

College of Nursing

Sarah Eckstein RN, BSN

Sigma Theta Tau International Honor Society of Nursing®

814 E Winnebago Street Appleton, WI 54911 920-538-6075 SarahDernlan@gmail.com

OBJECTIVE: To gain PRN daytime employment as a registered nurse.

EDUCATION

University of Wisconsin Oshkosh, College of Nursing, Oshkosh, WI May 2017 GPA: 3.54 Bachelor of Science in Nursing Accelerated Online BS to BSN Program Honors: College Honors; Wisconsin Women's Alliance Scholarship Fox Valley Technical College, Health Sciences, Appleton, WI GPA: 4.0 January 2016 Certified Nursing Assistant Honors: Gov. Scott Walker State of the State Address Representative Bethel University, College of Letters and Science, St. Paul, MN GPA: 3.42 May 2011 Bachelor of Arts in Psychology Bachelor of Arts in Spanish Language Honors: Dean's List: President's Scholarship

NURSING EXPERIENCE

Clinic Nurse – Rheumatology Aurora Medical Center Oshkosh

December 2018 – present

Oshkosh, WI

- Provides patient centered nursing care in an outpatient clinic according to established scope of practice guidelines and standards of care. Develops, coordinates, and implements the patient plan of care in collaboration with the health care team.
- Uses the nursing process to provide ongoing care (assess, plan, intervention, and evaluation). Recognizes and
 responds to changes in a patient's status and need for care. Determines priorities of patient care based on essential
 patient needs.
- Provides triage and consultation to patient, family, and/or significant others according to protocol and organization guidelines. Communicates with physicians and other members of the health care team. Documents and communicates accurate and timely information regarding patient conditions.
- Administers medications, under physician/provider orders, including immunizations, steroids, and biologic medications. Initiates, maintains, and discontinues IV therapy; performs mixing of medications according to protocols.
- Assesses and provides basic to complex patient education and counseling on the performance of tasks, skills, treatment, and self-care integrating health promotion and preventive aspects of care.
- Assists in the development and implementation of staff orientation, competency, and educational activities. Acts as an
 expert clinical and department resource. Provides work direction to other staff and assists with patient care flow and
 the provision of services.
- Organizes and prepares exam rooms, lab and work areas including cleaning, stocking, ordering supplies, and maintaining equipment.

Nurse Manager Willow Lane Assisted Living

February – December 2018 Appleton, WI

- Maintain and manage: 28 resident care plans, medications, admissions and ongoing assessments, ECP charting, mental health needs, medication cart
- Process and implement provider orders and communication, including: INR draws; fall, incident, and neurological reporting; imaging and lab orders; change in condition updates; medication changes, etc.
- Uphold compliance with DHS 83 regulations in all aspects of nursing care in a CBRF

- Teach ongoing nursing education topics to 30+ care staff, including: infectious disease, hand washing, psychotropic medications, etc.
- Collaborate with ancillary agencies: pharmacy; home care; hospice; physical, occupational, and speech therapy
- Assign remedial education and corrective action for staff in partnership with Operations Manager for: medication errors, under-performing staff, incidents, etc.

Registered Nurse Case Manager Heartland Hospice

July 2017-February 2018

DePere, WI

- Managed a caseload of approximately 12-15 patients
- Supervised and coordinated seamless interdisciplinary nursing care with excellent verbal and written communication
- Provided weekly nursing visits to home-bound hospice patients
- Responsible for regular on-call hours, including regular weeknights and weekend days monthly

Certified Nursing Assistant Willow Lane Assisted Living

January - May 2016 App

Appleton, WI

- Provided nursing assistance to residents in a 28-bed assisted living facility
- Preserved patient dignity and minimized discomfort while carrying out duties such as toileting, emptying drainage bags, monitoring vital signs, transferring using assistive devices, dressing, grooming, and bathing
- Commended for chart accuracy, effective team collaboration, patient relations, and delivery of empathetic care

CERTIFICATIONS, LANGUAGE, AND INTERESTS

Basic Life Support for Healthcare Providers

2016 - present

- Language fluent in Spanish language speaking, reading, writing, and listening
- Interests piano, voice, guitar, fall camping in WI, running half marathons/5Ks, and cooking

COMMUNITY INVOLVEMENT

Quality Committee Board Member, Hope Clinic	Appleton, WI	2018 - present
Member, Sigma Theta Tau International Honor Society of Nursing		2017-present
Member, American Nursing Association	-	2017-present
Member, Wisconsin Nursing Association		2017-present

PROFESSIONAL EXPERIENCE

Accounts Receivable Specialist	Padco, Inc.	Minneapolis, MN	Fall 2013 – 2014
Procurement Specialist	Target Corporate	Minneapolis, MN	Fall 2012 – 2013
Coupon Operations Coordinator	Target Corporate	Minneapolis, MN	Spring – Fall 2012