**MICHELLE ANN COOPER**

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920-267-2285

**EDUCATION**

University Wisconsin – Oshkosh 2010

Major**: Bachelor of Science in Nursing**

Program Accredited by the American Association of Colleges of Nursing

University Wisconsin - La Crosse 1994

Major: Therapeutic Recreation

Program Accredited by NRPA/AALR Council of Accreditation

**CERTIFICATIONS/LICENSES/TRAINING**

Registered Nurse number 173868-030

Basic life Support

Heartsaver First Aid

Certified in Cognitive Behavior Therapy for Insomnia

Completed Epictetus training

Completed Building Resilience Training

**NURSING EXPERIENCE**

**2017 Oshkosh Correctional Institution –**Nurse Clinician 2

* Utilized Motivational Interviewing to encourage healthy changes, away from substance use, management of mental health and decrease criminal/ineffective thinking.
* Provided psychoeducational programs including, Health, Cognitive Behavior Therapy – for insomnia, Building Resilience and Epictetus.
* Medication education for incarcerated men
* Case management to meet health goals

**2011 Winnebago Mental Health –** Nurse Clinician 2

* Assess and treat psychiatric patients
* Provide services such as managing medications, providing emergency care; and maintaining medical records.
* Coordinate and supervise delegated nursing activities to Psychiatric Care Technicians
* Assure that patient health and safety needs are met.
* Identify learning needs of patients, staff and others.
* Led seclusion and restraints incidents
* Identify medical and psychiatric problems and develop nursing care plans to address needs.
* Assist Physician with; admission and physicals, treatment and assessment of medical concerns, illnesses and injuries

**2010 Clinical synthesis –** Oshkosh Public Health Department

* Utilized evidence based research to educate area health care providers about emerging diseases.
* Completed disease investigations.
* Facilitated preventative health actions such as vaccines, hand washing education, and pest control for residences of Oshkosh.
* Communicated with schools in prevention of communicable disease outbreaks.

**2009 Winnebago Mental Health –** Mental health rotation.

* Applied the nursing process in caring for patients with mental illness and substance abuse disorders.

**2009 Healthy living –** Community health rotation

* Intake and assessment care for Healthy Living Community Clinic.
* Developed educational posters for utilization of emergency room and urgent care centers.

**2008 Theda Clark Medical Center -** Medical surgical rotation

* Experiences in emergency room, wound care, outpatient services and surgery**.**

**2007 Ripon Medical Center** – Medical surgical rotation

* Provided care for a variety of patients on medical surgical care unit with observation in emergency room, intensive care and surgery**.**

**2006 North Point Medical and Rehabilitation Center –** Long term care rotation

* Learned basic assessment, care, and comfort skills.

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***THERAPIST - SENIOR***

Wisconsin Resource Center: Winnebago, Wisconsin, January 1996- July 2002, June 2004- September 2011

* Facilitated groups including: Cognitive Interventions, Personal Development, Mental Health Education, Humanities.
* Developed program material for Cognitive Interventions.
* Active member of the statewide Cognitive Interventions curriculum committee, training committee, and the cross divisional committee.
* Provided training and assisted in writing the Department of Corrections, Cognitive Interventions Program.
* Assessed and developed Therapeutic Recreation Treatment Plans for inmates.
* Chaired Cognitive Interventions facilitator meetings to discuss inmate progress, drops and program modifications.
* Monitored completion of Cognitive Interventions evaluations.
* Coordinated purchase requests for the Goodwill Workshop.
* Monitored yearly revision of program manual for both the Cognitive Interventions Program and the Goodwill Workshop.
* Served as contact person for agencies requesting information or training about Cognitive Interventions.
* Served as program spokes-person at meetings, conferences and workshop.
* Met with program supervisors and other program coordinators to coordinate standards and procedures for the Goodwill Workshop.

***INSTITUTION UNIT SUPERVISOR***

Wisconsin Resource Center: Winnebago, Wisconsin, July 2002- June 2004

* Supervised seven, Psychiatric Care Technicians and one, Psychiatric Care Supervisor in a medium security prison.
* Provided training and job coaching to provide a safe and secure environment.
* Active member of the administrative team.
* Assisted in policy development, review and implementation.

***ACTIVITY DIRECTOR***

Castle Enterprises: Green Bay, Wisconsin, September 1994-November 1995

* Supervised the implementation and planning of recreational and educational programs.
* Completed employee evaluations
* Developed and implemented vocational programming for adults with developmental disabilities and mental illnesses.

***ACTIVITY DIRECTOR***

Bay Area Center for Behavioral Medicine: Menominee, Michigan, August 1993 -

December 1995

* Developed and implemented recreational activities, leisure education classes, exercise classes and weekend programming for adult short stay psychiatric hospital.
* Assessed leisure interests, programmed daily exercise and activities for geriatric patients being evaluated for treatable causes of dementia or for sudden onset in aggressive behavior.