



LYNN PARADISE

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Summary

Compassionate Nursing professional demonstrating exemplary skills in direct patient care and healthcare team support. Communicative and collaborative demeanor cultivated over 10 years of superior healthcare industry performance. Experience handling multiple, complex cases with accuracy and dignity.

Skills

- Helping with medication
- Performing patient intakes
- Documentation procedures expert
- Calm and level-headed under duress
- Collecting vital signs
- Assisting with personal grooming
- Understands mobility assistance needs
- Monitoring fluids
- Patient relations
- Quick problem solver
- General housekeeping ability
- Collecting specimens

Experience

Meadow Ridge Senior Living | Golden Valley, Minnesota

Certified Nursing Assistant

04/2020 - Current

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Managed and maintained patient rooms, shared-living areas and nursing stations.

Chandler Place | Saint Anthony, MN

Certified Nursing Assistant

03/2015 - 04/2020

- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Managed and maintained patient rooms, shared-living areas and nursing stations.

Catholic Eldercare | Minneapolis, Minnesota

Certified Nursing Assistant

05/2012 - 03/2015

- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Managed and maintained patient rooms, shared-living areas and nursing stations.

Education and Training

American Red Cross | Minneapolis, MN
Certificate of Nursing in Nursing Assistance
02/2012

Edison High School | Minneapolis, MN
High School Diploma
06/1989