

Hooman Afshin, BSN, RN

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Education

- Chamberlain University Chicago, IL
Bachelor of Science in Nursing, August 2020
Magna Cum Laude (GPA 3.51)

Certifications

- Registered Nurse, state of IL, license #: 041.502473 Oct 2020
- Registered Nurse, state of LA, license #: 218540 Apr 2021
- BLS certificate by AHA Jun 2021
- Certified Nursing Assistant, State of IL Jun 2014

Computer Literacy

- EMR: working experience with EPIC and Meditech
- Microsoft Office (Word, Excel, Powerpoint, Outlook)
- Adobe Acrobat Pro. (pdf) and other essential softwares
- Bilingual (English, Farsi)

Clinical Experience & Skills

- Capstone Clinical (Online, Pandemic precautions)
 - Collaborative Healthcare (Online, Pandemic precautions)
 - Community Health (Community Center, Catholic Charities in Des Plaines)
 - Complex Adult Health (Intensive Care Unit/Med. Surg. unit, Advocate Trinity Hospital)
 - Maternal & Newborn (Labor and Delivery unit, Advocate Trinity Hospital)
 - Nursing Care of Children (Pediatrics unit, AMITA Saints Mary and Elizabeth Hospital)
 - Mental Health (Long-term residence facility, Bryn Mawr Care)
 - Adult Health II (Medical-Surgical unit, Northshore Skokie Hospital)
 - Adult Health I (West Suburban Nursing and Rehabilitation Center, Bloomingdale IL)
 - Fundamentals (West Suburban Nursing and Rehabilitation Center, Bloomingdale IL)
- Gained valuable hands-on experiences in entering data and following orders on EPIC EMR, Vital Signs measurements and recordings, general (head to toe) patient assessment, focused patient assessments depending on the specific disease process (such as NIHSS), symptoms observations and monitoring, medication administration (in general) including IV fluids/medication administration, management of care, prioritization and delegation, communication and collaboration with interdisciplinary team members, patient-centered care and patient safety topics, delegation and coordination of the care, etc. Gained familiarity and experience of working with medical devices such as IV pumps, cooling/warming blankets, compression devices for DVT prevention, mechanical ventilator and respiratory aide devices, oxygen delivery devices,

Work Experience

Staff Nurse – Northshore Swedish Hospital, Chicago, IL Oct 2021- Feb 2022

- Finished the orientation for new graduate nurse to Level I nurse
- Assigned to the Neuro/Stroke/Tele Unit

Staff Nurse – Ochsner Main Campus, New Orleans, LA Jul 2021-Aug 2021

- Orientation in CSU
- Obtained more than 50 professional certificates in SABA cloud Ochsner Learning Network as the continuous educational credits during the orientation period.
- Provided care during orientation in cardiac stepdown unit including general patient assessments (e.g. monitoring vital signs) and cardiac assessments, medication administration including scheduled, STAT and PRN orders, performing nursing interventions according to the orders and care plan (e.g. urinary catheterizations, etc.), documenting the provided care and assessment results in EHR (EPIC software), other routine duties as floor RN.

Staff Nurse – Tulane Medical Center, New Orleans, LA Feb 2021- Jun 2021

- Orientation in ACCU and NIMU
- Provided care as staff nurse in NIMU including (but not limited to) continuous general patient assessments (e.g. monitoring vital signs) and neurologic/stroke assessments (NIHSS), medication administration including scheduled, STAT and PRN orders, communication with providers and other care team members about the changes in patients' conditions, collecting and preparing different specimens required for several different lab assessments as ordered, performing nursing interventions according to the orders and care plan (e.g. urinary catheterizations, etc.), documenting the provided care and assessment results in EHR (Meditech software), other routine duties as floor RN.

Certified Nursing Assistant - Bella Terra of Morton Grove, IL Jun 2019-Nov 2019

- Worked in post-acute and rehabilitation unit, long-term care unit, skilled nursing unit, memory care unit.
- Provided care as a nursing assistant to clients with various disease processes including stroke and neurological deficits, cardiovascular insufficiency and problems, renal insufficiencies (dialysis unit), respiratory care/monitoring, etc.
- Helped clients with ADLs, ambulation, dysphagia and swallowing precautions, elimination needs, hygiene/bathing/skincare, rehabilitative efforts, safety precautions (falls), etc.

In-home C.N.A./Caregiver – Home Helpers of Bloomingdale, IL Jan 2018 – Feb 2019

- Worked in a home setting primarily with a hemiplegic client after the thrombotic stroke incident.
- Provided skilled care in ADLs, dysphagia (supervision and diet), ambulation, bathing grooming, medication reminder, elimination needs, skincare, companionship, etc.
- Provided help to the client with rehabilitative efforts and gross physical exercises, fine physical exercises (occupational therapy exercises), safety and fall precautions, and memory exercises.

In-home C.N.A./Caregiver – All Trust Home Care of Deerfield, IL Aug 2015 – Dec 2016

- Worked in a home setting with a hemiplegic client after stroke, a client with Parkinson's disease, and a client with Diabetes Mellitus (Type II), progressive neuropathy, and chronic UTI.
- Provided skilled care in ADLs, dysphagia (supervision and diet), ambulation, bathing grooming, medication reminder, elimination needs, skincare, companionship, urinary catheter care, etc. Helped clients with medication reminders and worked with continuous Carbidopa/Levodopa enteral infusion system (pump).
- Provided supervision for swallowing deficits (precautions), meal preparations, fall precautions (during ambulation and transfers).

Certified Nursing Assistant – Claremont of Buffalo Grove, IL Aug 2014 – Jul 2015

- Worked in post-acute and rehabilitation unit, long-term care unit, skilled nursing unit, memory care unit.
- Provided care as a nursing assistant to clients with various disease processes including skin stroke and neurological deficits, cardiovascular insufficiency and problems, renal insufficiencies (dialysis unit), respiratory care/monitoring, etc.
- Provided care as a nursing assistant to patients with complex wounds and altered skin integrity.
- Helped clients with ADLs, ambulation, dysphagia and swallowing precautions, elimination needs, hygiene/bathing/skincare, rehabilitative efforts, safety precautions (falls), etc.