**ALEXIS R. HARLAN**

 (434) 942-0333

 mrsharlan@yahoo.com

 193 Burning Lamp Lane

 Forest, VA 24551

**MSN, APRN, FNP-BC, NP-C**

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 **PROFESSIONAL PROFILE**

Highly skilled and experienced healthcare professional with an impressive amount of medical knowledge and ten years of dedicated and extensive nursing experience in the labor and delivery, medical/surgical unit and school nursing settings. Completed over 590 clinical hours in the outpatient clinical setting, gaining valuable experience in monitoring, evaluating and treating acute and chronic medical conditions through physical examination, reassessment and diagnostic interpretations. Consistently recognized for delivering evidence-based, patient-centered, and quality critical care. Cognizant with current evidence-based treatments for the aging, adult and acutely ill populations. Proven leader and serves as a key member of multidisciplinary healthcare teams and is well-known for excellent clinical skills. Expert critical thinking skills and medical knowledge to deliver superior care in high-pressure environments.

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|  **EDUCATION****2018 – 2020***Walden University*Master of Science in Nursing- Family Nurse PractitionerMinneapolis, MN**2008-2011***Centra College of Nursing*Professional Nursing Diploma- Registered NurseLynchburg, VA **PROFESSIONAL** **LICENSURES** * Licensed Nurse Practitioner State of Virginia; 0024180281; Exp: 1/2022
* Registered Nurse (RN), State of Virginia; RN 0001230778; Exp: 01/2022.

 **PROFESSIONAL** **CERTIFICATIONS** * AANP Certification, Expires 09/2025.
* ANCC Certification, Expires 09/2025
* BLS, Expires 04/2022.
* ACLS, Expires 05/2022.
* NRP, Expires 07/2022.
* MAT Waiver
* DEA Registered, Expires 10/2023

 **KEY SKILLS*** Expert leadership, organizational, interpersonal, and analytical skills.
* Quick learner when the situation demands knowledge in a new topic to help diagnose rare conditions and learn new medical treatment procedures.
* Outstanding critical thinking skills and proficient with evidence-based practice guidelines.
* Skilled at multi-tasking, prioritizing, and expertise in patient education and support.
* Skills in using the scientific method to approach problems and applying research-based strategies to help solve medical issues.
* Experience with Cerner electronic medical record.

 **AREAS OF** **EXPERTISE*** Family and Primary Care
* School Nursing
* Labor and Delivery
* Physical Assessments
* Electronic Medical Record
* Basic Life Support (BLS)
* Advanced Life Support
* History and Physical
* Cross-Cultural Communication
* Evidence Based Practice
* Health Promotion
* Preceptor and Educator
* Patient Education and Support

 |  **APRN CLINICAL INTERNSHIPS** * **August 2019 – July 2020**: **Primary Care and Pediatric Internship**

 Centra Medical Group, Primary Care and Pediatrics (Bedford, VA)* **November 2019 – February 2020: Women’s Health Internship**

 Forest Women’s Center (Forest, VA)* **November 2019 – January 2020:** **Women’s Health Internship**

 Henrico Women’s Hospital (Henrico, VA)* **May 2020-August 2020**: **Internal Medicine Internship**

 Sentara Internal Medicine Physicians (Virginia Beach, VA) **APRN Internship Skills:*** Completed over 590 total clinical hours under the direct supervision of Advanced Practice Registered Nurses and Physicians
* Efficiently diagnosed and treated common acute illnesses, skin conditions and injuries, as well as conducted screenings and physicals.
* Effectively ordered diagnostics and collected data regarding the patients' status and communicates with patients' family members as needed.
* Proficiently conducted well-child visits and vaccinations.
* Skillfully evaluated and diagnosed general women’s gynecologic disorders and obstetric conditions, as well as oversaw routine physicals and pap smears.
* Efficiently ordered and interpreted diagnostic tests given the patient’s age-specific needs, and triaged appropriately.
* Managed the clinical course of patients with acute or chronic disease processes.
* Promoted prevention and early detection by providing education to patients, family, staff and community.

 **PROFESSIONAL WORK EXPERIENCE****August 2014 – Present** **SCHOOL REGISTERED NURSE****Lynchburg City Schools (Lynchburg, VA)*** Knowledgeably provides emergency medical care to students, visitors, and staff.
* Proficiently administers medications and manages student health conditions, including diabetes, seizures, and life threatening allergies.
* Responsible for maintaining organized and updated health records on all students.
* Manages basic CPR education and epi-pen administration to staff.
* Orchestrates student vision, hearing, and physical assessments.
* Distinguished preceptor for nursing students.

**October 2012 – Present**  **LABOR AND DELIVERY REGISTERED NURSE****Centra Health (Lynchburg, VA)*** Competently provides comprehensive patient care to labor and delivery patients, including medication, orders and treatments.
* Collaborates with obstetricians, certified nurse midwives, nurses, and anesthesiologists, and provides care to women in triage, labor, antenatal, and postpartum settings.
* Responsible for circulating/first assisting in cesarean sections and bilateral tubal ligations in the operating room, and recovers patients from surgical procedures in the labor and delivery PACU.
* Skillfully monitors fetal heart rate status and assists with the care of newborns.
* Efficiently administers medications and titrates IV drips as needed.

**July 2011 – October 2012**  **MEDICAL/SURGICAL REGISTERED NURSE****Centra Health Medical Pulmonary (Lynchburg, VA)*** Consistently performed routine nursing care to assigned patients in the Pulmonary Intermediate Care Unit, while utilizing age specific and universal precaution practices at all times.
* Expertly managed critically ill patients, and provided outstanding nursing care for critical ventilator and tracheostomy patients.
* Actively participated in a multidisciplinary team approach to assess and evaluate patients, and develop effective treatment plans under the direction of the physician.
* Proficiently provided patient and family education, including diabetic, wound care, medications, and home care needs.
* Performed glucometer checks, administered insulin and other medications accordingly.
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