

Melinda Kearnes

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Professional Summary

Hardworking nursing professional qualified in Florida and trained in monitoring and caring for patients with diverse needs. Familiar with updating charts, tracking vitals, and preparing biological samples. Safety-oriented and knowledgeable about infection control and prevention protocols.

Skills

- Telemetry monitoring
- Medication administration
- Patient assessment
- Ultrasound guided IVs
- Vitals monitoring
- Time management
- Treatment planning
- Chart updating

Experience

Registered Nurse July 2020 - Current
Lakeland Regional Hospital, Lakeland, FLORIDA

- Protected patients through careful monitoring and consistent use of aseptic techniques.
- Developed and implemented treatment plans for patients with various acute and chronic concerns.
- Helped patients feel comfortable and at ease with treatments and care using culturally-appropriate strategies.
- Communicate patient status updates to doctors to provide adequate care based on the needs of the patient.
- Cared for patients' wounds and promoted recovery by dressing, cleaning, and redressing areas.
- Helped treat patient conditions and alleviate symptoms by administering oral, IV, and intramuscular medications.
- Supported post-surgical patient needs, encouraging ambulation, monitoring catheters, and handling difficult personal hygiene tasks.

Patient Care Technician April 2019 - July 2020
Lakeland Regional Hospital, Lakeland, FLORIDA

- Kept healthcare team informed with regular updates to patient charts, including vitals, treatments, and responses.
- Helped stabilize and treat patients during emergency situations.
- Assisted patients with activities of daily living such as bathing and feeding.
- Prevented bedsores, consistently turning patients every two hours.

Shift Lead January 2018 - September 2020
Auntie Annes, Lakeland, Florida

- Improved team efficiency by coordinating production workflow and maintaining production schedules.
- Promoted inventory accuracy through effective documentation of transactions.
- Enhanced team performance by empowering and motivating employees.

Cashier July 2014 - August 2017
Chuck E. Cheese, Lakeland, FLORIDA

- Boosted repeat business with routine suggestions of loyalty programs and store cards.
- Trained new retail team members in customer-focused strategies, maintaining high team standards.

- Maintained clean, organized, and well-stocked checkout areas with regular attention to displays.

Education

Bachelors of Science in Nursing - Florida Southern College, Lakeland, FLORIDA

May 2020