

Jesus Alderete

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Authorized to work in the US for any employer

Work Experience

Caregiver/CNA

Joyful assistant living - Bloomington, MN

March 2019 to Present

- Vitals; blood pressure, oxygen level, temperature, daily weights
- Assist with transfers; hoist lift, EZ stands, transfer belt
- Personal hygiene cares; oral cares, peri-cares,
- Dressing the patients
- Medications
- Assist with showers, baths, bed baths
- Notified Nurse if any changes or behaviors
- laundry

CNA - Certified Nursing Assistant

Billie's Choice | In-Home Senior Care - Woodbury, MN

July 2020 to July 2021

Record vitals: blood pressure, oxygen level, pulse, heart rate, administering medications, assist with daily care; transfers, dressing, personal hygiene, cleaned resident's house; sweep, vacuum, threw trash and recycling away. Record and alerted changes to nurse.

CNA/ Lab tech

Dakota Valley Oms - Eagan, MN

September 2018 to March 2019

- Assist patients to their car
- Take vital signs; blood pressure and pulse
- go over discharge/ instructions
- clean and sterilize oral instruments
- prep instruments for surgery
- take phone calls
- clean and sterilize room before and after surgery
- assist doctors if needed
- transfers patients after surgery

construction worker

CM construction - Burnsville, MN

August 2017 to June 2018

Demolition work, cleaning, sweeping mop floors, throwing trash away in dumpster, lifting, following directions/ blue prints, operating machines, forklifts, pallet jacks,

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ST. THERESE NURSING HOME of woodbury - Woodbury, MN
April 2017 to February 2018

Vitals; blood pressure, temperature, oxygen level, respiration, heart rate, daily weights, assist with transfers, Hoyer lifts, Ez stand, bathed, showers, dressing patients, hygiene cares, record intakes and outputs, report any changes to nurses and coworkers, laundry, throw away dirty linens and trash

Hospice Aide

Interim Healthcare and Hospice - Roseville, MN
February 2017 to March 2017

Vitals; blood pressure, oxygen, pulse, temperature, record any changes, visit patients, drop off any materials need, bed baths, repositioning, assist with feeding, assist with transfers; hoyer lifts, Ez stands, oral cares, end of life cares

CNA - Certified Nursing Assistant

Presbyterian homes and services boutwells Landing - Oak Park Heights, MN
November 2014 to February 2017

Daily vitals; blood pressure, pulse, weights, temperature, oxygen level, respiration, assist with transfers; hoyer lifts, Ez stands, safety belts, assist with showers, whirlpool bath, bed bath, assist with dressing patients, feeding, throw away trash and dirty linens, record intakes and outputs, Foley catheters cares, personal hygiene cares, setting up dinning room tables, take patients food orders, food trays

CNA - Certified Nursing Assistant

Prelude Homes & Services - White Bear Lake, MN
August 2016 to January 2017

Safety checks, administrating medications, daily weights, assisting with showers, bed baths, whirlpool, assist with dressing patients, feeding patients, setting up dinning room tables, sweeping and mopping floors in kitchen and bathrooms, throwing away trash and dirty linens, laundry chart and report any changes to nurse, reordering medications

Deliver Driver

Original Mattress Factory - Maplewood, MN
June 2016 to July 2016

Get orders for customers set up in truck, lift mattress to customers house, assist with pick up orders for warehouses, Inventory, organize mattresses in warehouse, fill up gas in truck, alert the customer before arriving, alert factory when arriving back, set up truck for next day

Universal caregiver

Gracewood senior living/ white pines senior living - Mendota Heights, MN
August 2014 to September 2015

Vitals; blood pressure, heart rate, temperature, oxygen level, daily weights, assist with transfers EZ stand, hoyer lifts, assist with showers, whirlpool baths, administrating medications, order medications, laundry, sweeping, mopping the floors, throw away trash and dirty linens, report to nurse if any concerns, any changes, report to co workers for next shift

Home Health Care Aide

Oak park senior living - Oak Park Heights, MN

April 2014 to July 2014

Daily vitals; blood pressure, temperature, oxygen level, pulse, assist with transfers, escort patients to dining room and back, safety checks, assist with showers, bed baths, whirlpool, administering medications, record and report and changes or concerns to nurses, assist with feeding patients, laundry, throw away trash and dirty linens. Record intakes and outputs, personal hygiene cares

Produce sales clerk

Cubs food - Maplewood, MN

February 2007 to June 2014

Restock merchandise, inventory check merchandise, organize merchandise in back cooler, check for bad merchandise and product of grain, order product, operating forklift and compact boxes, cashier, push carts, sweep mopping floors, throw away trash, customer service.

Education

Diploma in Sterile processing

Anoka Technical College - Anoka, MN

August 2019 to May 2021

Certified nursing assistant in Nursing assistant

American red cross Association of America - Saint Paul, MN

October 2008 to November 2008

High school diploma or GED

Skills

- Construction Laborer
- Construction Management
- Drywall
- CNA
- Home Health
- Cna Certified
- General Labor
- General Laborer
- Vital Signs Experience
- CPR
- Epic
- Microsoft Word
- Organizational Skills
- Typing
- retail sales

- Acute Care
- Driving Experience
- English
- Customer Service
- Hoyer Lift
- Hospice Care
- Nursing
- Home Care
- Laboratory Experience
- Caregiving
- Patient Care
- Hospital Experience
- Critical Care Experience
- Meal Preparation
- Laundry
- Sterile processing

Certifications and Licenses

Certified Nursing Assistant (CNA)

Basic Life Support (BLS)

January 2016 to January 2018

CPR/First Aid

CPR

Drivers License

Assessments

Nursing Aide Skills — Expert

October 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Work Style: Conscientiousness — Highly Proficient

November 2020

Tendency to be well-organized, rule-abiding, and hard-working

Full results: [Highly Proficient](#)

Home Health Aide Skills — Highly Proficient

October 2020

Providing care to patients in a home setting

Full results: [Highly Proficient](#)

Logic & critical thinking — Completed

April 2019

Measures a candidate's ability to use logical approaches when solving problems.

Full results: [Completed](#)

Direct care — Proficient

February 2020

Showing sensitivity and enthusiasm while providing care to patients.

Full results: [Proficient](#)

Work style: Conscientiousness — Familiar

April 2019

Measures a candidate's tendency to be rule-abiding, well-organized, hard-working, confident, and think before acting.

Full results: [Familiar](#)

Work style: Reliability — Proficient

February 2020

Tendency to be dependable and come to work

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.