Lynsey Adkins

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Professional Summary

I am a Registered Nurse currently certified as well as I have APRN certification. I have a history of and continue to maintain clinical experience in delivering high quality, culturally competent care for a wide variety of patients. I have ten years of nursing experience in surgery, and three years of experience working in pain management and pre-surgical assessment. I also have experience in immediate care. I can perform in high stress, demanding settings with compassion and efficiency. During my career I have honed the ability to build rapport with patients and be both empathetic, and professional.

Work History

East Atlanta Eye Surgery Center- Lawrenceville, Ga (7/2020- 8/2021)

- Designed, created, and organized of surgical suites for new practice.
- Collaborate with surgical tech in ordering and maintaining supply of inventory.
- Establishing rapport with surgeons and learning of their preferences.
- Create and edit surgeon's case cards of each procedure.
- Ensure patient safety and wellness through safe OR polices/procedures and infection control.
- Provide patient comfort and care through assessment and follow through of patient individual needs.

North Central Bronx Hospital - New York (3/2020-4/2020)

• Covid-19 travel RN position to help in the acute and emergent need of providing care to COVID-19 patients in the state of New York.

Brite Life Urgent and Primary Care (5/2019-8/2019)

- Assessment, diagnosis, and treatment of patients from toddler to adult in collaboration with MD.
- Appropriately and safely prescribe medications as ordered and educate patients in regards to diagnosis and health.
- Provide timely documentation of history and physicals as well as indicated electronic charting.
- Order appropriate lab testing and follow up with results.
- Consult and referral to other medical specialties as deemed necessary by primary care provider.

Northside Anesthesia Consultants (1/2016 to 12/2019)

- Collaborate with anestheologists seeing pre-surgery patients to ensure physical stability and risk factors for anesthesia, including: reviewing medical history, lab work, imaging, ekgs, etc.
- Specialize in chronic and acute pain patients.
- Work with patients and family members to determine the best strategy for pain management; offer alternatives to opioid use, such as: regional epidural analgesia, nerve blocks, etc.
- Follow up with patients on current treatments and address effectiveness and/or complications; following up and confirming MD orders to ensure patient's optimal health and safety.

RN, Operating Room Circulator 08/2014 to 12/2015

Northside Hospital-Cumming, GA

- Assist doctors with surgeries and non-invasive procedures.
- Ensure patient safety and well-being during surgery.
- Accurately document nursing interventions and patient outcomes.
- Assess patients and document their medical histories.
- Evaluate patient care needs, prioritize treatment, and maintain patient flow.
- Follow infection control procedures.

Optim Orthopedics Surgery Center- Savannah, GA 5/2012-5/2013

East Georgia Regional Medical Center/Hospital-Statesboro, GA 1/2007-5/2012

- Operating Room Circulator with experience in General, OB/Gyn, Thoracic, and Orthopedic surgeries.
- Davinci Robot lead RN

Education

Master of Science: Nursing-2014 South University-Savannah, GA Bachelor of Science: Nursing-2006

Georgia Southern University-Statesboro, GA

Certifications

- Registered Nurse-state of Georgia
- Georgia Advanced Practice RN
- CPR certified through American Heart Association
- Member of Sigma Theta Tau, Honor Society of Nursing