

# HILLARY THEGE

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Experienced Registered Nurse seeking to use knowledge and clinical skills to assist your clinical practice in a nursing role. RN with excellent teamwork, hard work ethic, communication, interpersonal skills, and dedication to provide superb patient-centered care.

## EDUCATION

2019 Bachelor of Science Degree in Nursing  
Mount Marty College | Yankton, SD

Associates of Science in Academic Transfer  
Central Community College | Columbus, NE



## CERTIFICATIONS

State of Nebraska Registered Nurse 8/2020  
Certified Nursing Assistant  
Basic Life Support  
Mental Health Certificate

## CLINICAL EXPERIENCE

Upheld a high standard of nursing care for a diverse population of patients ranging in age from newborn to the elderly in a variety of settings. (+500-hour completion)

- Medical Surgical -Preceptorship
- Infusion
- Obstetrics
- Pediatric
- Leadership/Management
- NICU/PEDS
- Community Health
- Operating Room- Preceptorship
- Emergency Room
- Intensive Care

### RN EXPERIENCE HIGHLIGHTS

- Critical thinking and problem-solving skills
- Excellent multi-tasking and time management
- Quality care of overall well being
- Young adult to geriatric treatment knowledge
- Psych and mental health care proficiency
- Charting and confidentiality
- Acute and rehabilitative care
- Post-Op Care with wound dressings changes
- Patient safety
- IV and administration of injections
- Strong assessment and communication skills
- Blood Product Administration/ IV fluids

## EXPERIENCE

**Registered Nurse-Medical/Surgical Floor** North Knoxville Medical Center | Knoxville TN October 2020-Present

- Took on Leadership as Charge Nurse and an Orientation leader
- Provided holistic patient centered care to multi diagnostic patients
- Floated to multiple floors (Covid Unit and Step-Down ICU) to expand my skills and knowledge in different areas of Nursing
- Used critical thinking and problem-solving skills
- Thrived in a high volume and acute setting during the Covid-19 pandemic

**Lifeguard** Columbus YMCA | Columbus, NE October 2019 -October 2020

**Lifeguard/Supervisor** City of Columbus | Columbus, NE May 2014- August 2019

- Maintain Continuous Surveillance of people swimming
- Administer first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administer CPR and/or artificial respiration, if necessary.
- Provide safety information to patrons using the facility
- Supervise swimmers to ensure that they are swimming within the safety protocols
- Spot hazards or potential hazards and take measures to prevent accidents
- Perform rescues in the event of drowning or swimming accidents
- Perform first aid and CPR/AED according to the demands of adverse situations
- Maintain accurate records of pool use and chemical levels
- Supervise staff and provide training

## COLLEGE HONORS & AWARDS

- Member of the National Honors Society of Nursing 2017-2019
- Exceptional Student Preprofessional Award 2015-2016
- Exceptional Student Mathematic Award 2015-2016