.  **Oncology Unit:** Cared for patients with cancer. Served as the first line of communication and helped coordinate the many aspects of patients care throughout cancer treatment.  **West Hills Health and Rehabilitation Center,** Registered Nurse(40 hrs/wk)10/2014-2/2015  **Duties/Responsibilities:** Assessed and provided care to patients requiring rehabilitative services including those who are recovering from stroke, orthopedic knee and hip replacements, amputation, and patients suffering debilitation from medical and surgical conditions.  **Regency Park Assisted Living and Memory Care,** Medication Aide (32 hrs/wk) 2/2014-10/2014  **Caring Heart Health and Home Services,** Caregiver (16 hrs/wk) 2/2014-10/2014  **Linfield College Portland Library**, Student Assistant (10 hrs/wk) 6/2013-12/2013  **Avamere Crestview of Portland,** CNA 1 (40 hrs/wk) 6/2012- 9/2012  **Home health caregiver**, Eugene, OR (60 hrs/wk) 10/2007-3/2010  **Dole Foods Company**, Davao, Philippines, Information Systems Analyst/Quality Assurance Staff (40 hrs/wk) 12/2001-08/2006  **Clinical Experience**   |  |  |  |  | | --- | --- | --- | --- | | Facility | Department | Hours | Course | | St. Joseph Medical  Center (CHI Franciscan Health) Tacoma, WA  Legacy Good Samaritan Portland, OR | *Med/Surgical/Telemetry Unit*  *Cancer Care Unit* | 2500  250 hours  216 hours | Acute Care Bedside Experience/Hours  Online Nursing  Continuing Education  Senior Practicum | | Legacy Good Samaritan  Portland, OR | *Legacy Cancer Institute* | 120 hours | Leading and Managing | | Providence St. Vincent  Portland, OR | *Surgical Services Unit* (8E) | 140 hours | Acute Conditions | | Legacy Salmon Creek  Vancouver, WA | *Family Birth Center* | 112 hours | Maternal-Child Health | | Holladay Park Plaza  Portland, OR | *Acute Rehabilitation Unit* | 126 hours | Chronic Conditions | | Arbor Place  Portland, OR | *Cascadia Behavioral Healthcare* | 126 hours | Mental Health | | Marquis Autumn Hills  Portland, OR | *Skilled Nursing Unit* | 98 hours | Clinical Nursing Skills | | Cascade Terrace  Portland, OR | *Long Term Care Center* | 112 hours | Fundamentals of Community-based Nursing |   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Master of Science in Nursing, *University of Texas Arlington* 08/2019-03/2020  **Education**   |  |  | | --- | --- | | Bachelor of Science in Nursing, *Linfield College, Portland, OR* | 12/2013 | | Bachelor of Science in Public Administration, *Mindanao State University, Philippines* | 11/2001 | |
| |  |  | | --- | --- | |  |  | | NIH Stroke and Bariatric Certified RN  Advanced Cardiovascular Life Support (ACLS)  Basic Life Support for Health Care Provider | valid until 08/2022  valid until 06/2023 | |  |  | | Texas RN License: 950285 | valid until 7/31/2022 |   **Certification/License** |
| **Leadership and Professional Highlights**  **Texas Nurses Association (TNA),** Member 4/2018-present  **Oregon Nurses Association (ONA),** Member9/2014-present  **American Nurses Association (ANA),** Member 9/2014-present  **Legislative Education Director** 3/2013-4/2014  Oregon Student Nurses Association (OSNA), Portland, OR  **Nominations and Elections Committee Member,** OSNA 3/2013-4/2014  **Community Outreach Committee Member,** OSNA  3/2013-4/2014  **Oregon Nurses Association,** Student Affiliate Member 3/2013-4/2014  **National Student Nurses Association (NSNA),** Member 2/2013-4/2014  **Linfield Student Nurses Association,** Member 2/2013-12/2013  **9th Annual Pacific Northwest Excellence in Breast and Gynecologic Care Conference** 11/2013  Portland, OR, Delegate  **OSNA Annual Convention,** Portland, OR**,** Delegate 2/2013  **NSNA 61st Annual Convention,** Charlotte, NC,Delegate 4/2013  **OHSU Fall Trauma Nursing Conference,** Portland, OR,Delegate 10/2012  **Medical/Surgical Oncology Immersion,** Legacy Good Samaritan, Portland, OR (**Senior Practicum**) 10/2013-12/2013   * Developed skills in prioritizing, time management, delegation, and nursing procedures * Provided nursing care for multiple critically ill cancer clients with complex secondary medical diagnoses * Performed admission, ongoing, procedural, and discharge assessments * Initiated physician and system guide consultations under a preceptor’s supervision * Attended cancer related conferences, unit in-service, and unit quality improvement meetings * Observed chemotherapy safety handling re/certification classes |
| **Community Involvement**  **American Red Cross, Camp Humphreys South Korea,** Volunteer 9/2016-present  **OR Medical Association Care Connection Health Fair-Immunize OR,** Volunteer 4/2013 **Downtown Portland Compassion Clinic,** Volunteer 7/2013  **Linfield College Multicultural Programs**, Volunteer 9/2011-12/2013  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    **Honors and Awards**  Metropolitan Methodist Hospital, Daisy Award Nominee 4th Quarter of 2019  Phi Theta Kappa International Honor Society Member 9/2009-present  Linfield College School of Nursing Transfer Scholarship 6/2011-12/2013  Phi Theta Kappa International Honor Society Scholarship 9/2009-12/2013  Phi Theta Kappa International Honor Society |
| **REFERENCES**  **Sita Adhikari, BSN, RN**  Staff RN, Progressive Care Unit  Metropolitan Methodist Hospital San Antonio, TX  indu.adhikari@gmail.com  (210) 709-6984  **Sheri Wagner-White, RN**  Christus Santa Rosa, Westover Hills, San Antonio TX  Staff RN, Medical/Surgical Unit  sawagner88@gmail.com  (210) 254-7910  **Rosalyn Francia, BSN, RN, CMSRN**  Staff RN, Med/Surgical/Telemetry Unit  St. Joseph Medical Center Tacoma, WA  [rose\_franz77@yahoo.com](mailto:rose_franz77@yahoo.com)  (253) 228-0423  **Liza Matsumoto, BSN, RN**  Bristol Hospice, Oahu, Hawaii  lizamtsmt609@gmail.com  (808) 754-3701 |