

Idalia Mendiola

Certified Nurse Assistant

McAllen, TX 78503

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I'm a highly motivated individual seeking for a full time position, I'm looking for a challenge position where my experience and accomplishments will allow me the Opportunity for a career growth. I will bring positive attitude and the desire to do the best job possible. Providing nursing aid to patients using knowledge of relevant equipment and procedure.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Mission Regional Hospital - Mission, TX

January 2014 to Present

- Handwashing (at a real sink, using soap and water)
- Put on and remove gown and gloves.
- Position the resident in a fowler's position.
- Position the resident in a side-lying (lateral) position.
- Transfer the resident from bed to chair using a gait belt.
- Make an occupied bed.
- Brush the resident's dentures.

CNA - Certified Nursing Assistant

Cornerstone Solara hospital - McAllen, TX

August 2016 to July 2020

- Advanced cardiac life support (ACLS)
- Patient care.
- Critical care.
- Life support.
- Cardiopulmonary resuscitation (CPR)
- Trauma.
- Patient/family education and instruction.
- Telemetry.
- Attention to detail.
- Verbal and written communication.
- Consistency.
- Interpersonal.
- Record-keeping.
- Knowledge of medical terminology.
- Understanding of common disorders.
- Proper hygiene.

CNA - Certified Nursing Assistant

Life Care Hospital - McAllen, TX
August 2013 to December 2016

- Advanced cardiac life support (ACLS)
- Patient care.
- Critical care.
- Life support.
- Cardiopulmonary resuscitation (CPR)
- Trauma.
- Patient/family education and instruction.
- Telemetry.

CNA - Certified Nursing Assistant

Doctors Hospital At Renaissance - Edinburg, TX
July 2007 to May 2011

- Handwashing (at a real sink, using soap and water)
- Put on and remove gown and gloves.
- Position the resident in a fowler's position.
- Position the resident in a side-lying (lateral) position.
- Transfer the resident from bed to chair using a gait belt.
- Make an occupied bed.
- Brush the resident's dentures.
- Monitoring blood pressure, pulse, and temperature of patients.
- Collecting blood, stool, urine, and other samples from patients.
- Fitting patients for crutches and casts.
- Handing doctors and nurses medical supplies during procedures.
- Transporting patients.
- Dressing wounds.

Education

High school diploma

Skills

- Cna (10+ years)
- Vital Signs (10+ years)
- Home Care (10+ years)
- Nursing (10+ years)
- Hospice Care (10+ years)
- Patient Care (10+ years)
- Attention to detail. Verbal and written communication. Consistency. Interpersonal. Record-keeping. Knowledge of medical terminology. Understanding of common disorders. Proper hygiene. Measuring vital signs. Cleaning and dressing of wounds. Handling a bedpan. Inserting and removing a catheter. Oral and dental care. Perineal care. Repositioning patients. Feeding patients. (10+ years)
- Hospital Experience (10+ years)

- EMR Systems
- Laboratory Experience
- Caregiving (10+ years)
- Medication Administration
- Critical Care Experience (10+ years)
- ICU Experience (10+ years)
- Laundry
- Triage (10+ years)

Certifications and Licenses

CNA

CPR Certification