**Sara Eichler, RN, BSN**

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**Education** Adelphi University - Garden City, NY

 *Bachelor of Science****:*** *Nursing,* 08/2018

**Licensure /** Registered Nurse in the state of Hawaii (RN #95319) 2019

**Certifications** BLS / CPR / ACLS certified (American Heart Association)

**Professional Experience: Aloha Nursing Rehab Center, HI**

 ***Registered Nurse*- March 2020- Present**

Expert in skilled nursing services such as-

* Overall management and evaluation of the patient’s plan of care plan
* Patient education services for patient self-management
* Responsible and Accountable for utilizing the nursing process in the provision of patient care.
* Executes plan of care making necessary changes as the condition of the patient indicates, monitors patient’s outcome.
* Assesses patients for side effects of treatment and symptoms related to disease or disease process
* Administer therapeutic IV therapy, IM injections, SQ injections to patients as per order
* Provide care for patients on ventilator, tracheostomy, long term, hospice and rehabilitation care
* Assess patients for admissions to facility and discharge to hospital or community
* Medication and treatment administration within the right of patient and facility policy
* Handles IV heplock insertion, Foley Catheter insertions as well as care or PICC line, Mid Line, and feeding tube.
* Provide Ostomy, Ileostomy, and Urostomy care
* Evaluated patients skin to prevent pressure ulcers, provided treatments to existing wounds per MD protocol, as well as collaborating with Queens wound care team ensured proper treatments for patients with different types of wounds.

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Clinical Zucker Hillside Hospital – New Hyde Park, NY

Experience *Student Nurse, Behavioral Unit* (Capstone - 200 hours), 07/2019 - 09/2019

* Cared for up to five patients under supervision of Clinical Instructor and Registered Nurses
* Planned and provided bedside care, treatment and clinical documentation for patients
* Handled medication administration, dressing changes, IV's and all aspects of nursing care
* Facilitated admissions, discharge and transfers; used EMR to update patient records
* Observed medical procedures; communicated with patient and family members
* Relayed patient needs to primary care physicians or emergency care providers
* Participated in therapy sessions and daily groups

Rotations

Med Surg II Northwell Health Spring 2019

Mental Health Creedmoor Psychiatric Center Fall 2018

Pediatrics Cohen Children’s Medical Center Fall 2018

OB / Gyn North Shore University Hospital Spring 2018

Med Surg I NYU Winthrop Hospital Spring 2018

Fundamentals NYU Winthrop Hospital Fall 2017

**Clinical Duties** ● Provided nursing care under supervision of preceptor

* Delivered meals and snacks, helped patients feed themselves and documented intake
* Administered oral, intramuscular and IV medications to patients and monitored responses
* Managed efficient patient transfers between unit, procedure and surgical rooms
* Supported personal hygiene needs of patients; monitored fluid input and output
* Visited each patient at start of shift to greet, ask about requirements and provide assistance
* Built rapport with patients' family members and support system
* Monitored and maintained catheters, IVs and bandages
* Read and understood patient assignment list and reviewed all charts for special conditions
* Established goals and worked with interdisciplinary team to create plans to achieve them

**Related Private Client** – Kailua, HI

Experience *Home Caregiver****,*** 10/2018 - Present

* Assist disabled individuals to foster independence while still closely monitoring safety
* Provide compassionate care to patients with limited physical abilities
* Run errands, transport to appointments, and support daily living needs
* Dress, groom and feed patients; organize and administer medications on regular schedules
* Assist patients with transitioning between beds, wheelchairs and automobiles
* Maintain clean and well-organized environment to promote client well-being and safety
* Provide aid with blood glucose monitoring, wound care

**Related** Boy Scouts of America, Aloha Council – Honolulu, HI

Experience, cont. *Medic - Camp Pupukea,* 06/2019 - 08/2019

* Managed health care of camp participants and camp staff (groups of 100-300 people)
* Recognized and reported abnormalities and/or changes in patients' health status and vitals and documented in daily log
* Assessed situation severity of emergent medical incidents and provided care accordingly
* Administered prescribed medications as per guidelines from legal guardian
* Evaluated patient vital signs and status to determine care needs
* Planned, directed, and controlled first aid merit badge classes
* Assembled and organized paperwork and medical documents throughout camp
* Executed well-informed critical decision-making in high-pressure situations
* Demonstrated strong commitment to quality care through continuous training
* Developed and maintained rapport with area directors of camp

 Clean Queen – Kailua, Hawaii

 *Professional Cleaner,* 08/2014 – Present

* Establish and maintain clean and comfortable environments in all types of buildings
* Identify repair or maintenance concerns with facilities, and escalated issues to management
* Demonstrates customer service skills when working with clients to address urgent needs
* Specialized in working with industrial cleaning products within strict safety procedures

**Skills** HIPPA Compliance

*Computer:* Microsoft Office, AHT and LTC information system.

*Other:* Reliable, Responsible; Perfect clinical attendance; Relate well to a wide range of patients

**Activities** AUSNA (Adelphi University Student Nurses Organization) *Member*
 C-STEP Science Advancement Program, *Member*
 C.A.L.I.B.E.R. (charitable organization), *Member*