

Kirsten Hocq

Strong, Friendly, determined and understanding Individual

Pana, IL 62557

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2175613255

Authorized to work in the US for any employer

Work Experience

LPN (Licensed Practical Nurse)

Petersen Health Care - Nokomis, IL

November 2019 to Present

Cared for residents within my nursing scope.

LPN (Licensed Practical Nurse)

Taylorville Care Center - Taylorville, IL

June 2019 to November 2019

Cared for residents within my nursing scope

CNA/Sales Representative

Gilman, IL

Gilman Nursing Home, Gilman, Illinois

- Provide patients with help moving in and out of beds, baths, wheelchairs, or automobiles and with dressing and grooming.
- Care for patients by changing bed linens, washing and ironing laundry, cleaning, or assisting with their personal care.
- Check patients' pulse, temperature, and respiration.
- Entertain, converse with, or read aloud to patients to keep them mentally healthy and alert.
- Maintain records of patient care, condition, progress, or problems to report and discuss observations with supervisor or case manager.

Subway, Gilman, Illinois

- Clean food preparation equipment, work areas, and counters or tables.
 - Restock kitchen supplies, rotate food, and stamp the time and date on food in coolers.
 - Perform food preparation tasks, such as making sandwiches, carving meats, making soups or salads, baking breads or desserts, and brewing coffee or tea.
 - Plan work on orders so that items served together are finished at the same time.
 - Perform general cleaning activities in kitchen and dining areas.
 - Accept payments, and make change or write charge slips as necessary.
- Order supplies and stock them on shelves.

Moweaquea Nursing Home and Rehabilitation Center

- Maintain records of patient care, condition, progress, or problems to report and discuss observations with supervisor or case manager.
- Administer prescribed oral medications, under the written direction of physician or as directed by home care nurse or aide, and ensure patients take their medicine.
- Plan, purchase, prepare, or serve meals to patients or other family members, according to prescribed diets.
- Accompany clients to doctors' offices or on other trips outside the home, providing transportation, assistance, and companionship.
- Direct patients in simple prescribed exercises or in the use of braces or artificial limbs.
- Perform a variety of duties as requested by client, such as obtaining household supplies or running errands.
- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Turn or reposition bedridden patients.
- Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.
- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

Heritage Health Care

- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Exercise patients who are comatose, paralyzed, or have restricted mobility.
- Remind patients to take medications or nutritional supplements.
- Feed patients or assist patients to eat or drink.
- Supply, collect, or empty bedpans.
- Undress, wash, and dress patients who are unable to do so for themselves.
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Lift or assist others to lift patients to move them on or off beds, examination tables, or stretchers.
- Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers.
- Prepare or serve food trays.
- Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination.
- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.

- Record height or weight of patients.
- Restock patient rooms with personal hygiene items, such as towels, washcloths, soap, or toilet paper.
- Change bed linens or make beds.

Skills

- English
- Medication administration

Certifications and Licenses

Licensed Practical Nurse

Additional Information

Skills

- Active Listening
- Service Orientation
- Critical Thinking
- Coordination
- Active Learning
- Judgment and Decision Making
- Customer and Personal Service
- Social Perceptiveness
- Food Production
- Management of Personnel Resources