

SANDRA KINDETE

Silver Spring, MD 20904

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240- 328-8852

OBJECTIVE:

Compassionate and exceptionally organized Registered Nurse. Specialized in providing complex critical nursing care to adult patients at Intensive Care units and Emergency department. Demonstrates effectiveness in the managed care environment, excels in setting requiring independent decision- making as well as team collaboration. Recognized for providing exceptional quality service.

QUALIFICATIONS SUMMARY

- ◆ Serves as member off interdisciplinary healthcare teams in providing critical care and performing life-saving interventions
- ◆ Experienced at maintain a positive work environment
- ◆ Performs physical assessment of trauma and determines psychosocial teaching and discharge planning
- ◆ Perform nursing duties in accordance with the hospital's policies and guidelines
- ◆ Cultural sensitivity, which fosters competence in maintaining legal and ethical standards in the provision of nursing care.

EDUCATION AND TRAINING

Howard Community College
Associates of science in Nursing

December 2019

American Sentinel University
Bachelor of Nursing

October 2022

Towson University
Bachelor's of Exercise Science

December 2018

PROFESSIONAL EXPERIENCE

GQRGM

Baystate Franklin Medical Center: ICU

January 31- April 27

- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain.
- Provided end of life care for patient/families as appropriate in an acute setting.

Eminent Consulting

Travel Intensive Care Unit and Emergency Department

Grady Memorial Hospital

November – December 2021

- Provided patient care, performed assessments, and interventions at a 30 bed ICU unit and ER for trauma and post-surgical patients.
- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain.

Travel Intensive Care Unit & Emergency Room

Advent Health Winter Park Hospital

September - November 2021

- Assisted physicians in the delivery of medical procedures and provided life support in the emergencies.
- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Provided high quality care for a wide variety of critical care patients,

Cross Country, Waco, Texas

Travel Intensive Care Unit RN

Ascension Providence Hospital

August- September 2021

- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain.
- Administered medications as determined by the patient's condition (IV, Sub-Q, etc.)
- Communicated the patient's condition to family members in a compassionate and non-technical manner.

White Glove Placement, Inc. Brooklyn, New York

Travel Intensive Care Unit

February -August 2021

North Central Bronx Hospital

- Recorded patients' medical status and treatment details in electronic charts to accurately document medical care
- Observed patients' vital signs and administered physician-prescribed medications and treatments
- Perform bedside assessment for COVID-19 isolation patients

University of Maryland, Capital Region

February 2020- 2021

ICU, Registered Nurse.

- Provided patient care, performed assessments, and interventions at a 24-bed ICU unit for trauma and post-surgical patients.
- Assessed patients' condition, notified physicians of clinical changes as well as prepared and implemented patient care plans.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain.

University of Maryland, Capital Region

February 2020- 2021

Emergency Department and Trauma, Registered Nurse.

- Providing nursing care within Level 2 Trauma center
- Apply expertise in prompt patient condition assessment on patient arrival
- Stabilize critical incoming patients
- Perform medical procedures such as EKG, venipuncture, and intravenous lines

Grace Medical Center, Baltimore MD

January 2020 – February 2020

Emergency Department, Registered Nurse

- Experience caring for patients with multiple co-morbidities and acute illness or trauma
- Work closely with physicians and other interprofessional team members.
- Perform all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments

LICENSURE & ADDITIONAL CERTIFICATIONS

- ◆ **Registered Nurse** Expires: 10/28/2023
- ◆ **Advanced Cardiovascular Life Support** Expires 10/15/2024
- **PALS** Expires 02/25/2024
- **Basic Life Support Health Care Provider Certification** Expires: December 2024

PROFESSIONALS ORGANIZATIONS

- **Student Nurses Association** Cohort Representative September 2018
- **Maryland Association of Student Nurses** Member January 2019
- **Emergency Nurse Association** Member